Resources for Mental Health Programs

Please see the links below for more information on responding to COVID-19.

HOTLINES

Substance Abuse and Mental Health Services Administration's (SAMHSA's) Disaster Distress Hotline: 1-800-985-5990 or text TalkWithUs to 66746.

People with deafness or hearing loss can use their preferred relay service to call 1-800-985-5990.

For confidential support 24 hours a day, 7 days a week, call 1-800-273-8255 (TALK), or visit the National Suicide Prevention Lifeline Crisis Chat webpage, or text the Crisis Text Line (text START to 741741 from anywhere in the U.S.) and a trained Crisis Counselor will respond quickly.

The Trevor Project offers crisis services that create a safe, accepting, and inclusive environment for youth who identify as Lesbian, Gay, Bisexual, Transgender, Queer and/or Questioning (LGBTQ), by phone at 1-866-488-7386, and through text (text TREVOR to 1-202-304-1200.

StrongHearts Native Helpline is a culturally-appropriate domestic violence and dating violence helpline for Native Americans, available every day from 7:00am to 10:00pm CT. https://www.strongheartshelpline.org/. 1-844-7NATIVE (1-844-762-8483)

National Domestic Violence Hotline is available 24/7 to provide services. https://www.thehotline.org/. 1-800-799-7233 or TTY 1-800-787-3224.

National Child Abuse Hotline has professional counselors available who can help access a database with 55,000 emergency contact numbers, social services, and resource support. The calls are anonymous and the staff is available 24/7. https://www.childhelp.org/hotline/. 1-800-4-A-CHILD (1-800-422-4453)

On Demand Webinars

Coronavirus Disease 2019 (COVID-19) Update—What Clinicians Need to Know to Prepare for COVID-19 in the United States. Recorded on March 5, 2020. https://emergency.cdc.gov/coca/calls/2020/callinfo_030520.asp

U.S. Department of Veterans Affairs and the National Child Traumatic Stress Network, Psychological First Aid Training. https://www.ptsd.va.gov/professional/treat/type/psych_firstaid_manual.asp

CDC Coronavirus Disease 2019 (COVID-19) Communication Resources. https://www.cdc.gov/coronavirus/2019-ncov/communication/videos.html

SAMHSA SMI Advisor – Telepsychiatry in the Era of COVI-19. https://education.smiadviser.org/Users/ProductDetails.aspx?ActivityID=7254

American Psychiatric Association, Managing the Mental Health Effects of COVID-19. https://education.psychiatry.org/Users/ProductDetails.aspx?ActivityID=7256&utm_source=SMI_Adviser_COVID19_Email&utm_medium=March2020

Treating Suicidal Patients during COVID-19: Best Practices and Telehealth. Suicide Prevention Resource Center. Recorded on April 14, 2020. http://www.sprc.org/events-trainings/treating-suicidal-patients-during-covid-19-best-practices-telehealth

Substance Use Disorder Services in the Days of a Pandemic: You Need A Bigger Boat! https://youtu.be/bRGZO7LaAqo

Telepsychiatry in the Era of COVID-19 https://education.smiadviser.org/Users/ProductDetails.aspx?ActivityID=7257&utm_source=Email&utm_medium=WebinarEmail

Telepsychiatry's Role in Medication Assisted Treatment. Providers Clinical Support System. https://pcssnow.org/event/telepsychiatrys-role-in-medication-assisted-treatment/

Use of Buprenorphine in the Management of Opioid Dependence in Underserved Communities. Providers Clinical Support System. https://pcssnow.org/event/use-of-buprenorphine-in-the-management-of-opioid-dependence-in-underserved-communities/

University of New Mexico Project ECHO, IHS COVID-19 Sessions. https://echo.unm.edu/covid-19/sessions/ihs

Mental Health in a Time of COVID-19 Webinar Series: Preparing Leaders to Address the Challenges. April 29, 2020. https://www.youtube.com/watch?v=C8Zzgw4ihOg

On demand Training

Psychological First Aid. https://learn.nctsn.org/enrol/index.php?id=38

Making Sense of the Pandemic: Psychological Impact on Clients and Communities. Clearly Clinical. 1 Free CE Credit Hour. https://courses.clearlyclinical.com/courses/pandemic-psychology-ceu-course

Swiftly Transitioning to Online Therapy, Legally, Ethically, and Efficiently. Clearly Clinical. 1 Free CE Credit Hour. https://courses.clearlyclinical.com/courses/swiftly-starting-online-therapy-ceu-course

Domestic Violence: The Danger Assessment. (Must create a free account). Take the 3.5 hour course and then contact Erica Gourneau at Erica.Gourneau@ihs.gov for free certification. https://www.tribalforensichealthcare.org/page/archivedwebinars

Domestic and Sexual Violence (DV/SV), the Impact on Health, and the Patient Safety Card Approach to Integrated Education, Assessment, and Response. Released on December 14, 2017. Up to 3.0 credits/contact hours. Accreditations: ACCME, ANCC, ASWB, APA. https://ihscqpub.cosocloud.com/content/connect/c1/7/en/events/event/private/1302046856/1770715604/event_landing.html?sco-id=1685399698&_charset_=utf-8

Introduction to Ethics and Fundamental Ethical Principles for Behavioral Health Providers. Avron M. Kriechman, MD. Released on April 29, 2020. 1.0 credits/contact hours. Accreditations: ASWB, APA. https://ihscqpub.cosocloud.com/content/connect/c1/7/en/events/event/private/1302046856/1975069765/event_landing.html?sco-id=1975068893&_charset_=utf-8

Ethical Decision-making for Behavioral Health Providers: Process and Application. Avron M. Kriechman, MD. Released on May 5, 2020. 1.0 credits/contact hours. Accreditations: ASWB, APA.

https://ihscqpub.cosocloud.com/content/connect/c1/7/en/events/event/private/1302046856/1975156822/event_landing.html?sco-id=1975152743&_charset_=utf-8

SBIRT Basics for the Busy Primary Care Provider and/or Behavioral Health Provider. Martha J. "Molly" Faulkner, PhD, APRN, LCSW. Released on April 15, 2020. 1.0 credit/contact hour. Accreditations: ACCME, ANCC, ASWB, APA.
https://ihscqpub.cosocloud.com/content/connect/c1/7/en/events/event/private/1302046856/1974012643/event_landing.html?sco-id=1974920946

SBIRT Screening Tools. Martha J. "Molly" Faulkner, PhD, APRN, LCSW. Released on April 22, 2020. 1.0 credit/contact hour. Accreditations: ACCME, ANCC, ASWB, APA.
https://ihscqpub.cosocloud.com/content/connect/c1/7/en/events/event/private/1302046856/1975066319/event_landing.html?sco-id=1975066277&_charset_=utf-8

Motivational Interviewing. Martha J. "Molly" Faulkner, PhD, APRN, LCSW. Released on April 29, 2020. 1.0 credit/contact hour. Accreditations: ACCME, ANCC, ASWB, APA.
https://ihscqpub.cosocloud.com/content/connect/c1/7/en/events/event/private/1302046856/1975084055/event_landing.html?sco-id=1975083851&_charset_=utf-8

Tribal Funerals/Burial Ceremonies

Considerations for Tribal Funeral and Burial Ceremonies during the Time of COVID-19.
https://www.nihb.org/covid-19/wp-content/uploads/2020/04/Burial-and-Funeral-Considerations-COVID-19-FINAL.pdf

Grieving and Honoring a Deceased Loved One While Physical Distancing During the COVID-19 Pandemic.
https://www.indiancountryecho.org/wp-content/uploads/2020/04/Grieving_COVID19.pdf

Funeral and Burial Services While Physical Distancing. http://www.npaihb.org/wp-content/uploads/2020/03/Fact-Sheet-for-Families-at-Funeral-Services.pdf

General Guidance		
President's Coronavirus Guidelines for America	March 16, 2020 President Trump	https://www.whitehouse.gov/wp-content/uploads/2020/03/03.16.20_coronavirus-guidance_8.5x11_315PM.pdf
CDC Guidance for Pandemic Preparedness Resources	February 15, 2020 National Center for Immunization and Respiratory Diseases (NCIRD), Division of Viral Diseases	https://www.cdc.gov/coronavirus/2019-ncov/php/pandemic-preparedness-resources.html
State and Territorial Health Department Contacts	March 19, 2020 CDC	https://www.cdc.gov/publichealthgateway/healthdirectories/healthdepartments.html
Facts about COVID-19	March 12, 2020 CDC	https://www.cdc.gov/coronavirus/2019-ncov/about/share-facts.html
COVID-19	March 12, 2020 CDC	https://www.cdc.gov/coronavirus/2019-ncov/index.html
Fact Sheets: COVID-19	March 23, 2020 CDC	https://www.cdc.gov/coronavirus/2019-ncov/communication/factsheets.html
FAQs: COVID-19	March 22, 2020 CDC	https://www.cdc.gov/coronavirus/2019-ncov/faq.html
United South and Eastern Tribes	March 23, 2020 Brandy Venuti	https://www.usetinc.org/wp-content/uploads/2020/03/Coronavirus-Disease-LB.pdf
NAMI COVID-19 Information and resources	March 16, 2020 National Alliance on Mental Illness	https://www.nami.org/getattachment/About-NAMI/NAMI-News/2020/NAMI-Updates-on-the-Coronavirus/COVID-19-Updated-Guide-1.pdf
SAMHSA Coronavirus (COVID-19) Guidance and Resources.	March 26, 2020 SAMHSA	https://www.samhsa.gov/coronavirus
SAMHSA Mental Health Technology Transfer Center Network (MHTTC) Resources.	MHTTC Mental Health Technology Transfer Center Network	https://mhttcnetwork.org/centers/global-mhttc/responding-covid-19
CDC facts about coronavirus disease 2019 (COVID-19)	March 16, 2020 CDC	https://www.cdc.gov/coronavirus/2019-ncov/about/share-facts-h.pdf

and help stop the spread of rumors.		
(TRACIE) was created to meet the information and technical assistance needs of regional ASPR staff, healthcare coalitions, healthcare entities, healthcare providers, emergency managers, public health practitioners, and others working in disaster medicine, healthcare system preparedness, and public health emergency preparedness.	HHS ASPR, the Technical Resources, Assistance Center, and Information Exchange (TRACIE)	https://asprtracie.hhs.gov/
Facilities		
DC Guidance on Preparing for COVID-19: Long-term Care Facilities, Nursing Homes. This may be relevant for some aspects of YRTC facilities	March 13, 2020 National Center for Immunization and Respiratory Diseases (NCIRD), Division of Viral Diseases	https://www.cdc.gov/coronavirus /2019-ncov/healthcare-facilities/prevent-spread-in-long-term-care-facilities.html
CDC Guidance on cleaning and disinfecting for institutions can be found here. This will be more relevant than instructions for homes.	March 6, 2020 National Center for Immunization and Respiratory Diseases (NCIRD), Division of Viral Diseases	https://www.cdc.gov/coronavirus /2019-ncov/community/organizations/cleaning-disinfection.html
CDC guidance on Steps Healthcare Facilities Can Take Now to Prepare for Coronavirus.	March 6, 2020 National Center for Immunization and Respiratory Diseases (NCIRD), Division of Viral Diseases	https://www.cdc.gov/coronavirus /2019-ncov/healthcare-facilities/steps-to-prepare.html
CDC Interim Guidance for Healthcare Facilities: Preparing for Community Transmission of COVID-19 in the United States	February 29, 2020 National Center for Immunization and Respiratory Diseases (NCIRD), Division of Viral Diseases	https://www.cdc.gov/coronavirus /2019-ncov/healthcare-facilities/guidance-hcf.html
SAMHSA Opioid Treatment Program for COVID-19	March 20, 2020	https://www.samhsa.gov/medication-assisted-treatment/statutes-regulations-guidelines/covid-19-guidance-otp
SAMHSA TAP 34: Disaster Planning Handbook for Behavioral Health Treatment Programs	SAMHSA	https://store.samhsa.gov/product /TAP-34-Disaster-Planning-Handbook-for-Behavioral-Health-Treatment-Programs/SMA13-4779

Considerations for Outpatient Mental and Substance Use Disorder Treatment Settings.	SAMHSA	https://www.samhsa.gov/sites/default/files/considerations-outpatient-mental-substance-use-disorder-treatment-settings.pdf
Covid19: Interim Considerations for State Psychiatric Hospitals	March 18, 2020 SAMHSA	https://www.samhsa.gov/sites/default/files/covid19-interim-considerations-for-state-psychiatric-hospitals.pdf
CMS/HHS Waivers and Changes		
Medicare Telemedicine Health Care Provider Fact Sheet	March 17, 2020	https://www.cms.gov/newsroom/fact-sheets/medicare-telemedicine-health-care-provider-fact-sheet
Substance Use, Written Consent, and 42 CFR Part 2 Guidance	March 19, 2020	https://www.samhsa.gov/sites/default/files/covid-19-42-cfr-part-2-guidance-03192020.pdf
Telehealth for Patients		
Medicare Telehealth Definition Costs and Things to Know		https://www.medicare.gov/coverage/telehealth
Virtual Recovery Resources	March 20, 2020 SAMHSA	https://www.samhsa.gov/sites/default/files/virtual-recovery-resources.pdf
Telehealth for Providers		
Medicare Telemedicine Health Care Provider Fact Sheet	March 17, 2020	https://www.cms.gov/newsroom/fact-sheets/medicare-telemedicine-health-care-provider-fact-sheet
Q: What services can be provided by telehealth under the new emergency declaration?	November 20, 2019	A: CMS maintains a list of services that are normally furnished in-person that may be furnished via Medicare telehealth. This list is available here: https://www.cms.gov/Medicare/Medicare-General-Information/Telehealth/Telehealth-Codes. These services are described by HCPCS codes and paid under the Physician Fee Schedule. Under the emergency declaration and waivers, these services may be provided to patients by professionals regardless of patient location.
Medicare Telehealth FAQs 3.17.20	March 17, 2020 Esther Markowitz	https://www.cms.gov/files/document/medicare-telehealth-

		frequently-asked-questions-faqs-31720.pdf
Virtual Check-Ins		https://www.medicare.gov/coverage/virtual-check-ins
HIPPA	March 19, 2020 Office for Civil Rights (OCR)	https://www.hhs.gov/hipaa/for-professionals/special-topics/emergency-preparedness/notification-enforcement-discretion-telehealth/index.html
COVID-19 and Telehealth What you need to know	March 18, 2020 URAC	https://www.urac.org/press-room/covid-19-and-telehealth-what-you-need-know?utm_source=hs_email&utm_medium=email&utm_content=84979045&_hsenc=p2ANqtz-_obvLX9QRTHCNKjjlsy_FpUz6-4Xkey2naiOOwFFpYiEmBdBBF8oyeonmxoRd4ZDEBvkD8DDB7SPwcQMyIKg0B_Sj6bA&_hsmi=84979045
Telehealth and COVID-19	March 19, 2020 Kerry Palakanis, DNP, FNP-C, & Art Saavedra, MD/PhD, MBA	https://www.telehealthresourcecenter.org/event/nctrc-webinar-telehealth-and-covid-19/
The National Consortium of Telehealth Resource Centers (NCTRC)		https://www.telehealthresourcecenter.org/
NCTRC YouTube Channel		https://www.youtube.com/channel/UCOzpvd1OZ221AWBSF3QK-yg/videos
NCRTC COVID-19 Telehealth Toolkit Sheets		https://www.telehealthresourcecenter.org/resource-documents/
NCRTC COVID-19 Telehealth Toolkit	2020	https://www.telehealthresourcecenter.org/wp-content/uploads/2020/03/Telehealth-and-COVID-19-FINAL.pdf
The Center for Connected Health Policy: Current State Laws & Reimbursement Policies	October 15, 2019	https://www.cchpca.org/telehealth-policy/current-state-laws-and-reimbursement-policies
Telemedicine Policies: Resource on states waiving licensure requirements due to Covid-19	November 2019 Federation of State Medical Boards	http://www.fsmb.org/siteassets/advocacy/key-issues/telemedicine_policies_by_state.pdf
TeleHealth Technology Resource	TeleHealth Technology Resource	http://telehealthtechnology.org/toolkits/
Office for Civil Rights (OCR) Announces Notification of	March 17, 2020	https://www.hhs.gov/about/news/2020/03/17/ocr-announces-

Enforcement Discretion for Telehealth Remote Communications During the COVID-19 Nationwide Public Health Emergency	U.S. Department of Health & Human Services	notification-of-enforcement-discretion-for-telehealth-remote-communications-during-the-covid-19.html
The Notification of Enforcement Discretion on Telehealth Remote Communications. U.S. Department of Health & Human Services	March 27, 2020 Office for Civil Rights (OCR)	https://www.hhs.gov/hipaa/for-professionals/special-topics/emergency-preparedness/index.html
DEA Information on Telemedicine	January 31, 2020 SAMHSA	https://www.samhsa.gov/sites/default/files/programs_campaigns/medication_assisted/dea-information-telemedicine.pdf
Frequently Asked Questions (and Answers!): Treating Opioid Use Disorder via Telehealth Tips for Primary Care Providers.	Providers Clinical Support System	https://custom.cvent.com/10D3BAE39269457884C1D96DE1DF8D8D/files/c0f35116b188481b80df828b226e90c1.docx
FAQs: Provision of Methadone and Buprenorphine for the Treatment of Opioid Use Disorder in the COVID-19 Emergency.	April 21, 2020 SAMHSA	https://www.samhsa.gov/sites/default/files/faqs-for-oud-prescribing-and-dispensing.pdf
Telebehavioral Health		
Telepsychiatry Toolkit, American Psychiatric Assoc.	The American Psychiatric Association (APA)	https://www.psychiatry.org/psychiatrists/practice/telepsychiatry/toolkit
General Resources	American Psychological Association	https://www.apa.org/practice/programs/dmhi/research-information/pandemics
COVID-19 and psychology services: How to protect your patients and your practice	March 5, 2020 American Psychological Association	https://www.apaservices.org/practice/news/covid19-psychology-services-protection
American Psychological Association (APA): Keeping Your Distance to Stay Safe	American Psychological Association	https://www.apa.org/practice/programs/dmhi/research-information/social-distancing
Response Resources for Leaders	September 13, 2019 Centers for Disease Control and Prevention	https://emergency.cdc.gov/coping/leaders.asp
Criteria for Return to Work for Healthcare Personnel with Confirmed or	March 16, 2020 National Center for Immunization and Respiratory Diseases (NCIRD), Division of Viral Diseases	https://www.cdc.gov/coronavirus/2019-ncov/healthcare-facilities/hcp-return-work.html

Suspected COVID-19 (Interim Guidance).		
Helping Children Cope with Emergencies	October 11, 2019	https://www.cdc.gov/childrenindisasters/helping-children-cope.html
Children and Youth with Special Healthcare Needs in Emergencies	December 16, 2019	https://www.cdc.gov/childrenindisasters/children-with-special-healthcare-needs.html
(SAMHSA): Taking Care of Your Behavioral Health – Tips For Social Distancing, Quarantine, And Isolation During An Infectious Disease Outbreak	April 17, 2017 SAMHSA	https://www.usetinc.org/wp-content/uploads/2020/03/sma14-4894.pdf
SAMHSA: Coping With Stress During Infectious Disease Outbreaks	August 28, 2018 SAMHSA	https://www.usetinc.org/wp-content/uploads/2020/03/sma14-4885.pdf
The National Child Traumatic Stress Network: Parent/Child Guide to Helping Families Cope with the Coronavirus Disease 2019 (COVID-19)	March 1, 2020 The National Child Traumatic Stress Network	https://www.nctsn.org/sites/default/files/resources/fact-sheet/outbreak_factsheet_1.pdf
COVID 19: Plan for Therapists: Questions, Answers, and Guidelines	March 16, 2020 Kelly & Miranda Palmer	https://www.zynnyme.com/blog/2020/3/12/covid-19-plan-for-therapists-questions-answers-and-guidelines?format=amp#donow
What the COVID-19 telehealth waiver means for psychology practitioners	March 18, 2020 American Psychological Association	https://www.apaservices.org/practice/legal/technology/covid-19-telehealth-waiver?utm_source=facebook&utm_medium=social&utm_campaign=apa-pandemics&utm_content=covid19-telehealth-policy
Information for Healthcare Professionals	March 20, 2020 CDC	https://www.cdc.gov/coronavirus/2019-ncov/hcp/index.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fguidance-hcp.html
What Healthcare Personnel Should Know about Caring for Patients with Confirmed or Possible COVID-19 Infection	March 10, 2020 CDC	https://www.cdc.gov/coronavirus/2019-ncov/hcp/caring-for-patients.html

Interim U.S. Guidance for Risk Assessment and Public Health Management of Healthcare Personnel with Potential Exposure in a Healthcare Setting to Patients with Coronavirus Disease (COVID-19)	March 7, 2020 CDC	https://www.cdc.gov/coronavirus/2019-ncov/hcp/guidance-risk-assesment-hcp.html
Coronavirus Disease 2019 (COVID-19) Update—What Clinicians Need to Know to Prepare for COVID-19 in the United States.	March 5, 2020 CDC	https://emergency.cdc.gov/coca/calls/2020/callinfo_030520.asp
CDC Coronavirus Disease 2019 (COVID-19) Communication Resources	March 10, 2020 CDC	https://www.cdc.gov/coronavirus/2019-ncov/communication/videos.html
Resources and Education Activities on COVID-19 and Serious Mental Illness. SMI Adviser Coronavirus Resources	SMI Adviser – A Clinical System for SMI	https://smiadviser.org/about/covid
Considerations for the Care and Treatment of Mental and Substance Use Disorders in the COVID-19 Epidemic	March 20, 2020 SAMHSA	https://www.samhsa.gov/sites/default/files/considerations-care-treatment-mental-substance-use-disorders-covid19.pdf
Considerations for Crisis Centers and Clinicians in Managing the Treatment of Alcohol or Benzodiazepine Withdrawal during the COVID-19 Epidemic	March 19, 2020 SAMHSA	https://www.samhsa.gov/sites/default/files/considerations-crisis-centers-clinicians-treatment-alcohol-benzodiazepine-withdrawal.pdf
Taking Care of Your Behavioral Health: TIPS FOR SOCIAL DISTANCING, QUARANTINE, AND ISOLATION DURING AN INFECTIOUS DISEASE OUTBREAK	SAMHSA	https://store.samhsa.gov/product/Taking-Care-of-Your-Behavioral-Health-During-an-Infectious-Disease-Outbreak/sma14-4894?referer=from_search_result
Parent/Caregiver Guide to Helping Families Cope With the Coronavirus Disease 2019 (COVID-19)	March 1, 2020 THE NATIONAL CHILD TRAUMATIC STRESS NETWORK	https://www.nctsn.org/sites/default/files/resources/fact-sheet/outbreak_factsheet_1.pdf
Self-Care		
Taking Care of Your Emotional Health	September 13, 2019 CDC	https://emergency.cdc.gov/coping/selfcare.asp

Emergency Responders: Tips for taking care of yourself	March 19, 2018 CDC	https://emergency.cdc.gov/coping/responders.asp
Get support from team members. Develop a Buddy System.	December 12, 2014 CDC	https://www.cdc.gov/vhf/ebola/pdf/buddy-system.pdf
Five Ways to View Coverage of the Coronavirus.	March 2020 American Psychological Association (APA)	https://www.apa.org/helpcenter/pandemics
CDC Coronavirus (COVID-19): Manage Anxiety & Stress	March 14, 2018 CDC	https://www.cdc.gov/coronavirus/2019-ncov/prepare/managing-stress-anxiety.html
SAMHSA Tips for Disaster Responders: Understanding Compassion Fatigue.	SAMHSA	https://store.samhsa.gov/system/files/sma14-4869.pdf
SAMHSA Tips for Disaster Responders: Preventing and Managing Stress	SAMHSA	https://store.samhsa.gov/product/Preventing-and-Managing-Stress/SMA14-4873?referer=from_search_result
Compassion Fatigue and Self-Care	May 30, 2018 Linda Ligenza, LCSW, Clinical Services Director SAMHSA-HRSA Center for Integrated Health Solutions	https://integration.samhsa.gov/pbhci-learning-community/Compassion_Fatigue_Office_Hours.pdf
Helping Homebound Children during the COVID-19 Outbreak	March 13, 2020 CSTS, Center for the Study of Traumatic Stress	https://www.cstsonline.org/assets/media/documents/CSTS_FS_Helping_Homebound_Children_during_COVID19_Outbreak.pdf
Psychological Effects of Quarantine During the Coronavirus Outbreak: What Healthcare Providers Need to Know	March 13, 2020 CSTS, Center for the Study of Traumatic Stress	https://www.cstsonline.org/assets/media/documents/CSTS_FS_Psychological_Effects_Quarantine_During_Coronavirus_Outbreak_Providers.pdf
Stress and Coping. CDC link for Mental Health and Coping During COVID-19	April 1, 2020 National Center for Immunization and Respiratory Diseases (NCIRD), Division of Viral Diseases	https://www.cdc.gov/coronavirus/2019-ncov/about/coping.html
SAMHSA document - Coping With Stress During Infectious Disease Outbreaks		https://store.samhsa.gov/product/Coping-with-Stress-During-Infectious-Disease-Outbreaks/sma14-4885
Talking With Children: TIPS FOR CAREGIVERS, PARENTS, AND TEACHERS DURING INFECTIOUS DISEASE OUTBREAKS	SAMHSA	https://store.samhsa.gov/product/Talking-With-Children-Tips-for-Caregivers-Parents-and-Teachers-During-Infectious-Disease-Outbreaks/PEP20-01-01-006?referer=from_search_result

Coronavirus Anxiety - Helpful Expert Tips and Resources	Anxiety and Depression Association of America	https://adaa.org/finding-help/coronavirus-anxiety-helpful-resources
Coping with stress during the 2019-nCoV outbreak	World Health Organization February 7, 2020	https://www.who.int/docs/default-source/coronaviruse/coping-with-stress.pdf?sfvrsn=9845bc3a_2
Helping Children Cope with stress during the 2019-nCoV outbreak	World Health Organization February 7, 2020	https://www.who.int/docs/default-source/coronaviruse/helping-children-cope-with-stress-print.pdf?sfvrsn=f3a063ff_2
How to Cope with Job Stress and Build Resilience During the COVID-19 Pandemic.	CDC May 5, 2020	https://www.cdc.gov/coronavirus/2019-ncov/community/mental-health-non-healthcare.html
Healthcare Personnel and First Responders: How to Cope with Stress and Build Resilience During the COVID-19 Pandemic.	CDC May 5, 2020	https://www.cdc.gov/coronavirus/2019-ncov/community/mental-health-healthcare.html
What Workers and Employers Can Do to Manage Workplace Fatigue during COVID-19.	CDC May 19, 2020	https://www.cdc.gov/coronavirus/2019-ncov/hcp/managing-workplace-fatigue.html
Groups at Higher Risk for Severe Illness.	CDC May 14, 2020	https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/groups-at-higher-risk.html#
People Who Need to Take Extra Precautions.	CDC May 14, 2020	https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/index.html
Domestic Violence		
Resources on the Response to the Coronavirus (COVID-19)	March 13, 2020 National Indigenous Women's Resource Center	https://www.niwrc.org/news/resources-response-coronavirus-covid-19
National Indigenous Women's Resource Center (NIWRC) is a Native-led nonprofit organization dedicated to ending violence against Native women and children.		https://www.niwrc.org/
National Center for Victims of Crime is a nonprofit organization that advocates for victims' rights, trains professionals who work with victims, and serves as a		https://victimsofcrime.org/ 1-855-4-VICTIM (1-855-484-2846)

trusted source of information on victims' issues.		
Taking Care of Your Mental Health in the Face of Uncertainty	American Foundation for Suicide Prevention. Dr. Doreen Marshall, AFSP Vice President of Programs	https://afsp.org/taking-care-of-your-mental-health-in-the-face-of-uncertainty/?utm_source=All+Subscribers&utm_campaign=3b5166ea09-Research_Connection_July_COPY_01&utm_medium=email&utm_term=0_3fbf9113af-3b5166ea09-383524973
How teenagers can protect their mental health during coronavirus (COVID-19)	UNICEF	https://www.unicef.org/coronavirus/how-teenagers-can-protect-their-mental-health-during-coronavirus-covid-19
Intimate Partner Violence and Child Abuse Considerations During COVID-19.	SAMSHA April 20, 2020	https://www.samhsa.gov/sites/default/files/social-distancing-domestic-violence.pdf
5 Things You Should Know About Stress	National Institutes of Health	https://www.nimh.nih.gov/health/publications/stress/index.shtml
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