

# April

Fire Keeper's Elder Center

15372 K Rd

Mayetta KS, 66509

LUNCH HOURS: 11:00 – 12:30

(785)966-8094

## 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Tribal Senior: FREE Adult: \$3.50 Child: \$2.50		1 Turkey Slice Mashed Potato Peach Cup Whole Grain Roll	2 Mushroom Chicken Zucchini Brown Rice Crab Rangoon, Fruit	3 Meatloaf Cheesy Casserole Steamed Broccoli Mixed Berry Cup	4 Blackened Salmon w/ Mango Salsa Wild Rice Apple	5
6	7 Chicken Bacon Ranch Roasted Cauliflower Homemade Sourdough Roll	8 Pork & Potato Fruit Salad Cup Spanish Rice Refried Beans	9 <b>DIABETIC FRIENDLY</b> Chicken Lettuce Wrap Pumpkin Muffin Fresh Berries Cup Tomato Bisque Soup	10 Mongolian Beef Lo Mein Noodle Egg Roll Jello Cup	11 <b>SPA DAY</b> Baked Cod Cranberry Coleslaw Mandarin Orange Kettle Chip	12
13	14 Beef Taco Casserole Corn Cup Black beans Pineapple	15 Baked Chicken Sweet Potato Macaroni & Cheese Red Grapes, Roll	16 <b>HEART HEALTHY</b> Chef's Salad Yogurt Parfait Cup Applesauce Cup Boiled Egg	17 <b>BIRTHDAY DINNER</b> Indian Taco Cherry Cake Homemade Salsa Banana	18 <b>GOOD FRIDAY NATION CLOSED</b>	19
20	21 Biscuits and Gravy Sausage Patty Banana/ Boiled Egg Orange Juice	22 Mexican Chicken Casserole Spanish Rice Bean Ambrosia Salad	23 <b>DIABETIC FRIENDLY</b> Turkey Chili Kale & Apple Salad Zucchini Bites Fresh Strawberry Cup	24 Open Roast Beef SW Mashed Potato Mixed Vegetable Pear Cup	25 <b>ICE CREAM SOCIAL SMORGASBOARD</b>	26
27	28 Spaghetti Whole Kernel Corn Breadstick Fruit Cocktail Cup	29 Creamy Pork Chops Roasted Potatoes Green Beans Apple Sauce	30 <b>HEART HEALTHY</b> Southwest Salad w/ Grilled Chicken Cottage Cheese Cup Honeydew Fruit Cup			<b>*MENU SUBJECT TO CHANGE</b>