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P.O. Box 116
Mayetta, Kansas 66509-9114

Prairie Band Potawatomi News

September 2006 EDITION

A Report to the People of the Prairie Band Potawatomi Nation

Time for all Prairie Band people to unite in support of Nation's Shabbona project

Submitted by Tribal Council

On Thursday, August 24, in Shabbona, Illinois, the Prairie Band Potawatomi Nation's (PBP) Tribal Council hosted a "Town Hall Meeting" at the Indian Oaks Country Club with Shabbona community residents and other citizens of DeKalb County. The room was filled to capacity with more than 200 people in attendance for this historic gathering.

The purpose of the Town Hall Meeting was to dispel untruths about the Nation and its recent land reacquisition that had been reported in the news media and to share with the local community some of the Nation's plans for the 128-acre parcel of land that the Tribe had purchased from the Ward family back in May.

Representing the PBP from the Tribal Council were Tribal Chair Tracy Stanhoff, Vice Chair Rey Kitchkumme, Secretary Jim Potter, Treasurer Ryan Dyer, and Council Members Jackie Mitchell and Warren ("Junior") Wahweotten, Jr. Other Prairie Band government in attendance were the Gaming Commission and PBP staff including: Chief of Police Sam Grant; Community Fire Chief David Price; Gaming Commissioners Gary Mitchell and Jona Rupnicki; and Casino Transition staff Peggy Houston and Dan Kennedy. Also on hand were Hobbs Strauss Dean and Walker attorneys Jennifer Hughes and Elliott Milhollin, who are led by M. Frances Ayer. They provide the Nation with legal counsel on the Shab-eh-nay project.

Earlier that day, the Tribal Council hosted a more intimate gathering at the Tribe's Shabbona headquarters on Tomahawk Trail for the residents of the Indian Oaks Country Club neighborhood, the area that is closest to the Tribe's Shab-eh-nay land. A buffet lunch was served to more than 20 neighbors. Following lunch, Tribal Chair Tracy Stanhoff answered questions from those in attendance. The discussion turned lively at times, with a few people expressing concern about the Tribe's plans to build a bingo hall on the property but, overall, the gathering was a great success for the Tribe as people mingled and shared food and stories. "It was important to let the community know - especially those who live closest to the Shab-eh-nay property and whose lives will be most affected by our development plans - to know that the Tribe will be a good neighbor in all respects," said Stanhoff.

That evening, Gary Mitchell opened the Town Hall Meeting with a Potawatomi blessing. Early in the proceedings, there was a minor disturbance from the back of the meeting room, as a non-native member of the Shabbona community stood and shouted at the Tribal Council seated at the front of the room. He told the shocked audience that the "Indians

were all dead; and that the Indian languages did not exist anymore." Fortunately, there were no more outbursts of this nature (it was later reported that the man was intoxicated), but it was a harsh reminder to all those Potawatomi people in attendance that - unfortunately - racism is still very much alive and well in our country. "I believe the people of Shabbona were as horrified as we were to hear such hateful language and sentiments expressed in this day and age," said Stanhoff. "There were audible gasps from the audience - I think people were really ashamed that this sort of thing happened right in their own backyard."

The Town Hall Meeting proceeded without incident after the single outburst, with many people coming forward with questions and comments concerning the Tribe's plans for the property. Following the meeting, which lasted from 6:30 p.m. until 8 p.m., many Shabbona residents approached the podium and head table to personally congratulate the Tribal Council and the Prairie Band people. "I was touched by the many genuine expressions of happiness from many Shabbona citizens about the 'homecoming' of our Tribe," said Stanhoff.

The Shab-eh-nay land reacquisition project has not been without its detractors on both sides, both in the Shabbona community and also in the Prairie Band community. "While not everyone has to agree that this is the best course for our community to be taking with regard to this project, interference on a grand scale from a few has certainly caused those on the outside to question our Nation's unity as a people - and our support of one another and the concern for our future well being," noted Stanhoff. "It has also caused countless hours of frustration for our Tribal Council, not to mention the added expenses that the Council has had to incur settling matters within our own ranks - something we should not have had to do."

"Tribal members must be strong and united now in support of the claim for the 1829 Treaty Reservation in Illinois," said Ayer. "Any dissent will be used in court of the Congress against the Nation."

"I have worked for more than ten years on this claim; and I like to be paid for positive, productive action," added Ayer. "I do not like to take increasing amounts of tribal resources to combat the fallout from what seems to me to be short-sighted, petty criticism, the result of which will lose the heritage of Chief Shab-eh-nay for all Prairie Band members and their children and grandchildren."

"The Prairie Band people cannot afford to let this historic opportunity pass us by," said Stanhoff. "That is why we must unite now for the future of our people."

New Prairie Band Potawatomi Health Center opens



By Suzanne Heck

The new Prairie Band Potawatomi Health Center opened for business on September 20 and is located near the intersection of 158 Rd. and O Rd. on the reservation.

The new 36,300 square foot building will house staff from the Prairie Band Family Health Center, that was located in Holton, Kan., and staff from the PBP Social Services Department, Drug & Alcohol Department, and the Community Health Representative program whose offices were all located in various buildings on the reservation.

In addition, the center is being expanded to include dental, optometry and radiology services. A pharmacy drive-up window and an emergency services/helipad are also included as part of the center.

The building has a rotunda entry area and is divided into three

wings including medical, social services and community education. It also includes an energy-efficient geothermal heating and cooling system.

Construction began in June, 2005 and the design teams involved in the project besides the PBP Construction Department were James Harrington (PBP tribal member) Health Care Design Consultants, Schwerdt Design Group, Inc., Schwerdt Contract Interiors, Inc., Bartlett & West Engineers, Latimer, Sommers and Associates, and Rinner Construction Inc.

An open house/dedication event is being planned for October 18.

For more details about the Center see inside this issue.

Tribal Court Judge Deere speaks at 7th Annual Native Nations Law Symposium

By Suzanne Heck

The 7th annual Native Nations Law Symposium was held at the Sac & Fox Casino Event Center on August 25.

The Hon. Monte Deere, PBP District Judge, was one of the featured speakers and spoke on special ethical considerations in tribal courts.

Also presenting at the symposium, were PBP members Carol Shopteese and Betty Rice who are social workers

for the Sac and Fox Nation of Missouri. They discussed Indian child welfare

issues as seen from the tribal perspective communication, consultation and collaboration.

The Prairie Band Tribal Court helped sponsor and attended the day-long conference. The We-Ta-Se Post 410 Color Guard posted colors during the opening ceremonies.

Hon. Judge Monte Deere
(2005 News photo)

Approximately 65 people attended the conference.



Third year Washburn law students came to the reservation on September 12 to learn about the PBP Tribal Court and are seen sitting in the PBP court room. Standing next to the students are Washburn Law Clinic professors Aliza Organick and John Francis who were directing the Clinical Law Program students that day. Aliza is an enrolled member of the Navajo Nation and has been at Washburn for two years. She was also one of the speakers at the 7th Annual Native Nations Law Symposium.

Photo by Mary Young

Mark your calendar

- October 9 Government offices closed
Columbus Day
- October 18 Grand opening, Health Center
10 a.m. to 2 p.m.
- October 21 General Council meeting



CREE



Photos by Mary Young



Often in the stillness of the night, when all nature seems asleep about me, there comes a gentle rapping at the door of my heart. I open it; and a voice inquires, "Pokagon, what of your people? What will their future be?" My answer is: "Mortal man has not the power to draw aside the veil of unborn time to tell the future of his race. That gift belongs of the Divine alone. But it is given to him to closely judge the future by the present, and the past."

-Simon Pokagon (1830-1899)
Potawatomi



September message to the Nation from Tribal Chair, Tracy Stanhoff



The Nation is in great shape as the Tribal Council is making great progress on the casino transition; Shab-eh-nay project, new healthcare center; and other projects on the reservations including:

- We held a town hall meeting for the residents of Shabbona up on our reservation in Illinois. Residents there were able to hear first-hand from the Tribe on our efforts and voice their concerns and support of our re-acquisition of our Shab-eh-nay Reservation.

- Negotiations are on-going with DeKalb County officials; county fire and sheriffs on intergovernmental agreements for cooperation between the Tribe and area entities which is essential to the success of our reservation in Illinois. We are close to agreements on all terms. Stay tuned for more details forthcoming.

- The Shabbona fire department leaders visited our Kansas reservation for a tour and meeting with Tribal Council and our fire chief regarding a cooperative agreement for fire services on the Shab-eh-nay Reservation. Shabbona fire officials were duly impressed with the progressiveness and infrastructure on our Kansas reservation.

- I attended the National Indian Gaming Association's Tribal Leader Mid-Year meeting. Items on the agenda included a tribal leader discussion on the pending tribal gaming reform bills in both the U.S. Senate and House of Representatives – of which both are harmful to how tribes conduct our gaming enterprises. The Tribe is actively working with our lobbyists on defeating these "reforms". Tribal Council members including myself will be "working the halls of Congress" to communicate our

side of the issue.

- I will be representing the Tribe during the upcoming State-Tribal Relations committee meetings to be held the third week of September. Items on the agenda include our partnership with the state and county on the 150th interchange project and our motor fuel tax case. An update on this meeting will be in our next newspaper.

- A letter from the Tribe has been sent to our casino employees regarding their transition and their new benefits packages and it included other property updates. These transition letters will be going out periodically to update our employees on the latest transition process.

- Our Section 17 Prairie Band Entertainment Corporation charter is in progress with minimal changes from the BIA required. We are pressing forward on its acceptance which will provide a structure for our casino operation.

- I am also following closely our Constitution amendments and will provide an update on the secretarial election shortly.

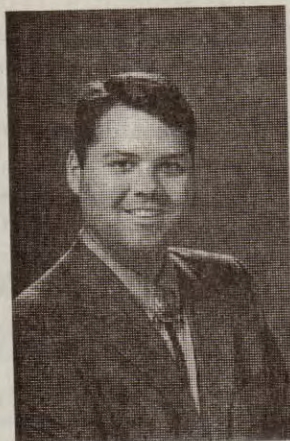
I am always available on an appointment basis to discuss anything a tribal member has on their mind. Please call Verna Simon at 785-966-4008 to set up an appointment.

I am looking forward to visiting with our membership at the upcoming Town Hall meeting on our reservation scheduled for September 25. The Tribal Council has been working very hard to ensure the health, safety and welfare of our Nation is kept strong.

We're Moving Forward,
Tracy Stanhoff

Got questions? Call Tribal Council at (785) 966-4000 or toll free (877) 715-6789

From the office of Ryan Dyer, Tribal Treasurer



I hope that you have enjoyed your summer and are preparing for the cooler weather of fall as the world slows down and begins its early stages of dormancy for the winter months. The Tribal Council does not slow down and I will continue to work diligently for the good of the Nation.

Our investment yields are still strong despite the slowdown in the overall economy. This is a testament to the well diversified portfolio that we have created and we should continue to see strong returns. As interest rates have risen, this has created a good environment for fixed income investing. We will be purchasing short term certificates of deposit and treasury instruments which are very low risk investments with modest returns. This should allow us to continue to experience fair growth and wait for the US economy to stabilize, at which time we may move into investments with longer maturities.

The budget cycle is nearly complete, and we have a draft budget for 2007. The Tribal Council will be reviewing the budgets the week of October 23, and we will have a final budget ready for approval in November. Please watch your mail for an invitation to the public comment budget session and plan on attending. This is an important change in the budget process and I encourage all members to participate in

the formulation of our budgets.

We have also developed a contingency plan for an increase in the per capita amount. At the July annual General Council meeting the treasurer was requested to identify the impact of increasing the per capita to 48% of our gaming revenue. This increase would bring the average quarterly per capita amount to about \$1200. The impact on the government operations would reduce our total budgets by 30%. This could potentially be the largest reduction to our government services and increase in personal income since the casino was established. Please plan on attending the October general council meeting and voicing your opinion about the change in our revenue allocation plan.

I have developed a plan for the issuance of tax-exempt bonds on behalf of the Nation. This issuance would allow us to retain our capital and invest it at a higher rate of return as opposed to paying for infrastructure projects up front. This would be a large undertaking which could have a positive cash flow impact on government finances for the next 15-20 years. I believe that this is an appropriate use of our capital and encourage you to discuss this issuance with me. We lost our quorum prior to discussion of this important proposal at the summer meeting, and I will be presenting this again at the October meeting.

As always, please feel free to contact me regarding this or any tribal business.

Thank you for allowing me to serve on your behalf.

Ryan Dyer



THANK YOU

It is never too late to say thank you to all those that supported me in the last election. It is truly hard to win an election when you have such outstanding members running for the same position. I learned a lot and I salute all the winners!

Congratulations,
Dorothy Kiyukan-Lewis

New owner for Judy's Café

By Mary Young

Judy Penfield opened up Judy's Café on Dec. 4, 1997 at 104 E. Main Street in Mayetta. On Sept. 17, 2006, she retired and said, "I've hung up my spatula, it's time to retire."

Judy's farewell was posted inside, near the front entry: "To all the loyal patrons that have crossed this threshold the past 8 years and 9 months. It has been a real pleasure to serve you. The many, many friends and tolerant people have been great! Special thanks to the "ladies" and "gents" that have lent a helping hand when needed over the years. [signed] Judy"

Judy's Café was also spotlighted on the Biff Henderson's Small Town America during the Late Show with David Letterman on Sept. 9, 2003.



Above, Judy Penfield turns the keys over to the new owner, Melba Nicol in front of the former Judy's Café.

Melba Nicol, will be opening the non-smoking Melba's Diner the week of Sept. 25, after the News goes to press.

New hours:
Monday through Saturday:
6:30 a.m. – 8:00 p.m.
Sunday:
6:30 a.m. – 3:00 p.m.

Bank's eye view: Mutual Funds: The assorted miniatures of the financial world

One of the most popular chocolate treats in offices around the country is Hershey's Assorted Miniatures. The reason for this, other than everyone loves chocolate, is that for a small price, you are able to offer your co-workers a variety of snacks. Mutual funds work in a similar manner. They allow you diversification with simplicity and minimal investment.

Lets say you want to buy some stock in the oil company Royal Dutch Shell, the computer software company Microsoft, the automobile company Hyundai, and the pharmaceutical company Roche Holding. These stocks would provide you with a diverse mix of large companies from around the world. However, to purchase just one share of each of the 4 companies listed would cost over \$300. That is IF you could buy a single share. A mutual fund works by grouping investors together with an investment objective. You can contribute as little as \$50 a month. The mutual fund will have a fund manager who invests the pooled money. By pooling money together, investors can purchase stocks with much lower trading costs than on their own. When you invest in a mutual fund, you buy shares of the mutual fund and become a shareholder of the fund. But the biggest advantage to mutual funds is diversification.

Diversification is the idea of spreading out your money across many different types of investments. What drives one investment down might drive another one up. Diversification reduces your risk tremendously. You can also diversify by purchasing bonds, international stocks, and so on. It would take weeks for you to buy all these investments, but most mutual funds contain these investments in some percentage.

When you purchase a share of an open-end mutual fund, you purchase that share at the *net asset value*, or NAV. The NAV is the fund's value of its holdings divided by the number of shares. For most funds, the NAV is determined daily, after the close of trading on some specified financial exchange. Let's say you want to buy \$100 of the largest mutual fund – Vanguard 500 index. It's NAV is \$119.63. So your \$100 would buy you .8359 shares. You will find the NAV of most mutual funds listed in the same places you will find stock prices.

The variety of mutual funds is staggering. There are more mutual funds traded today than there are stocks. The vast majority of mutual funds are open-end funds. That means there is no limit to the

shares a person can buy. There are also closed-end funds, where mutual fund companies decide up front how many shares they will sell. One significant drawback to closed-end funds is that the shares must be sold. Therefore their price is driven by what people will pay for them, not necessarily the value of the stocks in the fund. Open funds can liquidate some of their stock to pay a shareholder who wants out.

Another division is between growth funds, which invest in stocks of companies that have the potential for large capital gains, versus value funds, which look for stocks that are undervalued. Growth stocks usually have a potential for larger return, however such investments also bear larger risks. Growth funds tend not to pay regular dividends.

Sector funds will focus on specific industry sectors, such as energy. Income funds are more conservative investments, focusing on stocks that pay dividends. Balanced funds may use a combination of strategies, typically including some investment in bonds, to stay more conservative when it comes to risk, yet aim for some growth.

There are three ways to make money from a mutual fund:

- Income is earned from dividends on stocks and interest on bonds. Fund pay out nearly all of the income they receives over the year to fund owners in the form of a distribution.
- If the fund sells securities that have increased in price, the fund has a capital gain. Most funds also pass on these gains to investors in a distribution.
- If fund holdings increase in price but are not sold by the fund manager, the fund's shares increase in price. You can then sell your mutual fund shares for a profit.

Mutual funds have several advantages over individual stock investments. A mutual fund may hold investments in hundreds of stocks, reducing the risk to any one particular stock. The transaction costs are spread around among all the mutual fund shareholders. A mutual fund also benefits from professional fund managers who dedicate time to research investment options. However, this doesn't mean mutual funds are immune to risks.

As always, I look forward to answering any questions readers may have about this or any other subject. I can be reached at rfrazier@denisonstatebank.com or 1-800-633-2423.

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Prairie Band Potawatomi News

An Award Winning Newspaper

The *Prairie Band Potawatomi News* is a monthly newspaper of the Prairie Band Potawatomi Nation. Opinions expressed in this newspaper do not necessarily reflect the opinions of the Prairie Band Potawatomi News staff, the Tribal Council, Gaming Commission or the Nation.

The *Prairie Band Potawatomi News* encourages and welcomes letters, editorials, articles and photos from its readers. This publication reserves the right to reject, edit or condense items submitted. We request your submissions by the 15th of each month. Submit items by email (as an attachment) or disk in Microsoft Word or stop by the News office with your information.

Anonymous letters will NOT be printed or accepted. Letters which are libelous will NOT be published.

Please include your name, address, and telephone number where we can contact you should we need to verify information.

Photos submitted with news article will be returned after publication. Please print name on back of photo to ensure accuracy. Please include a stamped and self-addressed envelope with the photo.



We-Ta-Se Color Guard to perform in final Lewis & Clark Bicentennial Commission ceremonies



Above, the We-Ta-Se Color Guard posed after performing in Atchison, Kan. on September 17 during the Legends and Legacies Festival. From left to right are Francis Shopeteese, Steve Ortiz, Ralph Lundin, B.J. Darnall, Emery Hale, and Jim Darnall. In 2004 the color guard performed during several Kansas Lewis & Clark Bicentennial Commission events with the most notable being the signature event that was held in Kansas City, Leavenworth, and Atchison on July 4. This year they were invited to the Atchison event and will also participate in the final national signature event to be held in St. Louis that will conclude the two-year Bicentennial Lewis and Clark commemoration of the 1804-1806 expedition.

Photo by Suzanne Heck



Re-enactors York, Sacagawea, and Captain William Clark (left) were a part of the festivities held in Atchison Sept. 16-17. Little Soldier Singers provided the drum and are photographed at the event on page 4.



**All Veterans Memorial
BNSF Railway Plaza Corridor of Flags Dedication
Sept. 30, 11 a.m.
Great Overland Station
Topeka, Kansas**

Kansas tribes and federal officials hold meeting Federal grant dollars available to assist tribes with transportation needs

By Suzanne Heck

Eight million dollars in federal grant money is available to federally recognized tribal governments to assist them with transit programs.

Tribes are eligible to apply for the federal funds this year that will increase to 10 million in 2007, 12 million by 2008, and 15 million in 2009.

A meeting to discuss the funding opportunity was held on September 18 at the PBPB Police Department with tribal representatives from the PBPB, Iowa, and Sac and Fox Nation of Missouri and staff from the Federal Transportation Administration (FTA) and Kansas Department of Transportation (KDOT).

The purpose of the meeting was to explain how to apply for the funds that are available through a grant-application process beginning in October and to let the tribes know that the agencies are available to help.

According to Diane Robb, PBPB grant writer, the PBPB presently receives a \$42,000 5311 general transportation grant that is managed by KDOT which helps fund the PBPB public transportation bus. The tribe does fund five other transportation services including medical, We-Ta-Se veterans, motor

vehicle department, the senior citizens and an employee transit van but those are solely funded by the tribe.

"The new federal funding opportunity is exciting for the Prairie Band," Diane said. "We are definitely applying for the funds to help support our transit services."

During the meeting tribal representatives discussed the possibility of coordinating efforts between the tribes regarding their transit needs since they are so close in proximity to each other in Kansas and also partnering on grant applications as a possible means of avoiding competition with each other.

Seven tribal representatives from Kansas attended the meeting including Micki Martinez, Roger Lewis and Diane Robb from the PBPB.

Three staff from the FTA Region VII's Kansas City office attended and three members from KDOT's office in Topeka were also at the meeting.

The FTA provides grant assistance to develop new transit systems and improve, maintain, and operate existing systems.

KDOT manages two major federal grants including the 5311 general public transportation grant and a 5310 specialized service grant.

John Rosicker, Kansas Department of Transportation (KDOT), is seen in the foreground, right, explaining the new federal funding grant opportunity that has become available to the tribes.

Immediately behind John is another KDOT staff member who attended the meeting and representatives from the Iowa and PBPB tribes.

Below, is PBPB grant writer, Diane Robb, who also attended the meeting.



Grants recently awarded to the PBPB

- \$50,000 Stop Violence against Indian Women (to assist victims of domestic violence)
- \$175,000 Tribal Victims Assistance Program (to provide comprehensive assistance services to American Indian victims of crime)

Potawatomi Fire Department/EMS News

Tribal Emergency Response Committee News



The photo, left, shows Homeland Security representatives and members of the Tribal Emergency Response Commission (TERC) who met recently to go over the results of a mock full-scale disaster drill that was held on the reservation in July. From left to right is Bill Brubaker, Barb Smelter, Greg Gardner, Brenda Pahmahmie and Fire Chief David Price. Brubaker and Gardner are with Homeland Security.

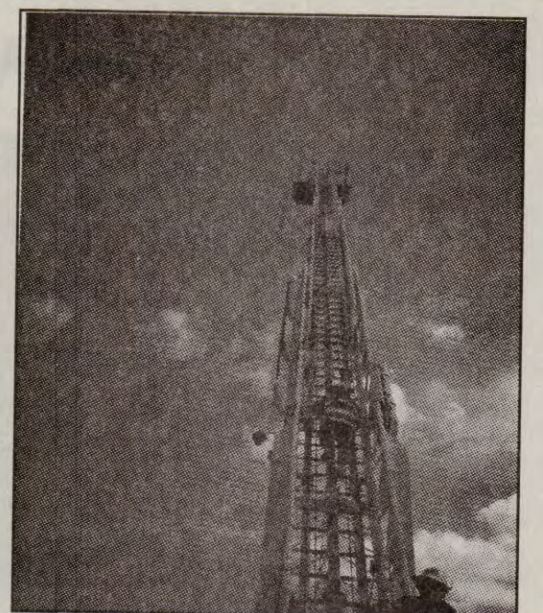
The Potawatomi Fire Dept. now has computer technology available in the event of a disaster.



**Come to the
Potawatomi
Fire Dept.
Open House
Saturday,
October 14
10 a.m. to 2 p.m.**

- lunch
- children's activities
- demonstrations
- door prizes

Fire Prevention Week, October 8-14

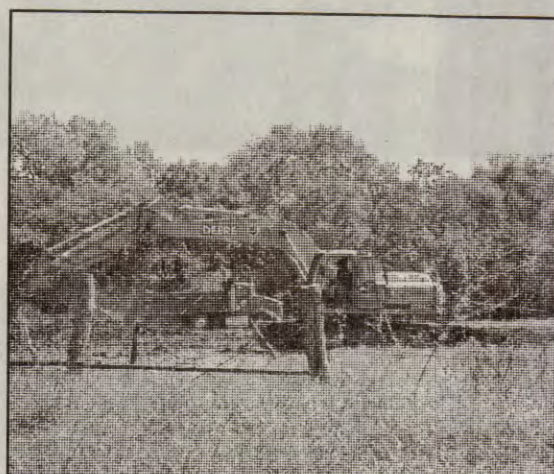


Up, up and away. The Potawatomi Fire Dept.'s Ladder 651 is seen above being used by job candidates who competed for a paramedic/firefighter position this summer. Candidates must go through a battery of tests, like the one seen above, before being selected for the position.

Photo submitted by Tim Flanary

Road & Bridge News

Land for transitional homes being cleared

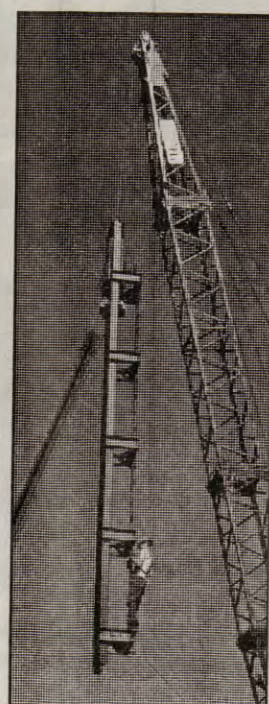


The Road & Bridge crews have been busy preparing the ground for five new transitional houses that the Housing Authority is planning to build on 158 Road.

Buffalo outlook tower



The photos, above and to the right (note: the construction worker being lifted by the crane), shows the beginnings of a new buffalo lookout tower that is being built near the old ballpark just off of 150 Rd. Norfolk Construction put in the pilings this summer and the platform for the tower is scheduled to be constructed by Road & Bridge. The new tower will allow people to see the buffalo herd and to view the beautiful Kansas Potawatomi reservation landscape from afar.



Veterans helping veterans with a little help from Road & Bridge



We-Ta-Se veterans offered to help out tribal member Vincent Lundin, who is presently deployed in Iraq, by asking Road & Bridge to help them remove the debris and rubble that was left by an earlier fire to Lundin's home that is located on the reservation. Road & Bridge came in and removed the debris clearing the land so that a new home can be placed where the former one was located.



Department & Program News

Prairie Band Potawatomi News

Prairie Band Potawatomi Early Childhood Education Center accredited by National Association for the Education of Young Children

Submitted by Natalie McClane

The Prairie Band Potawatomi Early Childhood Education Center has earned accreditation from the National Association for the Education of Young Children (NAEYC) - The nation's leading organization of early childhood professionals.

"We're proud to be accredited by NAEYC, and recognized for our commitment to reaching the highest professional standards," said Natalie McClane, Child and Staff Development Program Manager. "NAEYC Accreditation lets families in our community know that children in our program are getting the best care and early learning experiences."

More than 11,000 early childhood programs serving over one million young children are currently accredited by NAEYC. "By earning accreditation, the PBP Early Childhood Education Center has become a leader in a national effort to raise the quality of early childhood education, and to help give all children a better start."

Responding to the growth of the

system, in 1999 the NAEYC Governing Board appointed a National Commission on Accreditation Reinvention to conduct a comprehensive review of NAEYC's Accreditation system. Building on their work, NAEYC is making many changes to increase the reliability and accountability of the accreditation system and promote higher program quality. In April 2005, the NAEYC Governing Board Approved Early Childhood Program Standards and Accreditation Criteria, which will be used in the future to assess whether programs receive accreditation.

NAEYC created its accreditation program in 1985 to set professional standards for early childhood education, and to help families identify high-quality child care and early education programs. To earn NAEYC's accreditation, a program conducts a self-study to determine how well it meets the standards. After necessary improvements are made, the program is observed by independent, professional validators and then reviewed by a national panel. Programs are accredited by NAEYC for a five-year period.

Little
Soldier
Singers
drum
at
Legends
and
Legacies
Festival
as
part
of Native
American
event



Little Soldier Singers.

Boys & Girls Club calendar

OCTOBER 2006						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Club Open Sundays 2:00-8:00 pm	2 Club Open 4-8pm Mon-thurs Jr. Youth 4-6pm Sr. Youth 6-8pm Youth Council Meeting 6:30-7:00pm	3 Keystone Club 4:30-5:00 pm	4 SMART MOVES 5:00 pm Jr. & Sr Youth Last Day for Permission Slips Gary's Berry or Haunted House	5 Club Tech 4:30-5:00 pm Singers & Dancers 4:30-5:00 Ultimate Journey 5:00 pm	6 CLUB CLOSED 4th Annual Golf Tournament	7 Club Open 4:00 - 10:00 pm
8 Club Open Sundays 2:00-8:00 pm	9 Club Closed Columbus Day	10 Keystone Club 4:30-5:00 pm	11 SMART MOVES 5:00 pm	12 Club Tech 4:30-5:00 pm Singers & Dancers 4:30-5:00 Ultimate Journey 5:00 pm	13 Club Open 4:00-10:00 pm	14 Club Open 4:00 - 10:00 pm Mail Trip leave @ 6pm
15 Club Open Sundays 2:00-8:00 pm	16 Youth Council Meeting 6:30-7:00pm	17 Keystone Club 5:00 pm	18 SMART MOVES 5:00 pm Youth Haunted House Trip Leave @ 6 pm Return by 1 am Youth dropped off at Home	19 Club Open 7:30am - 5:00 pm	20 Club Open 7:30am - 5:00 pm Jr. Youth Gary's Berry Trip Leave @ 1:00 Return by 4:30	21 All Sr. Youth help with Tournament 9am-9pm Mens & Womens B&B Tourney
22 All Sr. Youth help with Tournament 9am-9pm Mens & Womens B&B Tourney	23 Youth Council Meeting 6:30-7:00pm	24 Keystone Club 4:30-5:00 pm	25 Family Night Halloween Party 6:00 pm Come with your best costume	26 Club Tech 4:30-5:00 pm Singers & Dancers 4:30-5:00 Ultimate Journey 5:00 pm	27 Last Day for Grade Cards Haunted Trail @ BGC Dusk -11:00 pm	28 Club Closed Haunted Trail @ BGC Dusk -11:00 pm
29 Club Open Sundays 2:00-8:00 pm Vball League starts	30 Youth Council Meeting 6:30-7:00pm	31 Keystone Club 4:30-5:00 pm Club Closed @ 6:00 pm				

Golfing News from Steve McDonald

Tribal member and PGA Golf Professional Steve McDonald won the First Nations Golf Association (FNGA) Open Golf Championship on September 7, 8 and 9. The Open Championship drew a big field of 58 native golf professionals from all over North America. Players from Florida, California, Washington, Arizona, South Dakota, Mississippi, Oklahoma, Oregon, New York and Canada competed for the title. The tournament was played on the beautiful Black Bear Golf Course, which is owned and operated by the Fond du Lac Chippewa Tribe in Carlton, Minnesota. Steve set the course record by shooting a score of 5-under par-67 and won the 54-hole championship tournament by four strokes.

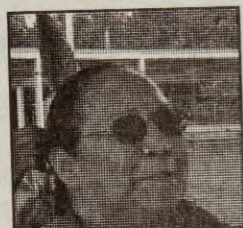
In other golf news Justice Valdivia, Alex McDonald, Emily McDonald and Steve McDonald won the Midwest PGA Pro-Junior Golf Championship at Liberty Hills Golf Course in Liberty, Missouri. The Potawatomi team won the championship in a play-off over a team from Topeka Country Club when Alex McDonald made a 6-foot birdie putt on the first play-off hole. Emily took low junior honors shooting a 74 and Steve won the low professional title scoring a round of 2-under par 70.

Justice and Alex also competed in the Junior Club Championship at Lake Shawnee where Justice won 1st and Alex took 3rd in their respective age category.

American Indian Day Pow-wow



Above: Tristan Berryhill (l) and Tommoa Jenkins (r) were all smiles before the pow-wow.



Left: tribal member Bernadette Lewis before the Grand Entry.



Above: Andy Mitchell (front) and Francis Jensen represent We-Ta-Se.



Right: the concessions stand crew.



Above: Reuben Little Head, Lane Deer, Montana was master of ceremonies.



Above: Concession stand workers ham it up for the camera.



Above: A Run, Shoot, Pass basketball clinic was held before the pow-wow with new Royal Valley High School basketball coach Harrison Hamuud, back row right, who is also a tribal member.



Photos by Suzanne Heck



Above: Rose Jenkins before entering the junior girls traditional category.



Above: LaVerne Hale, holding the child on the far right, with members of her family right before for the Grand Entry.



Right: Nathan Hale (l) and Chago Hale (r). Chago was arena director for the pow-wow.



Above: Julia Lewis and Marissa Bridegroom.



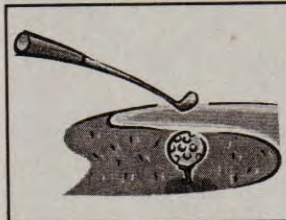
Boys and Girls Club News



Above is Jerry Briscoe, a tribal member who works for the North Kansas City American Indian Council, with Coleen Green, Boys & Girls Club Director, after bringing a large donation of children's books for the Club's library on August 22.

2006
Boys & Girls Club
Golf Fundraiser
October 6

Shawnee
Country Club
Topeka, KS



The photo, right, shows left to right, David Prager, Frank Tecumseh, Nathan Hale and Coleen Green who all attended the Boys and Girls Club (BGC) of America Southwest Region Leadership Conference held in Houston from August 22-25. The conference gave the board the opportunity to learn about new resources and to network with other BGC club staff and board members.

Photo submitted by David Prager



Education Department Update

Submitted by: Kristen Aitkens

During the months of July and August our office was busy processing scholarships for this fall semester. Over the years the number of applications for funding has greatly increased. We fund approximately 120 undergraduates, 25 graduates and two doctoral students each semester.

As a reminder to ALL students, spring awards will not be disbursed until our office has received an OFFICIAL TRANSCRIPT reflecting fall grades. We will not accept a student's copy of their grades. We must have an OFFICIAL TRANSCRIPT on file. This is important as we review transcripts to ensure the student is eligible for funding and to determine funding amounts. Students must request an OFFICIAL TRANSCRIPT be sent to our office after each semester.

New and returning students must submit completed application materials by November 1, 2006. Because of the demand for assistance deadlines will be strictly enforced. Deadlines are in place as a courtesy not only to our department, but also to the student. These

dates help ensure that applications are processed and scholarships are disbursed in a timely manner. **Please keep in mind that all future applications that are incomplete and/or do not meet the fall (July 1) or spring (Nov. 1) deadlines will not be considered.** It is the student's responsibility to ensure that their application is complete and submitted on time. Exceptions have been made in the past, but due to high demand for assistance late applications will not be considered.

If you will be transferring schools after the fall semester you must notify our office immediately. Failure to notify our office can delay your spring scholarship. In order to keep student files accurate we do require updated applications and school verification when a transfer occurs. Again, this is a courtesy to each student to ensure your scholarships are disbursed in a timely manner and to make sure funding amounts are correct.

Applications can be requested through our office or on the internet at

<http://www.pbpnation.org/Education>. Students with questions or needing assistance are always welcome to contact our office at 785-966-3926 or toll free at 877-715-6789.

PBPN Education Department Staff Directory (all staff offices are located on the lower level of the PBP Government Center)

Kristen Aitkens
Director of Education
Phone: 785-966-2960
Email: kristena@pbpnation.org

Frances Wabaunsee
Job Skills Coordinator
Phone: 785-966-2884
Email: francesw@pbpnation.org

Ida Nadeau
Student Services Coordinator
Phone: 785-966-3926
Email: idan@pbpnation.org

Debra Wakolee
Administrative Assistant
Phone: 785-966-3981
Email: debraw@pbpnation.org

Scholarships, internships, and other programs available. Call today or go online to www.pbpnation.org/Education



Summer youth work program ends Second session youth express their thoughts about work

Submitted by Kristen Aitkens, Summer Youth Program Coordinator

The second session of the Summer Youth Program that began on July 3 with 31 workers who worked in various departments ended July 28th. Like the first session, workers participated in workshops on Healthcare Professions, Professions at Harrah's, Job & Interviewing skills, and Communicable Diseases and How to Protect Yourself. The workers were again asked to submit a short article describing their summer experience. Overall the workers had a great session and are wished good luck with the upcoming school year.

Articles were not edited for grammar and those who did not wish to submit their names are marked as anonymous. Youth were allowed to write whatever they wanted as long as there was no profanity. They were told they did not have to write about anyone or anything other than their thoughts on the program.

Anonymous

I have been working for the summer youth program for 4 years. I have found that this program has benefited me well. I've got to experience new and different things. Out of all the jobs that I've had this last job was my favorite. I work with the CLC (childcare) program at Royal Valley Elementary. I like this because I get to work with kids. I am going for being an elementary teacher so this is the age group I would be working with. I feel that this program could be improved a little with the people that get hired. I feel that some people are not serious. With that being said I would like to thank all the people that I have got to work with and also thank the people who provide the opportunity and time to work with the youth.

Anonymous

The PBP summer youth program has allowed me and other teens to get ready for the real job world it has given us the opportunity to have a job and get paid. This year it was changed. We attended workshops every Wednesday. We learned at those workshops how to have a good interview and how to dress properly. I worked the second session at the PBP Gaming Commission. It has been a good learning experience. I have learned to transfer phone calls. At times it can be busy, but it is overall a fun job. People there are nice and easily to get along with.

Jerry Cadue

My name is Jerry Cadue. This is how I feel about Summer Youth. I like the Summer Youth Employment because it's a pretty good idea to give us younger people a job. This is my first year with the Summer youth and I work at the Social Services. Even though I said I wouldn't have a problem working there, I really don't like my job that much, because I don't do much except sit around until someone has a job for me, and they don't give me jobs that much. I like the 1st, 2nd, and 3rd days because I actually had something to do. For the last two weeks I have been sitting on the computer almost all day. So mostly I like Summer Youth.

Ashli Garcia

I have been working with the Summer youth program for 2 years and I personally think that it's the best for the kids. Getting kids out and learning how to do things and getting ready for the world. I am working at the Health Clinic this summer and it has been great being able to learn new stuff and watching to see what and how the doctors work. Having Kristen be the director of the program is awesome. She is a great person for this. She makes sure that everyone has a job and that they are happy with where they work. This summer is so much better working than last year. I personally think that this program is a great project for all the kids to get out and do stuff. Even the workshops that Kristen holds every Wednesday are great to. Having the chance to learn how to fill out applications and doing interviews. Learning something new is great and that's what I do everyday I learn so much more than I thought. People that I work with is great they are so nice and if you need help they will help you. This is how I feel about the summer youth program!

Anonymous

It was a great experience and it shows us young people how to work in the real world it shows us how we should work with other people. In the future it may

give us higher positions in real jobs. It shows how to work for our money and not just show up and sit there. The workshops were new to some of the kids but it was ok.

Kwake Hale

Well I really like this program its fun because I can say that I "have a job" and I get paid. It's fun because I have stuff to do during the summer. And working at the Club because little kids are cool and fun. They have crazy imaginations. This program saved me from boredom over the summer and I want to thank Kristen for helping out and making our checks possible.

Russell Shobney

The summer youth work program allows me to experience of real life work and how important it is. I worked at Mayetta Oil Company where I worked with customers and money, some happy and some not. But just the idea of what its like will give me an experience background for when I apply for a bigger job. The reason I applied for this job is because mainly of the money to support myself and my family. I love the job I've been working with this program for about 3 years and every year it gets more exciting. My director Kristen is very good at handling this program and she's making it a lot of fun for all of us. She's flexible and she lets us learn and she's willing to teach us so much about the real world. Thank you

Anonymous

The PBP summer youth program to me is a very good thing. This is my first year doing the program & I was satisfied. I was happy w/ the job that I was given. The supervisors & people that I worked w/ were very helpful & it was so much fun. I was happy w/ the experience I was given & I learned so much, plus I had a lot of fun doing it. Things that I wasn't satisfied w/ was the workshops. I would have rathered just go to work. Also, I think there should be more options in the jobs. To me I felt limited in the job choices. Like I said, I was happy w/ the job I received, but there are many other things that I would like to learn more about.

Anonymous

This summer youth program was a great experience, especially for the ones who just turned the age to start working. Experiences at the Boys and Girls club is a good experience but when they say that you work as a receptionists they also make you do maintenance when you could have asked to do that job. I really appreciate the workshops. The workshops teach how to do interview and other opportunities of jobs and college.

Anonymous

My job this summer is pretty good so far. I work at road & bridge its pretty fun until we go out to the hot sun. I like working hear because its close to home and I work with my uncles. I like working with my uncle because he is fun to hang out with. I applied for this job to get money and see what really working is. And to see how the system works. The workshops are ok I wouldn't mind doing it again. But what I don't like is doing stuff in front of everyone.

Derek Otero

Hi, my name is Derek Otero. I work at the CLC (child-care) center in Hoyt. What I do there is basically baby sit for a whole day. What I like about it is I get to meet new people & make new friends. I didn't like it when the little buggers didn't listen to me because I can't

raise my hand to them. The workshops were exciting but not fun. I learned a lot from them & interviews were like the real thing, & always dress to impress. The pays good.

Anonymous

Ummmm....I think the summer youth program this year is going good. Where I work at is fun we laugh around and scrub toilet. We get dirty. Are supervisor.....i don't wanna talk bout that crazy guy. I chose to work here cause I heard it was fun. They was right. I would like to work their next year. Ummmmm...that's all folks.

Anonymous

This program is pretty good because it gives young native Americans a chance to see how it feels to have a real job experience and what its like to get up early to go to work. And how everyone that does work how it feels to work everyday in there life. And I work at the prairie band Potawatomi boys & girls club and its fun because were usually busy & its pretty fun working with the little kids because there funny but sometimes they just drive me crazy. These workshops are ok buh it helps us learn more about daily life in how people live and how they make a living and how it changed there lives.

Anonymous

The summer youth program is a good place for teens to work it gives teens the oppritunity to have a job for a month and to make some money. It has a lot of jobs like bingo, road work, maintniece etc you can have a lot of fun meet lots of people and make a new friend.

Anonymous

I'm glad that we have the opportunity to work with the summer youth. I enjoyed learning new things. Im glad because the things I learned will hopefully help me in the future. At times it could get boring because I just answer phones. But it also could get fun. I'm glad that I worked this year. The workshops were very helpful and I'm glad we did them.

Anonymous

This youth program was a good experience for me. Working at the department of foods. My boos name is larry Berryhill, & he has been a great boos. The thing that we do is collect some commode & give out to people that need them. Or some times we diliver them. Only thing that I dislike about this job is going 2 the workshop every wendesday. It educational & all but it gets boring sitting in a little room, and listing 2 people talk. I do like work because we get to look at food all day.

Anonymous

Ola I worked at road & bridge and I liked feeding the buffalo. I got to touch the buffalo. I didn't like putting up fences. I didn't like waiting in the workshop and doing nothing. I'm a very impatient person. I really hated workshops they were boring. I think we should get paid more ya that's about it.

Anonymous

I worked at the Bingo Hall. And the one thing I enjoyed the most about being there, was the people I talked to everyday. Everybody there was nice, and always had a smile on their face. The other thing I liked about working there was the tips I made everyday. I want to thank everybody who goes to Bingo for 4 great weeks. I've had a lot of fun working in the

Second session summer enrichment workers

Betty Lake
Aaron Barber
Manuel Gracia
Sonny Parker
Jon Jessepe
Ashli Garcia
Derek Otero
Russell Shobney
Brandon Doty
Megan Catron
David Potts
Rachel Dudoit
Wahba Masquait
Erin Pahmahmie
John Miller

Jessica Rupnicki
Anthony Gardner
Albert Wahweotten
Audrey Ramirez
Tonya Jim
Robin Deo
Jerry Cadue
Krista Catron
Antwan Grier
Samuel "Zeek" Mahkuk
Kwake Hale
Patty Lewis
Cherie Jim
Waskeh Littleaxe
Isiah Potts

Summer Youth Program and I look forward to being here next year.

Anonymous

The summer youth work program allows me to experience more things and learn more about my tribe it is a good job I work for the road and bridge department. It is a job where you have to work you can't stand around you have to work until the project your doing is done. Road and Bridge is fun and it is my first job I have worked at. It teaches you about things you never knew. I applied with summer youth because I wanted to get out of the house and experience new things and I wanted to work with my tribe and help out with situations because its fun. This program is excellent for teenagers who needs a job and wants to make some money. The workshops we have on Wednesday they teach you new things and help you in the future.

Anonymous

I think that this job was fun. The people that I work for are fun to work with. Road & Bridge is fun to work at because we are always outside, doing fences and feeding the buffalo. The only part of my job that I hated was the part when I got hurt, it was a (deleted). I don't like to sweep the shop I like working on fences because I get dirty an all sticky. We work every where to do every thing that job is fun if I work next year I'll hope to have this job again, because I love who I work with my friends an cousins and get to lift heavy things that's some real fun an a workout.

Anonymous

I really enjoyed the experience of even having the chance to work with this program. I also like the workshops that were scheduled for us by Kristen. I honestly think she enjoys the opportunity to help with this program. I do think these workshops will help me in the future. About my job....I love it. I got to meet a lot of new people & got to learn a lot about working in a office & filing important paper work. I learned how to keep things confidential. I hope to have this program in the future. And again I'm really glad to have this opportunity.

Anonymous

I had a good experience while working with the summer youth program. I started working last summer and both years I worked at the PBPn childcare. Both years were a really good experience. It is fun working with kids and teaching babies how to walk, talk and eat. The reason I applied for the summer youth is because I wanted to do something besides sitting around, doing nothing, wasting days. The only thing I don't like about the program is doing the workshops. There only being in the way.

Anonymous

Let's see here...umm I like where I work at! Because we hafta get down an dirty! So yeah we just work our tails off! We scrub toilets, vacuum, take out trash and mop. We got to different job sites to work at everyday! Like Lands dep., courthouse, housing, chr, and comods! But yeah I really enjoy working wif my fellow workers! We do our jobs hard and get it done!

Anonymous

The summer youth program is a fun thing to do but the only thing I hate is cleaning toilette I like cleaning window.



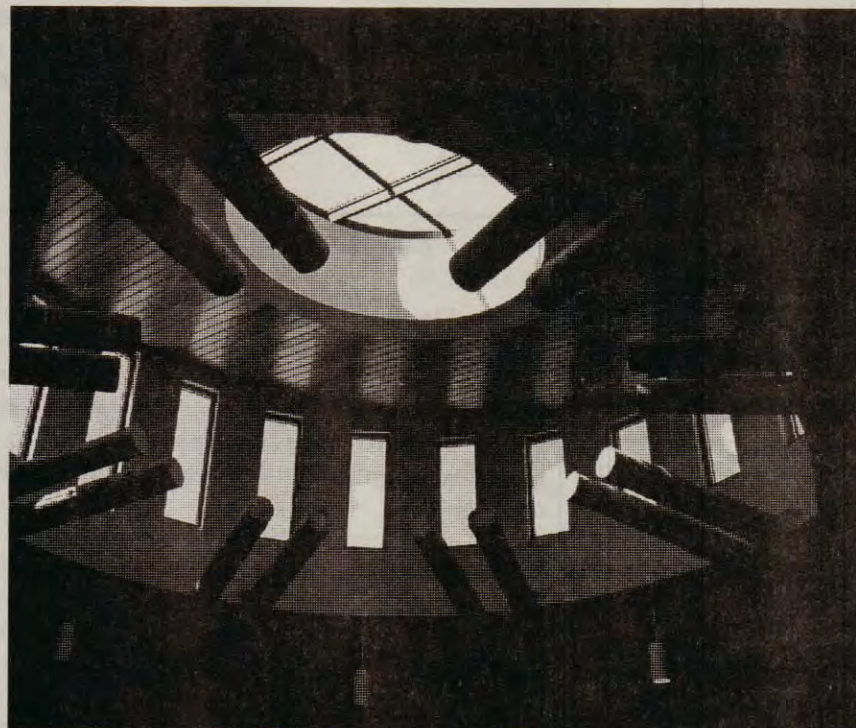
Family Health Center Move

Prairie Band Potawatomi News



L to r is Tony Wahweotten and Ray Wahweotten of First Nations Painting.

First Nations Painting
put last-minute finishing touches on
the Potawatomi Health Center before the move
photos by Suzanne Heck



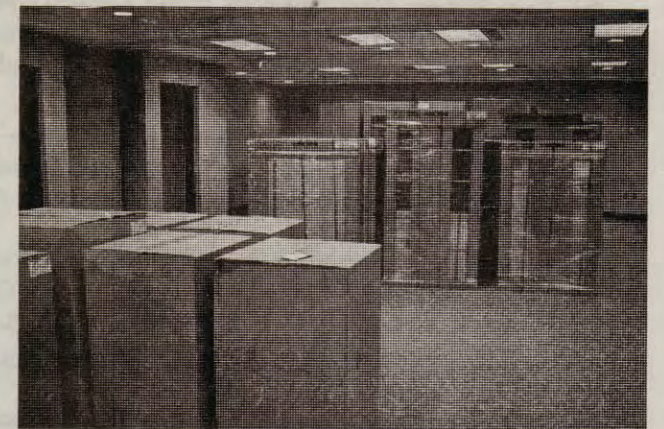
Looking up at the rotunda in the entry area.



Above: Tom Kirwan, First Nations Painting.



Architectural drawings on the counter.



Boxes filled the medical wing area.

Maintenance Dept. began moving offices in on September 8



A member of the maintenance staff unloads the truck at the east entrance of the health center where Social Services is now located.



Above and right, shows hard-at-work maintenance employees hauling boxes during the move.



The Social Services Department and Community Health Representative offices were the first to move into the Prairie Band Potawatomi Health Center, 11400 158 Road, Mayetta, KS 66509:
Here's a list of new phone numbers where they can be reached.

Social Services Program Phone numbers at Health Center Phone: (785) 966-8330

Alex Gourneau	8333
Break Room	8318
Child Welfare	8327
Copy Room	8319
Counseling Room	8337
Criss Eteeyan	8334
Dawn Masqua	8326
Grant Office	8329
Janice Ownby	8324
JoAnna Mitchell	8336
Kathy Slimmer	8323
Kelly Mills	8321
Larry Pickman	8320
Morris Taylor	8332
Myra Matchie	8328
Randy Cowley	8322
Robin Guerrero	8331
Training Room	8335
Trudy Cadue	8325



Left, Larry Pickman, Director of Social Services, unpacking boxes at the new center. The department moved from a modular on Q Rd.

Drug & Alcohol Program Phone: (785) 866-8350

Elaine Barr	8353
Shirlene Seymour	8352
Denise Suisala	8351



Above, Denise Suisala gives the thumbs up in her new Alcohol and Drug office at the health center.



Morris Taylor, Director of Vocational Rehabilitation, sorting items into boxes.



Left, Kathy Slimmer (l) and Myra Matchie (r), from Social Services, smile for the camera at the new center.



Above, Elaine Barr and Shirlene Seymour, Alcohol and Drug counselors, toting boxes in their old office that was located in the We-Ta-Se building.



Family & Domestic Violence Program Phone: (785) 966-8340

Rose Bone	8340
New	8341
New	8342

Independent Living Specialist
Phone: (785) 966-8344
Jeannie Combs 8344



Above, Jeannie Combs, Independent Living, and Rose Bone, Domestic Violence, moved from the Rock/Community Bldg.



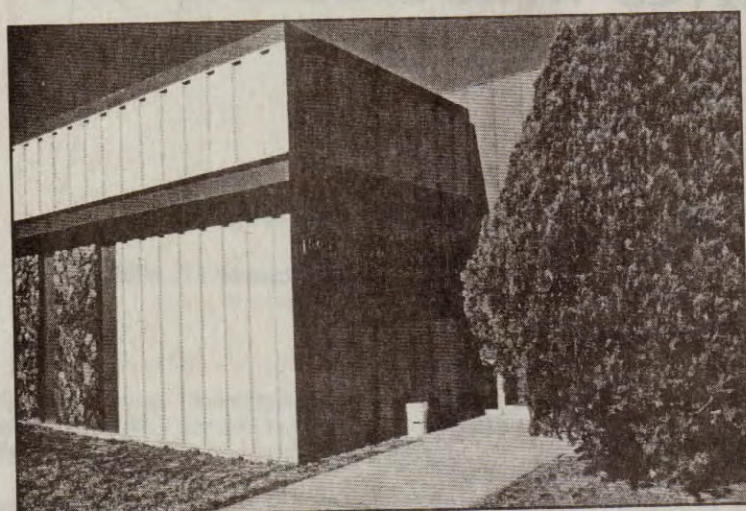
Above, Susan McKibben from the Community Health Representative's (CHR) office stops to pose for a photo during the move into their new quarters. The old CHR office was located on K Rd.

Community Health Representatives Phone: (785) 966-8360

Robyn Edwards	8361
Mary Jessepe	8362
Susan McKibben	8363
Brenda Nozhackum	8365
Lythia Shopteese	8364



Clinic moves from the IHS location, clinic moves . . .



A look at the old Indian Health Service, located at 100 W. 6th St. in Holton.



Prairie Band Potawatomi Family Health Center, located at 510 Kansas Ave., Holton. The News covered this move in the March 2005 issue.



In the June 2005 issue, front page headlines covered the groundbreaking ceremony held for the Prairie Band Potawatomi Family Health Center. On Sept. 18, 2006 the move began to the new location.



Michael Carpenter, pharmacist, is seen doing a physical count of all controlled substances before they are packed and moved. Angela Emmert is in the background.



The construction was nearing completion but the move continued by Tuesday, Sept. 19, the medical section was open for business at the new clinic.



Bill Read, lab, empties and cleans out the lab work area in preparation for the move.



Mina Neuburger busily packs a box.

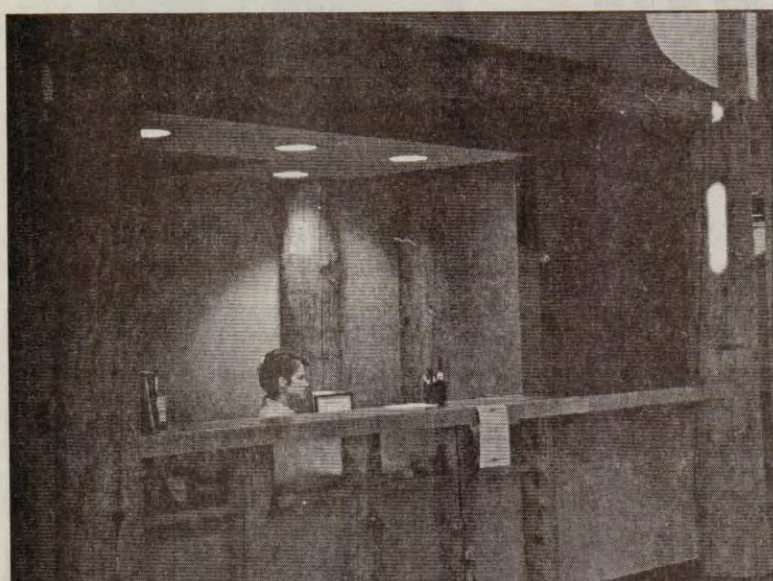
Prairie Band Potawatomi Health Center
11400 158 Road, P. O. Box 249
Mayetta, KS 66509
(785) 966-8200
(866) 694-6728

Clinic and Pharmacy Hours
Monday/Wednesday/Thursday/Friday
8:00 a.m. to 11:30 a.m., 12:30 p.m. to 3:30 p.m.
Tuesday: 8:00 a.m. to 11:30 a.m.

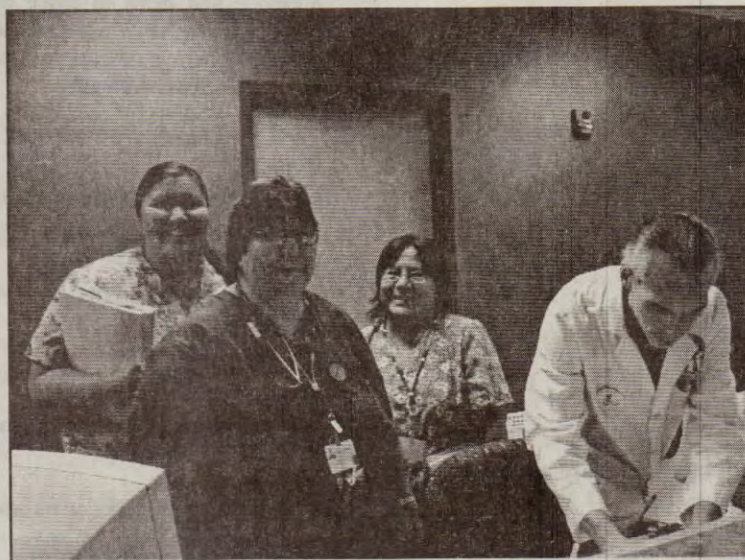


Maintenance Dept. crew members are Toby Ritchie, on the truck, Robbie Lange, forefront, and Terry Fox, right, who can be seen loading the moving truck. This photo shows just a few of the many people who helped.

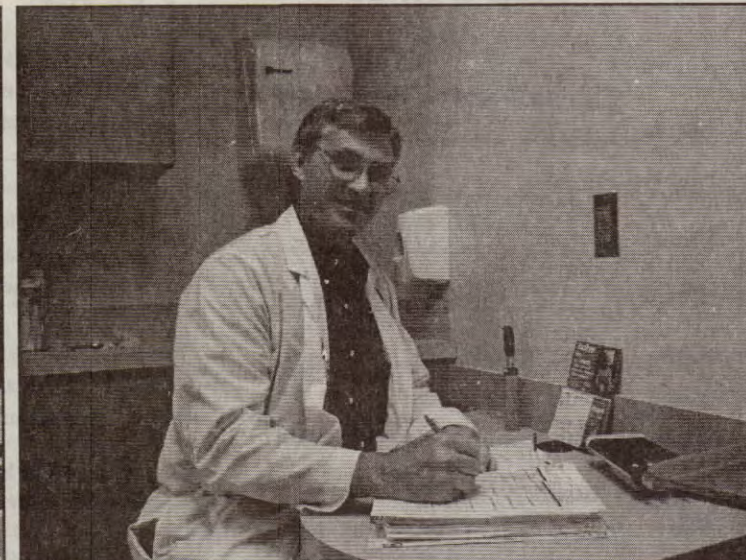
New Health Center opened on schedule and ready to serve the Nation



Lorre Brooks, Business Office Manager, covered the patient registration desk on opening day, Sept. 19.



The nurses station is where some of the action took place on opening day (l-r): Jessica Youngbird, Laura Thackery, Laury Shoptese, and Dr. Steve Stevenson.



Dr. Richard Pruiksma took a few moments from filling out a patient's chart to pose for a photo.

Photos by Mary Young



Committee members for the two-day diabetes conference scheduled for Oct. 27 and 28 at the PBP Casino Convention Center met to finalize the plans. The meeting in the new conference room was a "first."



Vice Chair Rey Kitchkumme met with visitors Patsy and Stacey Arnold and gave them a tour of the new facility. The Arnolds were traveling through and are from Shabbona, Ill.



A couple of visitors stopped to pose for a photo (l-r): Vivian Kitchkumme and Bernadette Kitchkumme. They were impressed with the new clinic.



Working Together for Balance: two day conference in northeast Kansas for American Indians/Alaska Natives with diabetes and their families

WORKING TOGETHER FOR BALANCE

Two Day Conference in
Northeast Kansas for
American Indians/Alaska Natives
with Diabetes and Their Families

Friday and Saturday
October 27 & 28, 2006
at
Harrah's Prairie Band Casino
and Convention Center



A Cooperative Effort of
Haskell Health Center
Iowa Tribe of Kansas and Nebraska
Kickapoo Tribe of Kansas
Prairie Band Potawatomi Nation
Sac and Fox Tribe of Missouri

Conference Goals

The tribes of Northeast Kansas have worked together to bring you an excellent array of presentations that are sure to aid you in your day to day management of your diabetes. We encourage you to sign up a support person or family member to join you for this special event.

At this conference we hope you will:

Learn how the CDC and Indian Country are "working together" to address the epidemic of Diabetes - Captain Snedrud from the CDC

Learn how to "balance food in delicious meals with the world renowned Diabetic Chef - Chris Smith

Learn from Julia Ross, author of "The Diet Cure," how excess carbohydrates can throw off your chemical "balance" and lead to addiction.

Keep your body in "balance" by preventing amputations - Dr. Ung

Reclaim traditional lifestyles to renew health of mind, body and spirit - Devon Mihehuah and William Lyon

Try some fun ways to move your body and balance your metabolism using "Rez Robics"

Learn how historical grief and trauma affects your health today and how the Cherokees have started their healing process

Schedule & Events

Friday, October 27, 2006

1:00PM Welcome
Tracy Stanhoff - Prairie Band Potawatomi Chairperson
Invocation
Gary Mitchell - Prairie Band Potawatomi

1:30PM Keynote--CDCPartnerships with American Indian/Alaska Native Tribes and Communities
- Captain Pelagie (Mike) Snedrud

2:30-3:15PM Carbohydrate addiction and Diabetes
- Julia Ross

3:15-3:30PM Break

3:30-4:30PM Workshops

5:30PM Dinner (Provided)

7:00PM The Gift of Diabetes - Movie

Saturday, October 28, 2006

7:00AM Pre breakfast walk--Roy Spoonhunter

8:00AM Breakfast (Provided)

8:30AM Blessing

8:35-9:15AM Recovering Our Health Through Traditional Eating - Devon Mihehuah

9:15-10:00AM Diabetes among Indians as a form of Social Illness
- Sudah Yehuda Kovesh Shaheb, MD

10:00-10:15AM Break

10:15-11:55AM Workshops

12:00-1:00PM Lunch (Provided)

1:00-1:45PM Use of Traditional Medicine Powers
- William S. Lyon, Ph.D

1:45-2:30PM The Diabetic Chef - Chris Smith

2:30-2:45PM Break

2:45-3:45PM Workshops

4:00-4:30PM (Closing Session)

WORKSHOPS:

Friday, October 27, 2006

Track A

3:30-3:55 Sick Day Management - Gary Graf, ARNP
4:05-4:30 Management of Diabetic Foot Complications
Preventing Amputations - Kham Vay Ung, DPM

Track B

3:30-3:55 Management of Diabetic Foot Complications
Preventing Amputations - Kham Vay Ung, DPM
4:05-4:30 New Treatments to Help You Get In Balance - Richard S. Fairchild MD

Track C

3:30-4:30 Carbohydrate Addiction - Julia Ross

Saturday, October 28, 2006, AM

MORNING

Track A

10:15-11:00 Strategies for Nourishing Our Children
- Devon Mihehuah
11:10-11:55 How to Start a Garden
- Devon Mihehuah

Track B

10:15-11:55 Rez Robics for Couch Potato Skins
"Let's shake it all up" - wear loose fitting clothes
- Pam Belgarde

Track C

10:15-11:55 Prevention of Obesity and Diabetes
Symbolic Healing among Indians with Diabetes
- Sudah Yehuda Kovesh Shaheb, MD

AFTERNOON

Track A (Family Members of People with Diabetes)

2:45-3:10 Healing the Past the Cherokee Way
- DVD

3:20-3:45 The Changing Body of the Person with Diabetes - Cheryl Yingst, RN, CDE

Track B (Attendees with Diabetes)

2:45-3:10 The Changing Body of the Person with Diabetes - Cheryl Yingst, RN, CDE

3:20-3:45 The ABC's of Diabetes
- DeeAnn DeRoin, MD

For questions, please call Sebe toll free at
866-694-6728

REGISTRATION FORM

Please fill out
and
return no later
than Oct. 23

Working Together for Balance

Name _____

Daytime phone _____

Email _____

Street _____

City _____

State-Zip _____

Mail one registration form per person

T-shirts (Circle one size)

MED LG XL XXL

Workshops:

Please mark one track for each workshop

Friday, October 27, 2006

Time 3:30-4:30 PM

___ Track A

___ Track B

___ Track C

Saturday, October 28, 2006

Time 10:15-11:55 AM

___ Track A

___ Track B

___ Track C

Time 2:45-3:45 PM

___ Track A

___ Track B

tear off & mail or deliver to:

Sebe Masquat, RN
Prairie Band Potawatomi Health Center
P.O.Box 249
11400 158 Road
Mayetta, KS.66509-0249

Registration Fee: None
(Limited space available)

We gratefully acknowledge support of this
conference from The Association of American
Indian Affairs.

Selected facts about diseases affecting elderly Americans: furnished by Washburn University School of Nursing students

Source PhRMA, 2004 (www.phrma.org)

Older Americans have at least one chronic condition and many have multiple conditions. Among the most frequently occurring are high blood pressure (49.2%), arthritis (36.1%), heart disease (31.1%), cancer (20%), sinusitis (15.1%), and diabetes (15%).

The Top 10 leading causes of death in older Americans are:

- heart disease
- cancer
- stroke
- chronic lower
- Influenza & Pneumonia
- Alzheimer's disease
- diabetes
- nephritis
- accidents
- septicemia

Facts about high blood pressure and heart disease in older Americans:

High blood pressure can be defined as a systolic blood pressure (the top number in the standard reading) greater than 139 mm/hg and a diastolic reading (the bottom number) greater than 89 mm/hg.

People who have blood pressure readings ranging from 120-139 over 80-89 are said to have pre-hypertension. This means that without some "lifestyle changes" they are certain to develop actual high blood pressure. These lifestyle changes should include decreasing stress, reducing salt intake and increasing exercise.

One-third of the adult U.S. population or about 50 million people have high blood pressure. Seventy percent (70%) of these people are over age 65 years of age.

More men than women develop high blood pressure before age 55. However, between the ages of 55-64 the risk for women increase and continue to be a risk until death.

Cardiovascular disease (heart disease) continues to be the number one threat to the health of older Americans.

Heart disease claims more lives each year than cancer, respiratory disease, accidents, diabetes and influenza combined.

Arrhythmias (irregular heart beats) are noted in more than 2 million over the age of 60. The most common arrhythmia is called atrial fibrillation. Atrial fibrillation greatly increases the risk for stroke.

Heart attacks (myocardial infarction) cause more than 1 of every 5 deaths in 2001. The average age of a person having a heart attack is 65.8 years for men and 70.4 for women.

Facts about diabetes in older Americans:

Diabetes is considered a group of diseases that affect the way your body uses blood sugar (glucose). This sugar is important, as it is what your body uses as a source of energy. Insulin is the hormone that helps to move the sugar out of the blood and into cells where it can be converted into energy. There is no cure for diabetes. The risk for diabetes increase with age.

There are 2 types of diabetes:

Type 1:

- the body does not produce insulin
- occurs at any age
- sudden onset
- Treatment is insulin

Symptoms:

- increased thirst
- increased urine output
- increased hunger and tiredness.

Type 2:

- the body produces some insulin
- usually over age 35 years
- slow gradual onset
- treatment is medication by mouth

Symptoms:

- may be none

Some factors that influence your blood sugar:
Food, exercise, illness, and some medications.

Food: Your blood sugar is highest 1-2 hours after a meal. You should never skip a meal.

Exercise: Physical activity actually decreases your blood sugar. Walking, jogging and bicycling are especially good at reducing your blood sugar but regular activities such as housework, gardening and dancing also work well and can be enjoyable.

Illness: The stress of any illness, even a common cold can cause an increase in your blood sugar. If you are diabetic you should inform your doctor of your other illnesses.

Medication: Insulin and oral diabetic medications work to lower your blood sugar. However, some medications used for high blood pressure or high cholesterol can actually increase your blood sugar.

The key to diabetes is monitoring and controlling your blood sugar.

Complications from diabetes:

- blindness
- nerve damage
- poor circulation
- slow healing wounds
- increased susceptibility to other infections

Washburn University (WU) School of Nursing Mobile Health Clinic: Bringing health to you



WU Nursing students visited the Firekeepers Elder Center on Thursday, Sept. 14 from 10:00 a.m. until 2:00 p.m. The student nurses provided blood pressure and diabetes screening.



One of the childcare teachers had her blood pressure taken. Sandi Jim, left, smiled as Sarah May, Washburn University nursing student took her blood pressure.



After watching her teacher get her blood pressure taken, Sha-no-kwe Price, left, also got into the act as she let nursing student Sarah Hawthorne take her blood pressure. Sha-no-kwe seemed to be having fun as she posed for the photo.



E. Coli Infection

Reprinted for educational purposes from *familydoctor.org*

What is E. coli?

E. coli is short for *Escherichia coli* -- a germ that causes severe cramps and diarrhea. *E. coli* is a leading cause of bloody diarrhea. The symptoms are worse in children and older people, and especially in people who have another illness. *E. coli* infection is more common during the summer months and in northern states.

How can I catch E. coli infection?

You can catch *E. coli* infection by doing one of the following:

- Eating undercooked ground beef (the inside is pink)
- Drinking contaminated (impure) water
- Drinking unpasteurized (raw) milk
- Working with cattle

Healthy beef and dairy cattle may carry the *E. coli* germ in their intestines. The meat can get contaminated with the germ during the slaughtering process. When beef is ground up, the *E. coli* germs get mixed throughout the meat.

The most common way to get this infection is by eating undercooked hamburgers. You can be infected with the *E. coli* germ if you don't use a high temperature to cook your beef, or if you don't cook it long enough. When you eat undercooked beef, the germs go into your stomach and intestines.

The germ can also be passed from person to person in day care centers and nursing homes. If you have this infection and don't wash your hands well with soap after going to the bathroom, you can give the germ to other people when you touch things, especially food.

People who are infected with *E. coli* are very contagious. Children shouldn't go to a day care center until they have two negative stool cultures (proof that the infection is gone). Older people in nursing homes should stay in bed until two stool cultures are negative.

What are the symptoms of E. coli infection?

Symptoms start about seven days after you are infected with the germ. The first sign is severe abdominal cramps that start suddenly. After a

few hours, watery diarrhea starts. The diarrhea causes your body to lose fluids and electrolytes (dehydration). This makes you feel sick and tired. The watery diarrhea lasts for about a day. Then the diarrhea changes to bright red bloody stools. The infection makes sores in your intestines, so the stools become bloody. Bloody diarrhea lasts for two to five days. You might have ten or more bowel movements a day. Some people say their stools are "all blood and no stool."

You may have a mild fever or no fever. You may also have nausea or vomiting. If you have any of these symptoms -- watery, bloody diarrhea, cramps, fever, nausea or vomiting -- try to get to your doctor right away.

Are there any complications from E. coli infection?

The most common complication is called hemolytic uremic syndrome. People with this problem get hemolytic anemia (which is a low red blood cell count), thrombocytopenia (which is a low platelet count) and renal failure (which is kidney damage).

Hemolytic uremic syndrome is more common in children. It can cause acute renal failure in children. This problem starts about five to ten days after the diarrhea starts. People with this problem must go to a hospital for medical care.

How is E. coli infection diagnosed?

The diagnosis is made by finding *E. coli* in a stool culture. If you have bloody diarrhea, see your doctor as soon as possible. Your doctor will do a culture to find out if you have *E. coli* in your intestines. The culture has to be taken in the first 48-hours after the bloody diarrhea starts.

How is the infection treated?

There is no special treatment, except drinking a lot of water and watching for complications. Don't take medicine to stop diarrhea unless your doctor tells you to. This medicine would keep your intestines from getting rid of the *E. coli* germ. If you are seriously dehydrated, you might need to go to the hospital to have fluids put into your veins with an IV.

How can I keep from getting E. coli infection?

You can help prevent this infection by handling and cooking meat in a safe way. For your protection, follow these rules:

Wash your hands carefully with soap before you start cooking.

- Cook ground beef until you see no pink anywhere.
- Don't taste small bites of raw ground beef while you're cooking.
- Don't put cooked hamburgers on a plate that had raw ground beef on it before.
- Cook all hamburgers to at least 155°F. A meat thermometer can help you test your hamburgers.
- Defrost meats in the refrigerator or the microwave. Don't let meat sit on the counter to defrost.
- Keep raw meat and poultry separate from other foods. Use hot water and soap to wash cutting boards and dishes if raw meat and poultry have touched them.
- Don't drink raw milk.
- Keep food refrigerated or frozen.
- Keep hot food hot and cold food cold.
- Refrigerate leftovers right away or throw them away.
- People with diarrhea should wash their hands carefully and often, using hot water and soap, and washing for at least 30 seconds. People who work in day care centers and homes for the elderly should wash their hands often, too.
- In restaurants, always order hamburgers that are cooked well done so that no pink shows.

Reviewed/updated: 9/05

Created: 5/99

This handout provides a general overview on this topic and may not apply to everyone. To find out if this handout applies to you and to get more information on this subject, talk to your family doctor.

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Indian Child Welfare Training Institute

October 23—25, 2006
Portland, Oregon

To register,
Please contact:

Isla Dane
National Indian Child Welfare Association
5100 SW Macadam Avenue
Suite 300
Portland, OR 97239

(503) 222-4044, ext. 144
E-mail: isla@nicwa.org

www.nicwa.org/services

\$50 early bird discount
call for details

Workshops (choose one):

- **ICWA, advanced**
This workshop is designed for high-level leaders, managers, and program directors from both tribal and state/county agencies.
- **Meth in tribal child welfare**
This topical training introduces the worker to the basic concepts and services related to providing services in the home, assisting alcoholic and or meth abusing families, and creating a grassroots campaign to combat this insidious outbreak.
- **Reconciliation in child welfare**
This is a working session devoted to examining how the principles of the reconciliation movement in child welfare can be applied to improving outcomes for tribal children in the United States and Canada.

save the date!



**Third Annual
AMERICAN INDIAN SYMPOSIUM:
Continuing Our Journey**
November 8, 2006, Wednesday
8:00 am – 5:00 pm
Pierson Auditorium – University Center
University of Missouri-Kansas City
Kansas City, Missouri

Keynote Presenters:

Suzan Shown Harjo (Cheyenne & Hodulgee Muscogee)—poet, writer, lecturer, curator, and policy advocate, who helped Native Peoples recover more than one million acres of land and numerous sacred places, and helped develop the Federal Indian Law since 1975

Mary Daniel (Cheyenne/Onida)—attorney-at-law with Kutak Rock LLP in Kansas City, Missouri, expert on Indian Law and the Indian Child Welfare Act

SYMPOSIUM TOPICS

- Health: cancer, diabetes, heart disease
- Education
- Employment
- Housing
- Substance Abuse Treatment
- Substance Abuse Prevention
- Women's Health
- Child Welfare
- Generational Grief
- Indian Law
- Broken Treaties
- Cultural Respect

Purpose: An American Indian Symposium providing an opportunity for public health and state and local officials to learn about delivering health and social services to the urban American Indian Community in culturally appropriate and respectful ways. Success stories and best practices will be shared with the goal of developing strategies for providing better service and increased collaboration among agencies.

AUDIENCE:
Health, mental health, and social service providers
State and local officials and policymakers
American Indians

For more information
Contact the Kansas City American Indian Council at:
• (816) 471-4898 or (800) 546-4898
• aicvicky@kc.rr.com

PENDING:
• Missouri Substance Abuse Counselors' Certification Board hours
• NAADAC contact hours
• University of Missouri-Kansas City continuing education units (C.E.U.s)
• Nursing C.E.U.s

Registration Deadline: October 27, 2005

Participant Information

Name _____
Name of Agency/Employer (if applicable) _____
Address _____
City _____ State _____ Zipcode _____
Phone _____ E-mail _____

C.E.U.s and Contact Hours

☐ I want C.E.U.s and/or contact hours and will bring the \$25.00 payment to the Symposium (otherwise, free).

Payment (for C.E.U.s and contact hours only)

- Cash, checks or money orders for C.E.U.s and contact hours will be accepted at the Symposium only.
- Make payable to the American Indian Council.
- Do not send payment with this registration form.

Special Dietary Needs

☐ I would like a vegetarian lunch.

Mail or fax this form to:

American Indian Council
310 Armour Road
North Kansas City, MO 64116
Fax: 816.471.8543



Recipe Corner

By Mary Young

Bosho. Welcome to *Recipe Corner*! Be sure to check your produce department, fall veggies are still around. Remember, if you have any favorite recipes, please send them to *Recipe Corner*, PBP News, P. O. Box. 116, Mayetta, KS 66509. *Recipe Corner* is searching for healthy recipes for the upcoming diabetes conference in October. We would like to be able to publish your recipes in *Recipe Corner*. Me Gwetch!

Fried Okra

Submitted by Alfreda Young, courtesy of Milwaukee Public Library

1 lb. okra, preferably 1-2 in. long
2 eggs
1/2 c. milk
1 tsp. salt
Vegetable oil
1 c. crushed cracker crumbs
Salt and freshly ground pepper

Wash and dry okra; remove stems. Beat eggs, milk, and salt. Heat 1 in. of oil in saucepan. Dip okra into egg mixture, then crumbs, coating thoroughly. Fry in the hot oil until crisp, lightly browned, and just tender. Drain on paper towels. Serve sprinkled with salt and pepper.

Oriental Eggplant Salad

Submitted by Alfreda Young, courtesy of Milwaukee Public Library

1 lb. eggplant
Salt
1/3 c. oil
1 tsp. minced ginger
2 tsp. minced garlic
1 tbsp. white vinegar
2 tbsp. soy sauce
1 tbsp. sesame oil
1 tsp. sesame seeds
2 chopped scallions
1/4 tsp. hot pepper flakes

Peel and cut eggplant into 1 in. cubes. Salt, let drain for 30 minutes, pat dry.

Saute in oil until lightly browned and tender. Place in colander to remove excess oil.

Mash together ginger, garlic, 1/2 tsp. salt. Combine with remaining ingredients and toss with eggplant. Marinate for two hours before serving and serve chilled.

Outrageous Rhubarb Coffee Cake

Submitted by Alfreda Young, courtesy of Milwaukee Public Library

1 c. buttermilk
1/4 c. melted butter
1 egg
1 tsp. vanilla
3 c. chopped rhubarb
2 3/4 c. flour
1 c. sugar
1 tsp. baking soda
1/2 tsp. salt
1 c. brown sugar
1/2 c. chopped nuts

Topping:
1/2 c. butter
1/2 c. light cream
1 c. sugar
1 tsp. vanilla

Heat oven to 350 degrees. Grease a 9 x 13-in. pan. Mix buttermilk, butter, egg, vanilla; stir in rhubarb. In separate bowl, mix next four ingredients. Stir wet ingredients into dry until just combined. Spread batter in pan; sprinkle with brown sugar and nuts. Bake 45-55 minutes.

Heat topping ingredients in saucepan. When cake is done, poke holes over surface with skewer. Drizzle warm sauce over cake.

Belle's Cake

Submitted by Donna Brown

1 Duncan Hines Deluxe yellow cake mix
4 eggs
1 cup oil
1 small box French vanilla pudding (instant and dry)

Beat with mixer and pour in 9 x 13 in. pan and bake as directed on box. When cake is baked, punch holes with a toothpick in warm cake. Pour one can of Eagle Brand condensed milk over warm cake. When the cake is completely cooled, spread Cool Whip over the top and sprinkle with coconut. Refrigerate.



Community Notices

Notice from Housing:



Prairie Ridge
Manufactured Home
available for
lease/purchase program.

Call Housing Dept.
(785) 966-2756
or toll free: (866) 966-2756
Fax: (785) 966-2864



Tribal families
helping tribal
families

Become a foster parent!

PBPN Social Services
and Child Welfare Services is looking for
short-term and long-term foster parents.
Please contact Dawn Masqua in PBPN's
Social Services Dept. at (888)966-2923 or
email dawnm@pbpnation.org

Congratulations to

Tsianina Whitetree
3rd place in the 2 mile
at the Topeka West Cross
Country Manhattan
Invitational

We're proud of you!
Love, mom, Roman,
Matthias, Roman (Boo),
Linda & Chris



Mayetta Pioneer Day
14th Annual Celebration
October 6 & 7

Kickoff supper and dance
Friday, October 6
6:00 p.m. barbeque supper
7:00 p.m. dance to "Highway 75" band
Both events to be held at the Mayetta Catholic Church Hall

Celebration Day
Saturday, October 7
9:00 a.m. to 7:00 p.m. -14th Annual Celebration
on Main Street

2006 Senior Queen:
Sarah Patterson, tribal member



Sponsored by Mayetta Pioneer Day Committee

Send your community notices to the News



Deadline:
15th of
every
month

Haskell Alumni Association of Oklahoma invites you to
the Haskell Alumni Reunion
October 27-29, 2006

Biltmore Hotel
Oklahoma City, OK
Call Leon Yahola, (918) 616-3757

Harrah's Prairie Band Casino Continues Their Spotlight Series With Another Country Weekend in October

Submitted by: Harrah's Prairie Band Casino

Mayetta, KS (September 21, 2006) - With the success
of the recent Summer Spotlight Series at Harrah's Prairie
Band Casino, the decision has been made keep the music
and the excitement going! Another country weekend has
been planned for the Great Lakes Ballroom and will fea-
ture performances by country music favorites Blackhawk
and Mark Wills.

The powerhouse vocal trio, Blackhawk, will kick off the
weekend with top 40 hits like "Every Once In A While",
"I'm Not Strong Enough to Say No" and "Goodbye Says
It All". Blackhawk will perform two shows on Friday,
October 13th at 7pm and 10pm.

On Saturday, October 14th, another country headliner,
Mark Wills will hit the stage for two shows at 7pm and
10pm. Mark will entertain the audience with his recent
number 1 hit, "19 Something", one of his latest releases
"And The Crowd Goes Wild" and other fan favorites.

All shows will be held in the Great Lakes Ballroom at
Harrah's Prairie Band Casino which is located just 15
minutes north of Topeka off Highway 75. Both artists

will perform two shows with the early show beginning at
7pm and the late show beginning at 10pm. Doors will
open one half hour in advance for general admission seat-
ing.

Tickets are available for all shows and can be purchased
for just \$20 at the Buffalo Grill at Harrah's Prairie Band
Casino or on-line at www.ticketweb.com.

Harrah's Prairie Band Casino is located just 15 minutes
north of Topeka off Highway 75 and offers Las Vegas
style gaming and excitement in the Heartland. The casi-
no has over 1,100 slots, including penny and nickel
machines and a large selection of table games such as
Blackjack, Craps and Roulette as well as daily poker
tournaments. The 12,000 sq. ft. Convention Center and
meeting spaces are equipped with full catering and ban-
quet service. Dining options include special themed
night dinner buffets in the Fresh Market Square Buffet,
delicious steak selections in the Three Fires Steakhouse
and Bar and the Buffalo Grill which is open 24 hours a
day and features traditional grill items such as hamburg-
ers and fries as well as specialty items like panini sand-
wiches and buffalo burgers. For more information about
Harrah's Prairie Band Casino, visit www.harrahs.com.

We regret that no Elder Center menu was submitted to the News this month.
For information contact (785) 966-0053

Ttiwenmo eginigyèn (Happy day you were born)

Happy Birthday!



Tara (P&J), 18, Sept. 27
and
Pat-Ko-Shuk, 6, Sept. 6

Da-Bon-In,
Mom, Auntie, Kek, Misho
& Grandma



Wishing you a Happy
Birthday on
October 1
Maureen Throssell
Love ya,
Brenda, Brandon & Joey



Happy Birthday
on
October 3
Kevin Throssell
Love ya,
Brenda, Brandon & Joey



Happy 7th Birthday to my
little man
Joey LaClair
I love you with all my heart, son!
Love, mom & Brandon



Happy Birthday
to
my Auntie
(Amber Tecumseh)

From: Mikel
Kitchkommie
& family



Happy Birthday, Rosemary Cartner
on Sept. 7
From, mom and brothers

Ganiñtèk

(Those who are born)



Welcome

Monte Nevaeh Harris

Born: June 1, 2006, Stormont Vail, Topeka, Kan.
Weight: 7 lbs. 7 oz.
Length: 20 1/2 in.

Parents: Anissa Jessepe & Micheal Harris, Kansas City, KS

Grandparents: Carol Jessepe-Nanaeto Randall Nanaeto Sr.

Great Grandparents: Mary Jo Magnauck Jessepe

Jackson family thank you message



On behalf of Yolanda Solis and the Jackson
family we would like to thank the basketball team
who donated monies to help for Yolanda's cancer
expenses. Yolanda especially liked the medal the
girls gave to her and she cherishes it. This group
of girls are learning more than just good sports-
manship. They are learning how to be very
thoughtful and kind young women. Once again
thank you for your generosity and prayers.
Congratulations to a great team who was runner up
in the Native American Indigenous Games (NAIG)
for women's 20 and up basketball.



Congratulations
to
Megan Marie Hale
for making the
Topeka Youth Flute Choir

She is in the 8th grade at Holton Middle School and has been
playing the flute since she was in the 5th grade. She also
plays the piccolo and Indian flute.

Parents: Martin & Donna Hale
Grandparents: Lawrence E. Hale and the late Barbara
Marie (Marshno) Hale, Buna Taylor,
The late Wayne Jimboy



Send your special
messages, family
news, and other
celebrations to share
to the Potawatomi
News



Santa Claus (an old Indian legend): continues

Written by Loyal Shegonee

Permission granted to reprint in the PBP News

Now on this particular visit, Santeh' parked his sled and hobbled the elk a safe distance from the village. Miraculously, he wasn't seen as he zigzagged his way through the village to the lodge of his only one true friend, Archibald. Old blind Archie and Santeh' shook hands and embraced, patting each other vigorously on the back...Santeh' glanced cautiously about then they scurried inside...they sat down, cracked open a fresh carton of smokes and fired up a Marlboro...they proceeded to shoot the breeze far into the night...they snacked on fry bread and fresh strawberries and washed it all down with Kool-Aid...old Archie started hinting that he was getting very tired and needed some rest and that he had a steady ticket out of, "Ready Braves," and had to try to work the next day so they decided to end their short little visit...old Archie dreaded being caught with such a notorious outcast in his home, even if it was his old buddy from way back, so they parted company quickly and quietly...Santeh' hid a couple packs of Archie's Marlboro's under his hat, bid his old friend, adios, then scurried back out of the village...He roused his team of elk, climbed aboard his loaded down sled and yelled out... "On Dasher, on Dancer, on Prancer, and Vixen...on Gingrich, on Bush, on Reagan and Nixon!" And he was off, dozing on his long journey home...it was just after this particular visit that the legend was born...

As the legend is told, old Santeh' arrived home very, very tired and sleepy...he didn't bother to unload his huge stash of goods but left them tied to the sled...he did manage however, to unhitch the team of elk and herd them into the corral with some hay and fresh straw. Santeh' was totally unaware of the loud increasing rumble in the distance or of the snow falling faster and heavier all around his yard...the wind had gotten much colder and had picked up considerably...Santeh' was so full of fry bread and strawberries and Kool-Aid that his only thought was to snuggle beneath the buckskin blankets and get some badly needed sleep...Santeh' felt so contented, peaceful and very, very tired...he felt he could sleep for a month...as he drifted off, he was totally oblivious to the howling wind, the braying and stomping of the restless elk, the crying and scratching of the caged pets and his rattling lean-to...suddenly, there was a loud crash as the windows were blown in! Old Santeh' woke with a start! All heck had broken loose!

Santeh' rushed outside just as his lean-to came crashing down...the blowing snow stung his eyes as he staggered against the gale force winds...he managed to reach the corral and free a few of the elk just before it was blown apart...his smelly, red blanket was torn from his shoulders and whipped skyward into the darkness...his hands were numb with cold...his fingers felt like lead as he tried desperately to hitch his team...his only thought was to reach the safety of one of the satellite villages...the frozen ice in his nostrils made breathing difficult...he managed to avoid the flying debris as he struggled to release some of the larger pets from their cages...his entire body and every muscle burned and ached with the strain...he no longer could hear anything for his cute, adorable little ears were packed with ice...everything in his camp was in shambles...he cried out, "Why me?" A deep, powerful, prophetic voice rumbled back, "why not!" He no longer could open his eyes because they were frozen in the closed position...the intensity and the noise of the storm grew greater and stronger and louder!

He barely managed to strap himself onto the sled as an ominous, powerful, malevolent wind picked up the sled, old Santeh' Claws, the few remaining elk and his load of precious goods and carried them all off in the general direction of the main village...Santeh' cried out to his fuzzy, little pet beaver, "Toto, we're not in Kansas no more!"

Meanwhile, in the main village, the people woke and wondered what the heck was going on...they had rushed outside when their lodges had begun to rattle and shake...the wind howled in intensity and the noise grew louder and louder...the dogs, especially the little bitny ones of the bunch, howled in fright and most of the livestock broke loose and raced madly about, stomping and smashing everything in their paths...approaching from the distance was an ever building roar...instant fear struck the people and they rushed for shelter... Women grabbed their children and herded them all back inside their swaying lodges...the men outback tried desperately to recapture the stampeding livestock, but it was too late...suddenly the very heavens seemed to explode! The storm hit with all its fury! The sky was full of flying debris...branches, lodge poles and people's

personal belongings flew wildly about...rain, snow and hail pelted everyone still outside...lodges were torn apart and everything not tied down was sucked upward into the blackness... Old blind Archie had stuck his head outside his lodge and was pelted unmercifully with frozen, stinging strawberries...the Head Chief was knocked unconscious by a flying ring of frozen fry bread...animals and young bucks raced madly about...the noise was deafening and the village was in utter chaos...

Yet, miraculously, above the deafening roar of the storm, the screaming of the desperate women, the piercing barks of the terrified, ["shi-shi"] dogs and the shouting and cursing of the helpless men, a very distinctly human cry could be heard... the people looking up could not believe their eyes...for sailing around overhead was old Santeh' Claws, waving and crying, still strapped to his sled! All around, goods came raining down; buckskin hats, toys, beaded leggings, maple sugar candy, knives, jewelry, fry bread, trinkets of every kind, blankets, buckskin sheets and pillowcases, pets in cages, a zillion strawberries and lots and lots of lip smacking fry bread.

Santeh' circled overhead several times then disappeared out of sight...old Santeh' seemed to laugh and wave one last time and then he was gone...

Much later in the day, after the storm died down and the sun came out, things in the village began to get back to normal...the people began to fix up, to clean up and to make repairs to their severely damaged lodges. The snow had piled up several feet but that didn't hinder their work in any way...among all the debris was a lot of usable items; lots of edible foods, beautiful handcrafted jewelry, numerous toys as well as numerous tools, buckskin clothing, sheets, bedding and a sturdy, comfortable, hand built sled...all these items were passed out to the less fortunate families of the Tribe... the old elk Reagan, was found outside the village, lying on a pile of frozen dung...he'd make a good pot of soup, if anyone really cared...there was still a lot of damage and still a lot of work to be done, but the rumors and the gossip about old Santeh' Claws literally flew about the villages...the people who had gathered on the street corners spoke excitedly

about what had just taken place that morning... it was something they had never seen nor witnessed in all their lives...it all seemed so miraculous and unbelievable...Later that night around a huge campfire, the Council of Chiefs discussed what had taken place during that early morning storm...the Head Chief sat holding a cold buckskin hanky on one beauty of a shiner...the Chiefs spoke in awe of old Santeh' Claws...they spoke of how his medicine still seemed so powerful...they spoke of how he appeared so terrifying yet at the same time, so very beneficial to so many of the less fortunate of the Tribe...they spoke of how that night seemed so very strange, so very magical and awe inspiring despite all the chaos, confusion and destruction...they couldn't understand the meaning of what they had all just experienced or even if the experience had any meaning at all. However, after many debates and many discussions, it was finally agreed, that what they had witnessed was indeed a miracle...that final decision literally flew about the villages... it was debated, discussed, analyzed, scrutinized and gone over from top to bottom and from every angle, socially, tribally, personally and most importantly, it was discussed spiritually... everyone had his own ideas concerning that one magical night...everyone had questions for his chiefs, his neighbors, the tribal elders, his creator but mostly for himself, as to just how strong his own personal beliefs were...

That event was spoken of and told for many, many years...the parents told their children who in turn, passed it on to their own children as the years slowly passed and the tribal generations came and went...but from that one magical, inspiring evening on, every winter season, the story was told, again and again, to the children around warm, cozy lodge fires...the children were told how old Santeh' Claws appeared so suddenly in the sky, bringing so many good things for all the unfortunate human beings of the tribe...they were told how old Santeh' Claws brought so many gifts and treats for all the children...the faces of the children glowed with joy and love and great expectations...the children grew giddy with the knowledge that this was the season for miracles and that special magical night would soon be here...the flickering light from the lodge fires danced happily off their fry bread greased little faces...

[Santa Claus (an old Indian Legend)
To be continued in the next issue]

Opinions and Letters to the Editor

Letter to the Editor,

I was dismayed disappointed, but not too surprised at this last General Council meeting to learn that the Tribal Council was once again using their clout to override the decisions of individual departments of the Tribe.

This instance was the \$15,000 in charitable contributions given to the Sunflower Soccer League. This wouldn't seem to be a problem, except that a member of the Charitable Contributions Committee got up and stated that the Committee itself did not approve that request. In fact, they denied the request altogether, and was overridden in that decision by Council.

Tribe Council Treasurer, Ryan Dyer was recently placed on the Board of Directors for the Sunflower Soccer League. He has children in that league. During the meeting when he was placed on the Board, he was profusely thanked for the Tribe's recent \$15,000 contribution, and the \$20,000 given previously. Now they can build the bathrooms they need! Most of our kids play in Holton, and can't afford the \$400 fee for joining the Sunflower League. The contribution for our kids in the

Indigenous games was \$10,000. I would appreciate it if Mr. Dyer can give us an actual number of Native American kids in the Sunflower Soccer League.

Now I do believe that we should support our kids in their athletic endeavors. There are a lot of talented kids in our community. I would venture to name a few, but I wouldn't want to leave anyone out. Even with my limited knowledge, at least ten come immediately to mind that are exceptional in their sport. Where is their support?

People do get tired of hearing complaints, and gripes during Council meetings, but sometimes that is the only way to get any kind of checks and balances going for a Council that selectively uses the rules and regulations that are set in place. Council should be held to the highest standard of ethical behavior. Any deviation from the rules that the rest of the people have to follow should be avoided at all cost, if you are really looking out for the interests of the people as a whole.

Sincerely,
Laura A. Abeyta
August 15, 2006

A Letter to PBPB Members:

I have not been able to attend the last two General Council meetings due to my work schedule. I would like to respond to a comment made by one of our Tribal Members at these meetings regarding social workers.

These are some of the reasons I became a social worker:

1) I believe that only with education can we effect change in our world today (please see the "Four Tribes Child Protection Team Continues Education Efforts" article in this newspaper). Rollette Cadue and Josephine Thomas Cadue were my paternal grandparents and both told me as I was growing up that the only way Indian people would survive is to become educated "like the white man—learn their laws, their medicine, etc. and we will survive as a People." I don't think either of them was unwise in their belief.

2) I wished to dispel the belief that Native Americans are lazy and can't finish anything. I've completed two masters degrees and hope to complete a doctoral degree in social work or law there are so many injustices to right in either field of work. I have great respect for every Indian person that has graduated from high school, obtained his or her GED, or continued his or her college education.

3) I wished to help Indian people, but most importantly, I wish to make life better for our children—they deserve to live in safe, healthy, loving, happy environments. They can't flourish in homes where alcoholism and substance abuse occur.

4) I wish to serve as a role model for Indian children. I am an adult child of alcoholics, but that hasn't defined me as an individual. I've persevered in spite of life's challenges and they have only made me a stronger, better person. Healing & forgiveness have made my family's ties stronger than ever.

I worked with the Prairie Band of Potawatomi Nation for almost four years and during that time I didn't receive an "Employee of the Month" or "Employee of the Year" Award, but that was okay. I knew becoming a social worker wouldn't win me friends on the Reservation. One elderly woman who was a social worker on the Pine Ridge Reservation said that she was the most hated woman on the Reservation. She was glad, though, because it

meant that she was doing her job. I think about her often and realize with her measure of success—I've done a great job through the years! In the words of Winston Churchill, "If you've made enemies...good! It means you've stood for something sometime in your life!"

Those four years were well worth it at PBPSS. I was told by a school social worker that a student told her I "was the best social worker she'd ever had." It took almost five years for me to hear the one phrase that would strengthen me to continue the work I do. I worked tirelessly while at PBP Social Services, often infringing on my own family's time. I was no stranger to the comment, "You like the foster kids better than you do us because you spend more time with them!" I listened to the PBP foster kids, I was direct with them, I was up front about my expectations of them and their behavior, I was fair, and I was honest. Most importantly, they knew I truly cared about their safety and well-being. I believe that youth are our future and we need to do what we can to help them live happy, wondrous lives.

Social workers are working in Tribal social services programs, in tribal colleges or universities, in State agencies, in national organizations and we are all effecting change in one way or another. I'm proud to be one of those "ever-endearing chimokmanek-trained tribal social workers" and hope there will be more Native American social workers for years to come. We fight hard and grow tired, but only battles have been won—not the war. In the words of Carlos Castaneda, "We either make ourselves miserable, or we make ourselves strong. The amount of work is the same." I choose to be strong and try to help build a strong Nation through healthier families. Our children deserve nothing less.

Mi'gwech—Carol A. Shopteese, LMSW,
MBA—Proud PBPB Member

The Prairie Band Potawatomi News is a monthly newspaper of the Prairie Band Potawatomi Nation. Opinions expressed in this newspaper do not necessarily reflect the opinions of the Prairie Band Potawatomi News staff, the Tribal Council, Gaming Commission or the Nation.



The Surprise Mirror Theory

Submitted by Laura Abeyta aka "Chin" Harrison

Did you ever do that little double take when you seen yourself in that unexpected mirror, or reflection? After having been somewhat startled several times by an image that I knew was not in my mirror that morning, I have formed a theory about that particular phenomenon. Here it is.

After you reach a certain age, your mind begins to lie to you. (Being the wonderful magnificent machine that it is!) It actually edits what you see each morning, and automatically knocks off however many years that you want it to. Your subconscious mind, (the behind the scenes boss of your conscious mind) tells it that this is the age you want to be today,

and immediately, your mind goes about touching up, airbrushing, cutting and pasting whatever image that you want to be, and filters it through the forgiving lens of your eyeballs. And Abracadabra! There you go. So you go about your morning routine, blissfully unaware. But every now and then, you run into that unexpected mirror, and meanwhile, your subconscious mind has not had sufficient notice to let the staff (the conscious mind, the eyes, the air-brush, touch-up guys) know, and all at once, there you are, seeing what everyone else is seeing, and more than likely, doing that little double-take that we all do when we happen upon that unexpected, unedited, unfiltered image of us as we might look to other people. Fortunately, Old Unconscious gets busy during the night and gets the staff back in line, and in the morning they are all back on the job, and voila, there you are!

So, a word to the wise—the next time that surprise mirror pops up, don't look Ethel!



Kamboŋtēk (Those who died)

Cecil E. Hale

Cecil E. Hale, Nō-Nope, 68, Topeka, died Aug. 15, 2006, at a Topeka hospital. He was born Feb. 23, 1938, on the Prairie Band Potawatomi Reservation west of Mayetta, the son of William and Blanche Wahgo Hale. He graduated from Haskell High School in Lawrence and also received vocational training as a printer from Haskell. Mr. Hale was a U.S. Army veteran, serving in Germany in the early 1960s. He worked as a printer for Adams Business Forms in Topeka for more than 40 years. He was a member of the Prairie Band of Potawatomi Nation and the Drum Religion. He married Augustina M. Nahnogah on Dec. 18, 1970, in Lawrence. She survives. Other survivors include Bobby Leach Sr., who he and his wife raised, and Bobby Leach Jr., of the home; two brothers, Phillip M. Hale, Portland, Ore., and Joseph Hale, Mayetta; a sister, Larene Thomas, Horton; and seven nephews. He was preceded in death by his parents and a brother, Victor Hale, who died in 1968. Burial with military honors will be held Aug. 18 at the Dance Ground west of Mayetta. Burial with military honors will be held Aug. 19 in Matwe Shobney Cemetery. Mr. Hale will lie in state until 3 p.m. Aug. 18 at Chapel Oaks Funeral Home in Holton. Online condolences may be sent to chapeloaksfuneralhome.com

Courtesy of Holton Recorder 8/16/06

Ralph E. Simon Sr.

Ralph E. Simon Sr., 80, Netawaka, died Aug. 21, 2006, at a Horton hospital. He was born March 28, 1926, on the Kickapoo Reservation near Horton, the son of Richard and Maude Rhodd Simon Sr. He attended Chilocco Indian School in Oklahoma and also Horton High School. Mr. Simon served in the U.S. Air Force during World War II. He was a lifelong resident of Netawaka. He owned and operated Simon Roofing and also farmed for several years. He was a member of the Kickapoo Drum Religion, a member of the Kickapoo Tribe of Kansas and served on the Tribal Council over three decades. He was a member of the American Legion in Wetmore and American Legion Kii-Kaa-Poa-Wa-Ta-The-A Post 415 in Horton. He married Dorothy Pappan on Oct. 17, 1948, in Hiawatha. She survives. Other survivors include two sons, Ralph E. Simon Jr., Sacramento, Calif., and Daniel Simon, Horton; two daughters, Jean Simon and June Simon, both of Netawaka; 18 grandchildren; and six great-grandchildren. He was preceded in death by a son, David Simon, in 1970. Drum services will be held at 9 a.m. Aug. 25 at the Mekoskaatikani Kickapoo Community Building. Burial will follow in Kennekuk Cemetery. Visitation will be from 7 p.m. to 8 p.m. Aug. 23 at Mercer Funeral Home in Holton. A wake will be held at 6 p.m. Aug. 24 at the community building. Memorial contributions may be made to the Kickapoo Veterans Fund, sent in care of Mercer Funeral Home, P.O. Box 270, Holton, KS 66436. Online condolences may be sent to www.mercerfuneralhomes.com

Courtesy Holton recorder 8/23/06

Verna Mae Nocktonick

Verna Mae Nocktonick, 65, died Aug. 25, 2006, at her home in Mayetta. She was born Oct. 14, 1940 in Mayetta, the daughter of John and Louise Marsha Nocktonick. She attended Haskell Junior College in Lawrence. She was employed with the Department of Education for 40 years. Verna was a member of the Prairie Band Potawatomi Nation. Survivors include two brothers, Norwood Woody Nocktonick and his wife Lucy, and Donald George Nocktonick and his wife Kay both of Mayetta; two nieces, Tammy Martindale and her husband Dean of Paxico and Joelee Luscomb of Topeka. She was preceded in death by a nephew, Michael Nocktonick in May 1984. Drum services were held Wednesday evening at her home. Funeral services were at the family home place. Memorial contributions may be made to the Helping Hands Human Society in Topeka or the Florence Crittenton Services and sent to the Brennan-Mathena Funeral Home in Topeka.

Ernest Seymour

Ernest Seymour, 63, Topeka, died Sept. 1, 2006, at a Topeka care center. He was born Sept. 14, 1942, on the Potawatomi Reservation at Mayetta, the son of Ernest and Angeline Whitefish Seymour. He attended school at Pawnee, Okla., and Mayetta. Mr. Seymour was a concrete finisher. He had been disabled for many years. He was a member of the Prairie Band Potawatomi Nation. Survivors include an adopted son, Darrell Seymour; two daughters, Ella Kely, in Wisconsin, and Kendice Seymour; four brothers, John Seymour, Princeton, Texas, Peter Seymour, Walters, Okla., Robert Clements, Chicago, Ill., and Charles Seymour, Mayetta; three sisters, Joy Yoshida and Elmira McClure, both of Mayetta, and Delores Todd, Lawrence, and two grandchildren. Funeral services were held Sept. 6 at Chapel Oaks Funeral Home in Hoyt. Burial was in Shipshew Cemetery. Online condolences may be made at chapeloaksfuneralhome.com

(Courtesy of Holton Recorder 9/6/06)

Charles Jacobson

Charles Jacobson, 97, Mayetta, died Sept. 14, 2006, at a Topeka hospital. He was born Oct. 13, 1908, in Arpin, Wis., the son of Andrew and Maggie Sheppo Jacobson. Mr. Jacobson had worked for M.W. Watson Construction, J.A. Lundgren Construction and Ross Clements Construction, all in Topeka. He and his wife later owned and operated North Side Antiques in Holton for 26 years. He was a member of Potawatomi United Methodist Church west of Mayetta and was the oldest living member of the Prairie Band Potawatomi Nation in the area. He married Virginia M. Delgadillo on Dec. 29, 1937 in Sopurton, Wis. She died March 6, 2002. He also was preceded in death by four sisters, Lorraine, Virginia, Ethel and Rachel; and two brothers, John and Jessie. Survivors include a son, Charles "Chuck" Jacobson and wife Dee, Mayetta; three daughters, Carol Kern and her husband Darell and Judy Darnell and husband Eldon, all of Mayetta, and Shirley Jacobson and husband Roger Ortega, Topeka; 14 grandchildren; and 14 great-grandchildren. Funeral services were held Sept. 18 at Mercer Funeral Home in Holton. Burial was in Mayetta Cemetery. Memorial contributions may be made to Potawatomi United Methodist Church, sent in care of Mercer Funeral Home, P.O. Box 270, Holton, KS 66436. Online condolences may be sent to www.mercerfuneralhomes.com

(Courtesy of Holton Recorder 9/18/06)

Thank you

The family of Verna Mae Nocktonick would like to extend their sincere gratitude to everyone for their cards, food, phone calls, flowers, and overall help during our time of sorrow. It was greatly appreciated.

G. Dow, Kay, Tammy, and Dean

Maxine M. (Nozhackum) Ramirez

MAYETTA- Maxine M. (Nozhackum) Ramirez, 78, of Mayetta, KS died Saturday, September 16, 2006 at a Topeka hospital.

She was born April 9, 1928 in Mayetta, the daughter of Charles and Anna Cook Nozhackum. She was retired from the Prairie Band Potawatomi Child Care / Head start where she worked as a cook. Maxine was a member of the Prairie Band Potawatomi Nation and was a noted seamstress for the community. She was a member of Our Lady of the Snows Catholic Church.

Maxine is survived by 3 daughters; Linda Tecumseh and her husband, Ralph, Beatrice Ramirez and Brenda Nozhackum all of Mayetta, her son, Tim Ramirez and his wife, Jackie of Mayetta, 14 grandchildren and 7 great-grandchildren. She was preceded in death by her son, Thomas Ramirez, a grandson, 4 sisters and 4 brothers.

Mass of Christian Burial will be 10:00 a.m. Wednesday, September 20, 2006 at Our Lady of the Snows Catholic Church west of Mayetta. Burial will be in the Old Dance-ground Cemetery. A rosary will be recited at 7:00 p.m. Tuesday evening at Sister Therese Klepac Hall next to the church. She will lie in state until 3:00 p.m. Tuesday at the Mercer Funeral Home in Holton. Memorials may be given to the Maxine Ramirez Memorial Fund c/o Mercer Funeral Home, Box 270, Holton, KS 66436. Online condolences are available at www.mercerfuneralhomes.com

(Courtesy of Mercer Funeral Home 9/20/06)

James "Mr. Jim" Whitepigeon

James "Mr. Jim" Whitepigeon, 66, of Battle Creek, Mich., died Sept. 9, 2006 in ER at Battle Creek Health Systems. He was born November 30, 1939 in Grand Rapids the son of Levi and Ellen (Moore) Whitepigeon. James received his B.A. from Aquinas College in 1976 and his Masters from Western Michigan University in 1987 and had plans to go back for a P.H.D. in his field of financing. He served from 1957-60 in the U.S. Navy. James moved to the Battle Creek area in 1991 and was employed by the City of Battle Creek as the Budget Officer. On Sept. 20, 1997 James Whitepigeon married Laura J. Hicks in Las Vegas. In addition to his wife, James is survived by six daughters, Karen (Tim) Tayon of Granite City, Ill., Lorraine K. (Mike) Malone, of Portage, Leslie (James) Mattimore of Decatur, Kelly (Mohamad) Farran of Mattawan, Chris (Jason) Etheridge and Margaret (Jose) Whitepigeon both of Battle Creek, six sisters, Lorraine Bessemer, Jennie Wicker, Norma Tolsma, Ruth Carlton, Marlene Wade, and Yvonne Whitepigeon, twenty grandchildren, several nieces, nephews and special friends. Mr. Jim's real involvement in the community was his family and his pride in his full blooded Indian heritage the Potawatomi Indian Nation. He enjoyed traveling, boating, playing cards, any local lottery and Hooters. At the request of the family, friends may call at the Farley-Estes & Dowdle Funeral Home after 4:00 p.m. Wednesday. Funeral services will be held 1:00 p.m., Thursday, Sept. 14, 2006 at the Lakeview Baptist Church, with Rev. Morris Anderson officiating. Interment with Full Military Honors at Ft. Custer Nation Cemetery. Friends who wish may make memorial contribution to the St. Jude Children's Research Hospital. Personal remembrances may be made at www.farleyestesdowdle.com.

(Courtesy of Farley-Estes Dowdle Funeral Home 9/12/06)

Death will come, and always comes out of season. It is the command of the Great Spirit, and all nations and people must obey.

—Black Elk, Oglala Sioux, 1863—1950



Area Churches

By Mary Young

Baptist

Bethany Baptist Church

821 New York Ave., Holton, KS (785) 364-4379

David Noland, Youth Sunday School Teacher, preaches on months with five Sunday's.

Prairie Band Baptist Outreach

P. O. Box 206, Holton, KS 66436, Pastor Terry Paine, (785) 364-4259

Catholic

Our Lady of the Snows Parish

5971 - 166th Rd, Mayetta, KS

Mass: 8:30 am on 1st, 3rd, and 4th Sundays
2 pm on 2nd Sundays

For additional information go to tribal website home page and click on Our Lady of Snows

icon.

Methodist

Pottawatomie United Methodist

On O Rd. between 142 and 150 Rd. Mayetta, KS Rev. Howard Sudduth

Sunday: 9:45 a.m. Sunday school
10:30 a.m. Worship service

Pentecostal

Lakeview Faith Chapel

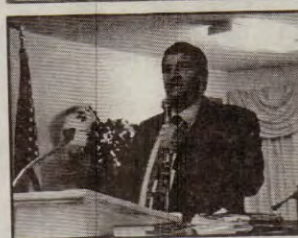
3-1/2 mi. south of Holton, KS on U.S. 75, Pastor Steve Cappleman, (785) 364-2416

Sunday: 9:30 a.m. Sunday school
10:15 a.m. Worship service
6:30 p.m. Youth group
6:30 p.m. Evening worship
Wednesday: 6:30 p.m. Bible study

Potawatomi Pentecostal Church

4-1/2 mi. west on 134 Rd. from U.S. 75, Mayetta, KS

Sunday: 10:00 a.m. Sunday school
10:45 a.m. Worship service
7:00 p.m. Evening worship



Pastor Steve Cappleman
Lakeview Faith Chapel

Hi everyone and blessings from the Lord:

September marks the 23rd anniversary of Lakeview Faith Chapel. That's right, for 23 years we have been

preaching Jesus here on the hill along 75 highway. I am grateful that I have been able to preach the gospel that Paul the Apostle preached. I believe that we certainly are living in the last days, with the coming of the Lord at the door.

What would you do if you knew that Jesus was coming in three days? We need to take stock of our lives, and examine ourselves. We need to be sure that we are living lives that are pleasing to the Lord. We need to consider our loved ones and families—those that are dear to

us.

Are those that we really care about, ready to meet the Lord? I can assure anyone, that whoever shall call upon the name of the Lord will be saved. If anyone asks God to forgive them (and they are sorry for any sins) God will do just that. God is a merciful God, and a holy God, and there is no unrighteousness with Him.

I would encourage each of you to increase your prayer time in the coming days as I believe there are some tumultuous times ahead, and in the very near future. I believe that this month (September) and October could be dangerous for people in this country. I hope I am wrong, but at any rate, it is always good that men pray everywhere.

Blessings! Pastor Steve Cappleman
Lakeview Faith Chapel