



Are you a Care Giver?

Do you need resources?

Would you like some help?



**Join Care Giver Coordinator
Sheena Winsea
at 5 p.m.
on October 7th
in the Fire Keepers
Elder Center Dining Room**

Find out who qualifies as a care giver, what services are available and who to contact for help and information.

There will be snacks and door prizes!