December 2003 EDITION

A Report to the People of the Prairie Band Potawatomi Nation

Joint Committee on State-Tribal Relations tours reservation

that day in Holton to discuss the issue of placing al police to become full service law enforcement

The Joint Committee on State-Tribal Relations tribal police officers, members of the PBPN took an afternoon tour of the PBPN reservation on Tribal Council and officials, and other interested December 1 after meeting with Jackson County people who were there to discuss the status of officials and other Kansas tribal leaders earlier Senate Bill 9 that is calling for the ability of trib-

bill, Sen. Lana Oleen, Joint Committee chair, potential loss of commercial development revconcluded that the bill may need to be redrafted to enues along the Highway 75 corridor adjacent to include the most recent information and to clarify the reservation that was being purchased by the

At the morning meeting regarding the land in trust Brad Hamilton who said that if all the property on issue, there were a variety of interests coming from the tribes, the counties and the states.

The central theme voiced by tribal members and representatives was that putting land into trust is a method of recovering land lost in the nineteenth century to the U.S. government that was original-

ly theirs. For example, Conklin, Emily Kickapoo, said that in 1854 the Kickapoo tribe owned more than 1 million acres but owns only today 19,000 acres. Similarly, David Prager, PBPN tribal attorney, said tribes should have jurisdiction over their reservation land and that the PBPN view sovereignty as a way to restore their land; to taken from them.

tax revenue.

Visting together at the Elder Center were Ron Hein, PBPN give back what was lobbyist, left, Sen. Oleen, and Councilperson, Jim Potter.

Jackson County Commissioners had varying views regarding the land into trust issue. They said that in one regard since the PBPN was giving back generously to the county in the form of road maintenance, economic development, and charitable contributions that the loss of revenue due to land being placed into trust was not that great. However, they were concerned about the

was the lack of formality and communication between the state, counties and the tribes during land-in-trust application processes.

tribe. Another example of potential lost revenue

due to trust land was offered by Commissioner

the PBPN reservation that is not presently in trust

land was eventually converted to trust land that

the county would lose around \$43,000 a year in

Steve Alexander, of the Attorney General's

Office, in

speaking for

the state, said

that there was

inherent ten-

sion between

counties over

placing land in

trust because

it takes land

that can't be

taxed away

from the state

and counties.

He said that a

major problem

the

states

tribes,

and

In conclusion, Sen. Oleen suggested that all three groups needed to communicate more with each other on land in trust issues and that working together more efficiently should be one of the goals of the Joint Committee in coming sessions.

PBPN police officer Sam Grant is seen here showing members of the Joint Committee on State-Tribal Relations the police department which was the first stop of their reservation tour.

land into trust.

They began their tour at the PBPN Tribal Police Department and then traveled to some of the lation on cross deputization over the proposed PBPN properties to view where trust applications interlocal agreements that had also been discussed have been filed. They finished out the day at the between the counties and the tribes due to liabili-Elder Center where they met with other Kansas ty concerns. After the group briefly discussed the

officers. A letter written by PBPN Chief of Police Terry Scott to the Joint Committee was passed out that reinforced the need for state legis-

L &158 Rd housing development and streets named

- Prairie Ridge-new name of entire development
- Buffalo Drive-main road from east to west (Elaine Barr)
- Pheasant Run-main road that connects the three proposed single-family housing clusters (Patrick Feltman)
- Quail Court (Sharon Bosse); Rabbit Court; Coyote Court (Sydney VanZile); circular roads for each housing
- Deer Crossing-entrance road to community center south off of 158 Rd(Joe Mendez)

(names in parentheses are the employees who won the naming contest)



Centers for Medicare and Medicade Services presented a 2003 Tribal Medicare Training Workshop at Harrah's on November 24 and 25. Photo: (L-R) Natalie Myers, Health Insurance Specialist, Nancy Rios, Native American contact, and Steve Ortiz, Tribal Council Secretary. The trainers were able to answer questions like the following: When can a person apply? Does a person have to apply for Medicare? What is the person is over 70 and still working, do they have to apply for Medicare? Some elders have felt they didn't need Medicare and have not applied, can the penalty be waived? Some elders have not heard of Medicare, what will happen to them? For more Medicare information, see the Health section.



Veteran Memorial Wall dedicated elder veterans honored with Pendleton blankets



Prairie Band Potawatomi war veterans Wesley Wishkeno, second from left on the front row, and Maynard Potts to his right, were honored with Pendleton blankets on the morning of November 26 when the Veteran Memorial Wall was unvelied at Prairie People's Park. A large crowd gathered to honor the veterans and to witness the unveiling of the wall. See related photo essay on pages 6 and 7



Tribal Council meets with Jackson County Commissioners concerning land use issue

The Tribal Council and Jackson County ing involved environmental concerns like the of a Memorandum of Understanding (MOU) about land use regulations on December 8 at the Trails Cafe in Holton. The original MOU, prepared by David Prager, PBPN attorney, was given to the Commissioners earlier for their review and at this meeting revisions were suggested that will be taken back to the Tribal Council for their review and recommenda-

The MOU was created with the intent of helping to alleviate potential land use problems that could occur from Jackson County residents who are non-native if PBPN assumes jurisdiction over them on the reservation.

Another land use topic discussed at the meet-

Commissioners met to discuss a revised draft impact of the Thunder Hill Raceway and clean

Part of the MOU states that it was designed to represent good faith commitments from each of the governments in a spirit of cooperation and should not be intended as obligations if both parties are not in full agreement.

Brad Hamilton, commissioner, said that when the two groups were working together on the 911 Emergency Agreement that it didn't happen in the first couple of drafts and that this agreement would take some time as well.

The two groups will meet again on January 20 at the S&A Cafe.

Gaming Commission candidate profiles



Laura (Harrison) Abeyta

Hello. My name is Laura (Harrison) Abeyta. I am running for Gaming Commissioner and would like to visit with you and share my goals. Ten years ago, the first thing I learned from other gaming tribes was the importance of being SOV-EREIGN and that meant having a Tribal gaming commission in place, an Independent Governmental Entity apart from Tribal Council, to regulate the gaming business.

The Commission has the responsibility to recommend changes in the law, to the Council, but they cannot change the laws themselves. They do have the power and authority to see that the existing laws are adhered to, and they answer to the PBP people.

The responsibilities of our gaming commission besides licensing and background investigations include:

To provide pertinent and updated information and available services to members.
To develop common strategies and positions concerning issues affecting gaming.

Native American Casinos are a fairly new industry and can bring immense prosperity. Safeguarding that prosperity requires that our Commission work closely with Council, and any other entity involved in any tribal gaming operation. (Sec. 12-3-20. Powers of the Commission)

Having been involved in the original contract negotiations it concerns me that certain clauses of the original contract were not met. One of the Purposes of Title 12-1-8 (D) is To enhance employment opportunities for Tribal Members. The first year of our casino gaming experience operated out of the Bingo Hall and employed 2 (two) Harrah's members and the remaining workforce hired were local people. Now six years later we still do not have the ability or tribal members in positions to run the casino like our original contract called for. It only takes four years to get a college degree.

We have all enjoyed the benefits of gaming, (per capitas, education, housing, employment, health benefits, road & bridge, social service assistance, etc.). My heart swells with pride as I drive through the reservation as it grows day by day. The talented work of the people is evident everywhere. All growth by nature is hard. It has been hard at times for us. We have a long way to go, but just look what we have accomplished. As a grandmother of 17 grandchildren, I would like to do my part to see that these benefits continue for them and their grandchildren.

The current programs, have allowed me to pursue a new path of knowledge. I recently completed all necessary requirements needed to graduate as a massage therapist. This has been a fulfilling, and satisfying accomplishment because I sincerely believe that stress reduction can improve one's health and it feels good to make people feel better. Before this, I was a homemaker (25 years, with husband David), PBP Tribal Gaming Commission Chairman (4 years), a Field Engineer (electronics technician) for NCR (13 years), and a phone company employee (approximately 5 years). I enjoy my grandchildren, gardening, painting, reading, and playing pool.

We, as Native Americans have the opportunity to create a nation amongst ourselves dedicated to maintaining our heritage through education and employment. Like many tribal members I believe this can and will be achieved through hard work, dedication, communication, and sheer Indian pride. We currently employ many talented and experienced tribal members in our numerous tribal departments and I would like to see this increase along with our rapidly growing community. Many new families are currently residing in homes that would have been virtually impossible for them to attain without the teamwork, late nights, meeting headaches, and intelligent negotiations endured by the founding tribal members involved in creating our first official Tribal Gaming Commission. The children will have the opportunity to remain and grow on their Tribal lands, an opportunity denied to many of us, who, for education, employment, (boarding schools, relocation) or other reasons were not able to do so. Our ancestors would be proud that the people are able to return home.

We as a Sovereign Nation must evaluate how important that sovereignty is to us, since it is "OUR NATION", "OUR WORLD", it is "OUR RESPONSIBILITY" to elect governmental officials, who put the PBP peoples' interests before their own. **VOTE WISELY!**

My address is 7472 142nd Rd, Delia, KS 66418. If you have any questions feel free to call me at (785) 771-0103.

Thank you for your time.



Calvin Evans

- Born August 27, 1956
 Elected as a Commissioner for the Prairie Band Potawatomi Gaming Commission in 1994,
 - Resident of the Prairie Band Potawatomi Reservation for
- almost 40 years

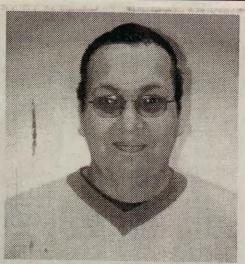
 Hobbies include fishing,
 hunting, football, baseball and
- basketballPhone: (785) 966-4057

I would appreciate your vote in this election. I won't make any promises, as sometimes they are hard to keep. I will say, however, that I will do the best job that I can.

Thank you.

Deadline to register to vote is January 5, 2004 at 4 p.m.





Scott Hopkins

Being a Prairie Band Potawatomi Member who works at Harrah's Casino as a Security Supervisor, I feel I would be a good candidate for the upcoming Gaming Commissioner's position. My name is Scott Hopkins and I am married with three children. My grandfather is Garnett Potts and my mother is Evie Hopkins. My grandmother is Lillian Kelty who still lives in Wisconsin Rapids. My sisters Paula Hopkins and Cheryl Hopkins worked for the PBP Bingo on the PBP Reservation for many years.

My background has been in gaming since I worked at Bingo when it was first started out at the gym in on the PBP Reservation. I worked in a factory for six years before I started working at the Ho-Chunk Casino in Wisconsin. I worked my way up from Maintenance to Security Guard to Shift Supervisor. I put my name in for Security at Harrah's Prairie Band Potawatomi Casino and I have been working on third shift as a Shift Supervisor for the last two years.

During this time I had a lot of training required for my position. This includes knowing each position and what they do, knowing the gaming compact, policies and procedures and keeping up on all the new information on gaming.

I enjoy working in Security, but would like to enhance further on my career in gaming and what a better way, being a Gaming Commissioner. I feel I am capable of handling this position, since I have worked on the floor with both the employ-

ees and customers and I am aware of some of the issues at the Casino.

So I am asking for your support on February 25th, 2004, and to vote for me.



Joe "Zow-Nim-Ki" Jessepe

- U.S.Army Viet Nam Veteran (Purple Heart Recipient)
- President, Delia Chapter-Native
- American Church
 10 years of sobriety
- Strong Potawatomi lineage: father:

 Leroy Jessepe, mother:

 Constance Magnauck,

 grandmother: Suzie Zownimki,

 grandfather: Grant Magnauck,
- grandmother: Madeline Tomey

 Comes from a long line of Warriors
 who served in the U.S. Armed
 Forces who Fought For Our
 Freedom to live, die and worship
 as "Nishnabek"
- If elected will continue to fight for the people and promises to uphold the Tribal Constitution, Law and Order Codes: Title 12 and the State/Tribal Gaming Compact.
- Will assure that the employment practices of the Gaming Commission are in compliance with Indian Preference laws
- Will provide reports to the voters at General Council meetings
- Will work closely with the Tribal
 Council to protect tribal gaming interests and all assets held in common by the people.

Vote for Joe!



Sylvia Moss

My name is Sylvia Moss better known as Chaz. My father is Floyd Wamego of Horton, KS. My grandmother was Florence Wamego. My mother is Mildred Whitefish (Engels) from Wabeno, WI.

I now reside on the Prairie Band Potawatomi Nation reservation. My position is the Bingo Manager for the Nation which started August 4, 2003.

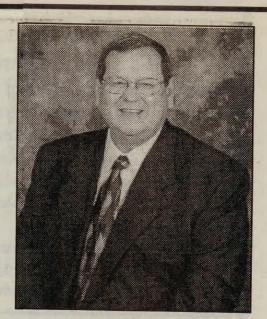
I worked for the Forest County Potawatomi's for nine and one-half years. I started as a Security Guard, Surveillance Dept, Bingo Floor Supervisor, Gaming Manager, Asst Bingo Manager and Bingo Manager.

For the past two and one-half years my job history has included being the third shift supervisor at the Potawatomi Convenience Store. I was also a Front Desk Clerk at the Indian Springs Lodge and Conference Center in Carter, WI.

If elected as a gaming commissioner my goal will be to make sure that all minimum internal control standards are in compliance along with current policies and procedures for all aspects of gaming.



Ballots will be mailed out on January 12, 2004



Vernon Mzhickteno (Noe do nee)

My name is Vernon Mzhickteno (Noe do nee) and I am a candidate for the position of gaming commissioner. I am 52 years old and although my family owns property on the reservation, I was born and raised in Topeka. I graduated from Highland Park High School in 1969.

I have two children, a son, 24, who is a computer technician for a Topeka firm and and a daughter, 19, a second year student at Emporia State.

In my employment history, I was a truck driver for Consolidated Freightways for 18 years, until they closed the Topeka terminal in September 2001. From September 2001 until the present, I have been employed in the warehouse at Harrah's Prairie Band Casino.

I'm an easygoing person. I don't smoke, drink or do drugs and the extent of my criminal record is a few speeding tickets when I was a teenager.

As gaming commissioner my goal would be to ensure that gaming in our casino is conducted fairly and honestly and that the casino is successful, thereby continuing to improve the quality of life for all members of our Prairie Band Potawatomi Nation.



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Gaming Commission candidate profiles



Tom Ogden (Op-Tuck-Uck)

My name is Thomas Ogden. My mother is Cora Louise Ogden Humm. My grandmother was Clara Tapsee. She was born and raised here on our Potawatomi reservation. Her parents were Tap-See and Meek-Tah. I was born and raised in Nebraska but always had contact with my relative here on the reservation. I have just recently moved here which was always my desire to do so.

I am pleased to inform you that I have declared my candidacy for a seat on our Gaming Commission. I would very much appreciate your support for this very important position.

My wife Louise and I have four children of our own and three adopted children. Occasionally we get swamped by our grandchildren which is a delight as we can always watch children grow.

My career with the gaming regulatory field started in 1996 when the Kickapoo Tribe first opened their Casino. I have been working at Prairie Band Gaming Commission for almost two and one-half years. While working in this business, I have learned much about the broad scope of regulatory concerns that Indian gaming faces on a daily basis. My training has been with some of the premier trainers in

this business. As a gaming inspector I have received very good training throughout the years. Some trainers have given me the honor of special recognition in leadership and holistic ideas on the role of gaming commissions.

If elected I will stay aware of newly developing cheating methods. I will see that the inspectors receive up to date training. I will also keep an open mind to new regulations and technological developments. I would work to utilize technology in the Gaming Commission regulatory process to ensure continuing integrity and superior gaming experience.

Again I thank you for your support. May our creator bless each and every one of you.

I-gwi-en.



Dolly Potts

Hello, my name is Dolly Potts and I am running for the Prairie Band Potawatomi Gaming Commission. This will be my first bid for an elected office with the Prairie Band Potawatomi Nation.

I have lived on the reservation for 23 years and reside in the 2nd cluster with my family. I have four children and one

grandson of whom I am very proud. Our lives have revolved around the reservation and we love living here.

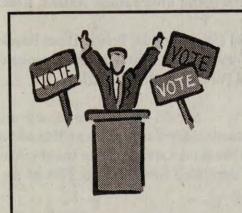
My gaming career started in bingo as a caller and a floor clerk. I started working for the bingo in 1987, watched it grow and evolve into the operation it is today. It was a lot of fun learning to call bingo, selling cards and visiting with the bingo players. The first bingo was at the gym and even though the roads were rough back then we had quite a clientele that would never miss a session. Bingo was an important part of the revenue of the tribe. Remember the Gravel Game? Moving to the new building was an exciting event for all of us.

My first year working for casino gaming was for the Prairie Band Potawatomi Tribal Casino as a Slot Supervisor. The one word that would describe that experience is BUSY. I was very instrumental in the training and hiring of our tribal members to work in the Slot Department. When Harrah's came in I helped the management with the policies and procedures of the slot operations.

Harrah's hired me as a Slot Shift Manager for the move to the facility on 150 Road. My first task was helping move the 171 machines from the tribal facility to the new casino. I was part of the team nominated as finalists for the Harrah's Chairman's Award.

I have a total of six years experience working in slot operations for our popular and prosperous casino. I have key skills in customer service, communications, and employee relations. I have computer skills and an in-depth understanding of the data system of the slot machines. I have worked with both State and Tribal Gaming Commissions. Currently, I attend Kaw Area Vo-tech in Topeka and anticipate a Legal Office Professional diploma in December. I have excellent office, clerical skills, and possess the professional conduct needed for the business environment.

I am very proud of the Prairie Band Potawatomi peoples' contribution to our success in the gaming industry. I strongly believe that it is our culture, heritage and history that contribute to our strong financial structure. I will devote my skills, education, and character to uphold the compact and ensure compliance of our gaming operations. I would appreciate your vote in the Prairie Band Potawatomi Gaming Commission election.



You
will vote
for two gaming
commissioners
and the per capita
ordinances that
are also featured
in this issue of
the PBPN News



Jona Potts-Rupnicki

Hello, my name is Jona Potts-Rupnicki I live here on the reservation and have done so for the majority of my life. The Potawatomi reservation is an important part of my life that I cherish and is where my heart lies.

My grandparents are Maynard Potts and Coralene-Keesis-Potts both are Prairie Band Potawatomi members. My father is Rev. Vernon Potts of Mayetta, Ks, and my mother is Marcia Couch-Potts of Powhattan, Ks.

I received my Associate of Arts degree through Highland Community College with an emphasis in Business. I am currently attending Friends University where I will complete my Bachelor of Science degree in Organizational Management and Leadership in the middle of March 2004.

I have worked in many areas of our Nation from the tribal Finance department to many years and areas of our Bingo operation and am currently working at PBP Early Childhood Education Center as Administrative Assistant to the director. My intentions are for the prosperity of the Potawatomi Nation and to be able to utilize my skills and education in an area that will be affective for our Nation.



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Being a team player is of great importance when dealing with the future of our Nation. My natural aggressiveness gives me the desire to follow through with organizing any given tasks. My goals are to see the Prairie Band Potawatomi Nation be successful in our endeavors. If voted as Gaming Commissioner I will enforce regulations that need to be met. Staying in compliance with the regulations is a must when dealing with our Gaming facility. After all, this is our major source of revenue, Keep in mind that everyone has to follow rules, and we can all benefit by the experiences and wisdom of others!

Thank you. I would greatly appreciate your support!

There were approximately 2,300 registered voters at the first of the month



Laveda Thomas Wahweotten

From a Jack to a King
From a Temporary to a Permanent
From Rags to Riches
From Mike Kenny to Patrick Browne
From perhaps to per-caps
What does this all mean?
It means I've been there and done that!
I played a part in Tribal Casino success!

I was raised on the Prairie Band Potawatomi and Kickapoo reservation in Kansas up until the age of 12. Like most Native Americans of my time, I was forced to attend Marty Indian School in South Dakota when I was about 6 or 7. At the age of 12 I volunteered to attend Pawnee Indian School in Pawnee, Oklahoma from 1953 to 1956. I am married and my spouse's name is Ron. We raised and edu-

cated six children named Gerald, Mark, Tina, Tony, Ray and Chuck. I live off the reservation and reside in the small town community of Hoyt, Kansas.

I have 64 years of experience and education. Nine years of that time has been in the work force as a Tribal Gaming Commissioner for the Prairie Band Potawatomi Nation. I have been asked by my daughter-in-law "Why would you want to go back to such a stressful job position as a Gaming Commissioner," and my response was, "I have been out of the loop since February, 2002 and have observed a large turnover in the Gaming Commission staff." The Gaming Commission from 1996-2002 had a loss of approximately six employees. The turnover of Gaming Commission employees in 2002 alone has more than doubled and totals 11 approximately. I see this as a great loss of revenues in training and experience. One of the main purposes of having a tribal gaming casino was to employ tribal members and Native Americans and others. I also see a need to change the work policies that not only govern the Commission staff employees, the tribal gaming inspectors but also the Gaming Commission. The position of a Gaming Commissioner is full time and there should be no outside activities allowed because it interferes with your duties as a Commissioner. There are regulatory areas of the tribal gaming commission that have gone south for the winter and have not returned.

I thank you in advance for your vote and for believing in me.



Shawnna Wabaunsee

My name is Shawnna Wabaunsee, daughter of the late Will Wabaunsee and Drusa Wabaunsee. I am running for Tribal Gaming Commissioner. I attended Haskell Indian Junior College with the emphasis in Liberal Arts and am continuing my education at Washburn University and studying to be a Legal Assistant.

The Prairie Band Potawatomi Nation is heading towards a new direction with the expansion of the Harrah's Prairie Band Casino and the ever increasing improvement to our Nation's infrastructure. Gaming revenue from the Casino has provided the Nation with the ability to begin the steps of self-governance.

We, as tribal members, must do everything possible to protect the assets of the Casino and this is being done through tight rules and regulations provided by the Gaming Commission. As a Gaming Commissioner one must be knowledgeable in the Federal, State and Tribal laws but most importantly having the courage to stand up and be heard.

I have done this in the past when I was a Gaming Commissioner. I have stood up to the National Indian Gaming Commissioner. I have stood up to the Kansas State Gaming Commission-Executive Directors and their inspectors. I have stood up to Harrah's Board Members. I have stood up to Tribal Council Members. I stood up to these people because it was the right thing to do in order to protect the Nation. Even though it was not the "politically correct" thing to do but because it was in the best interest of the Nation.

I am asking for your vote today to be your Gaming Commissioner. I f you have any questions about myself, please give me a call at (785)986-6509.



December 2003

Elections for per capita ordinance coming up on February 25: Ballots to be mailed on January 12, 2004

Exhibit A

In accordance with Article IX, Section 2, of the Constitution of the Prairie Band Potawatomi Nation, Referendum.

The Tribal Council of the Prairie Band Potawatomi Nation is asking the voters of the Nation to vote on the following two issues that would amend the Tribal Per Capita Ordinance:

> Should per capita distributions to tribal members be increased from 24% to 30% of net gaming revenue and should the allocation for tribal economic development be decreased from 43% to 37% of net gaming revenue?

> Should the number of per capita distributions to tribal members be increased from two to four times per year?

At left is a copy of the actual questions you will vote on in the upcoming election concerning the per capita ordinances

FIRST QUESTION:

Should per capita distributions to tribal members be increased from 24% to 30% of net gaming revenue and should the allocation for tribal economic development be decreased from 43% to 37% of net gaming revenue?

YES

NO

A YES VOTE, amends the Tribal Per Capita Ordinance. A NO VOTE would not amend the Per Capita Ordinance, and the allocation percentages would remain at 24% for per capita distributions and 43% for tribal economic development.

Voting yes on Question 1 would amend the Per Capita Ordinance as follows:

ARTICLE III **ALLOCATION PLAN**

Section 1. The Prairie Band of Potawatomi Indians intend to dedicate the Net Gaming Revenues to the following purposes or programs as set forth in the percentages shown in this article III.

- 30% percent of the Net Gaming Revenues shall be used to fund or supplement Tribal Government Operations and Programs.
- 24% 30% percent of the Net Gaming Revenues shall be used for Per-Capita distributions to all eligible enrolled tribal members.
- 43% gercent of the Net Gaming Revenues shall be used to fund tribal economic development, including but not limited to developing tribal business enterprises, business opportunities, goods and services that may provide employment to its members, and financial returns to the tribe and its members.
- 1% percent of the Net Gaming Revenues shall be used to donate for Tribal and or non-Tribal charitable organizations or local government organizations providing services to the Potawatomi Indians.
- 2% percent of the Net Gaming Revenues will be used to provide for the general welfare of the Tribe and its members.

Section 2. The Tribal Council shall have the authority to designate and move a percentage of funding in a category (Section 1 (a) - (e) to any other category in the fourth (4th) quarter of that fiscal year, if the funding in the category from which the money is being taken is not necessary for the stated purposes and the funding is required for the category into which the money is being transferred. Otherwise, the purposes and proportions for the expenditure of Net Gaming Revenues may be changed by a majority vote of the General Council, except as provided in Article VI herein relating to amendments required to obtain Secretarial approval of this ordinance pursuant to the (IGRA) Indian Gaming Regulatory Act. The percentage in Article III Section 1 (b) shall in no event exceed 24% 30%.

SECOND QUESTION:

Should the number of per capita distributions to tribal members be increased from two to four times per year?

YES

NO

A YES VOTE, amends the Tribal Per Capita Ordinance to make per capita payments four times year. Note that this will not increase the total dollar amount of per capita distributions during the year. A NO VOTE would not amend the Per Capita Ordinance, and the per capita distributions would remain at two times per year.

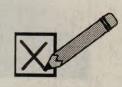
Voting yes on Question 2 would amend the Per Capita Ordinance as follows:

Article II, Sec. 1(h) Per-Capita Pay Period: means the semi-annual quarterly period of time established by the Tribal Council that is used to calculate Net-Gaming Revenues actual and projected available for the Per-Capita Payment in the period. The two semiannual four quarterly periods end on March 31st, June 30th, September 30th and December 31st of each year.

Article II, Sec. 1(r) Distribution Date/s: means those dates set by the Tribal Council for the distribution of a Per-Capita Payment. Those dates set by the Tribal Council are March 15th, June 15th, September 15th and December 15th, of each year.

Article II, Sec. 1(s) Eligibility Date: means the day a person's application is approved for Tribal Membership by the Enrollment Committee. The eligibility determination dates for distributions are February 15th, May 15th, August 15th and November 15th of each year.

Research from the Per Capita Office about the per capita questions



by: Susie Morgan

Researching the affects on tribal members of having a biyearly, quarterly, or monthly Per Capita distribution has turned up some interesting scenarios. We spoke with different agencies that offer various forms of assistance to gain insight into what sort of aid they offer, what criteria they use to determine eligibility, and whom they felt would be most affected by a change in the current disbursement schedule.

Members who use the services of the PBP Social Services program would see no changes, as they do not consider Per Capita payments as income. However, members who require state assistance would be affected. Currently, if a person qualifies for aid through the state program, he or she must reapply for assistance every six months as the payment counts as income and therefore disqualifies them for aid. They must fill out a ten-page application and go through the full process of reapplying for the aid to get back on assistance. Quarterly distributions would present a similar result for some families. though not affect those whose income is so low that they would still qualify even with the payments issued that often. Monthly distributions would only affect those whose income would exceed the state's maximum earnings limit to qualify for aid. Those persons would no longer qualify for state aid.

Veterans benefits and SSI benefits are determined differently than state assistance. The VA counts the payments as income, but divides them over the period of time between payments, and then uses that figure to determine the benefit owed to the member. The Supplemental Security Income benefit is determined by each state, and has rules of expenditure that are different from other agencies. Their formula for determining eligibility is done on a case-by-case basis, and it is therefore hard to predict what affect a

The Commodities Program and Housing Program would see similar affects. Either a person or family would remain eligible due to low-income levels even with a monthly disbursement or they would be eliminated completely from qualifying due to a higher income level. For those members who are right at the high end of the income qualification guidelines, the extra payments would disqualify them from receiving further assistance. A monthly stipend would benefit those persons who need only a minimum of aid to get by each month, though it would most likely only replace what they are currently receiving in aid and not be "extra" money at their disposal

During our research we discovered that each scenario depended on a member's personal circumstances and state in which they reside. The overview is what the research indicated would occur for most. In general, it comes down to whether or not members in need take advantage of the resources available to them, and if so, how often those resources are used. Some would benefit from a monthly payment if it would help get them off assistance, and others would see little to no change in receipt of assistance.

The only affect that can definitely be foreseen is the increased cost of producing the payments. The cost for extra staff, larger and sturdier equipment, maintenance of that equipment, postage, check stock, toner, and office supplies would markedly increase. The cost analysis shows a per distribution and yearly expense schedule, but does not show the actual cost of equipment replacement. The equipment currently used was meant for the biyearly schedule and would have to be replaced with better, sturdier equipment if payments were distributed more often. The associated cost would depend on the equipment needed for a different schedule.

POSSIBLE AFFECTS OF DISTRIBUTIONS ON TRIBAL MEMBERS

- Social Services Benefits: Includes food stamp program, cash assistance, Section 8 housing, medical card, Aid to Dependent Children, daycare assistance, utility assistance. (Does not affect PBP Social Services recipients, payments not counted as income.)
 - a. Biyearly: During month of distribution, applicant receives a lowered amount of assistance or no assistance at all and must reapply (10 page application) the following month to be put back on assistance.
 - b. Quarterly: During month of distribution, applicant receives a lowered amount of assistance or no assistance at all and must reapply (10 page application) the following month to be put back on assistance.
 - c. Monthly: Applicant either no longer qualifies for assistance due to higher monthly income, or if applicant still meets income eligibility guidelines to receive assistance, he or she will have a reduced amount of assistance and will not have to reapply after each
- 2. Veterans Affairs Benefits: Cash assistance offered to disabled veterans.
 - a. Biyearly: During month of distribution, payment is divided by six, and benefit is reduced that amount each month.
 - b. Quarterly: During month of distribution, payment is divided by three, and benefit is reduced that amount each month.
 - c. Monthly: Benefit is reduced by that amount each month.
- 3. Supplemental Security Income (SSI) Benefits: Federal income supplement program designed to help aged, blind, and disabled people who have little or no income.
 - a. Biyearly: During month of distribution, recipient receives a lowered amount of assistance or no assistance at all.
 - a. Quarterly: During month of distribution, recipient receives a lowered amount of assistance or no assistance at all. b. Monthly: Recipient may no longer qualify for assistance due to
- higher monthly income. 4. Commodities Program: Tribal food program.
 - b. Biyearly: During month of distribution, recipient receives a lowered amount
 - of assistance or no assistance at all. Quarterly: During month of distribution, recipient receives a lowered amount
 - of assistance or no assistance at all. d. Monthly: Recipient may no longer qualify for assistance due to higher monthly income.
- 5. PBP Housing Program: Assistance with down payments, moving expenses, deposits. a. Biyearly: Frequency of distribution will have no affect on applicants,
 - payments broken down over a 12 month period. b. Quarterly: Frequency of distribution will have no affect on applicants.
 - payments broken down over a 12 month period. c. Monthly: Frequency of distribution will have no affect on applicants, payments broken down over a 12 month period.
- If your household will be affected by the per capita distribution and increase issue it would be worthwhile to call Susie Morgan at 785-966-3993 or Jamie Reynolds at 3994 and talk with them regarding your situation.





Here's an update on the casino hotel and event center expansion

The \$55 million expansion to Harrah's Prairie Band Casino is progressing to the satisfaction of the development team. After a dry summer and mild fall, the project completion timeline remains on schedule with initial estimates. Grand opening is set for August 15,

"As of today, the project is on time and on budget," remarked Don Stroessner, development team leader. "The general contractor, Manning, Prosser, Wilbert (MPW), has done a good job of organizing the various components of the job," said Stroessner.



Stroessner added, "With more than 300 workers throughout the property, and the thousands of casino patrons entering and exiting the property every day, coordination has been critical."

"The hotel and new entryway are the most critical aspect of the job. Getting these areas dried-in so work can occur

Don Stroessner despite the weather outside is key. We have an aggressive timeline and I am pleased with the progress made thus far," concluded Stroessner.

Quality Control

"Making sure the project is performed with the highest quality level has been a requirement of the Tribal Council from the start," said Patrick Feltman, PBPN Construction Manager (see also "Interview with PBPN Construction Manager Patrick Feltman"). "This major expansion will move Harrah's Prairie Band Casino to more of a 'destination resort' status. Both the owners and the patrons require an extraordinary level of quality throughout the property," said Feltman.

"To ensure quality workmanship, we have hired third party consultants and engineers to perform tests on various phases of the construction process. This includes all the concrete work, structural steel, roofing, mechanical, plumbing and electrical. This will be a property that the Nation can take pride in for years to come," said Feltman. "I am confident that the Tribe is 'getting what it's paying for' and the level of workmanship is high," concluded Feltman.

Chuck Montgomery, developer project site manager, inspects the progress daily. "Chuck brings 30 years of construction experience and oversight to the job. Chuck knows what to look for and is not afraid to voice his opinion when something isn't right," said Feltman. The Development Team conducts weekly meetings to review the status of the entire project with Dennis Wilbert, MPW vice president and partner.

Casino Management Committee tribal representatives Ryan Ross and Randy Conroy also attend the weekly construction meetings. "We are concerned that the project is completed on time and under budget, but also that the existing operation is impacted as little as tion will continue to be a priority for MPW. It is a topic at our

possible," said Conroy. "I am very satisfied with the Development weekly owner's meetings," concluded Wilbert. Team's degree of coordination. With construction at nearly every corner of the casino property, the team has minimized the degree of construction disruption within the casino. Our October and November casino visitation statistics remain high," concluded Conroy.



The Expansion Development Team from left to right are Patrick Feltman, Chuck Montgomery, Dennis Wilbert and Don Stroessner

Tribal Themes

Native American and specifically Prairie Band Potawatomi themes and concepts will be displayed throughout the expansion. The Tribal Council has made selections on carpeting, wall coverings, artwork and designs that reflect the culture and heritage of the Nation. "We have had the opportunity to honor our sister Bands of the Potawatomi and remember the journey to our reservation in naming different rooms and guest suites," said Tribal Council member Jackie Mitchell. "I am confident that our tribal members will take pride in the design concepts," said Mitchell.

Tribal Contractors

"From the start of this job, we recognized that tribal participation in the construction is a priority to the owner," said Dennis Wilbert, MPW partner. "MPW has been committed to utilizing tribal firms and employees on the project. We have tribal contractors working



on the roofing, painting and pools/spas aspects of the job. Additionally, we have instructed our subcontractors to hire individual qualified tribal laborers. We conducted a job fair over the summer and were able to place a number of tribal workers with landscaping, concrete, masonry, steel, drywall and elecrical backgrounds. MPW has also hired general laborers from the pool of tribal

members who applied for work," said Wilbert. "Tribal participa-

Unions

One disappointing aspect of the expansion thus far has been the bad press by a local labor union. The advertisements in the Topeka Capitol Journal criticize the Tribe for hiring underpaid, non-union labor. Ironically, the preponderance of the contractors and laborers on the expansion project are affiliated with a union. Wage reports from the non-union subcontractors also verify that little difference exists between union and non-union payroll. Tribal ordinances generally ban union activity on the reservation, and thus far no attempts to picket have occurred.

Specific Project Components

198 Room Hotel Addition - The three story hotel addition directly north of the existing 100 room hotel is the most time sensitive element of the project. As of press time, the roof to the hotel is nearly complete. Once done, the hotel can be properly "dried-in" and work can be completed despite outside weather. The tie-in between the new hotel and the existing casino floor is scheduled next. This corridor will be the home to the new steakhouse, gift shop, hotel front desk and VIP lounge.

Event Center - The 12,000 square foot dividable event center is well underway and could potentially be available prior to August 15th. This space will have movable walls to accommodate separate meeting rooms or can be an open space for larger events.

Water Tower - The 200,000 gallon water tower is complete and awaiting the new water distribution system provided by the Rural Water district (estimated completion date of June 1, 2004). The existing 75,000 gallon tank will remain in place and be used as a back up device.

Wastewater Treatment Plant - The new wastewater treatment plant on the Southeast corner of the casino property is on schedule with all large concrete pours completed. The new plant will handle the increasing wastewater needs of the casino complex. The current lagoon system, inadequate to manage the larger complex needs, will remain in place and be used as a secondary filter for water processed through the wastewater plant.

Facilities Building - Located near the wastewater treatment plant, a 10,000 square foot facilities building is well underway and scheduled for completion by March 1, 2004. This building will house all repair and maintenance equipment.

Administration Building - Located to the South of the gaming floor, the new administration building will be the home of the Tribal Gaming Commission, as well as a number of casino operations departments currently housed in trailers. The building construction will be completed prior to August 15th.

Interview with Patrick Feltman PBPN Construction Manager

Patrick Feltman was hired by the Nation to oversee the numerous construction projects on the Reservation. Mr. Feltman brings over 25 years of engineering and general construction experience to the Tribe. In order to allow Feltman time to focus primarily on the casino expansion, the Nation hired PBPN member, Jim Shane, to assist on construction oversight and management.

The following are a few questions that were recently asked to Feltman concerning the casino expansion:

Are you satisfied with the progress to date on the expansion?

Feltman: I'm satisfied with the overall progress. Manning, Prosser, Wilbert (MPW) has been responsive to keeping the operational disruption to a minimum. All of the design, construction, and management teams understand the importance of achieving a quality project that meets the overall schedule. MPW has been cooperative in working on priority items as they are identified.

Is August 15, 2004 a realistic completion date?

Feltman: I think the team is capable of meeting the schedule and has done everything they can to anticipate situations that might delay completion. The water tower is constructed at the casino and will be completed as soon as a piece of equipment comes in. The water tower will be filled in the spring. The water tower is also dependent on the Rural Water District and PBPN water-related projects to be completed. Bids have been received on one of the projects, and bids are due within two weeks on another. When an easement is obtained, bids will go out for the last water-related project. The wastewater treatment plant (WWTP) is underway and should be completed in time to allow startup of the plant and training of operators. The hotel, steakhouse and new entrance, the administration building, and the event center are all progressing well. All are approaching getting roofs and wall systems being in place for interior work to be done. A lot of effort is being put in to build the project without affecting the operation of the casino. Harrah's operation and their design and construction personnel have been good about providing ideas and information on keeping cus-

disruption. Sequencing of work has been critical als at the site; and building the project with to keeping parking readily available for the casino approved materials is a big job. customers and staff.

What are the key elements for timely completion?

Feltman: Currently the construction project team is building the roof and wall systems in the major areas including roofing to get the project "dried in". It is imperative that we get dried in basically in December to permit inside work to be done during the winter.

How are we monitoring quality control?

Feltman: Independent testing is done to certify that various measurable results are being achieved (for example soils compaction testing, characteristics of concrete prior to placement, concrete strength tests, weld tests, etc.). Visual inspection of the work is also done as work progresses. The design team receives submittals to check that materials being proposed and eventually used meet the design specifications. Submitting, receiving, reviewing and returning submittals; purchas-

tomers happy during the construction to minimize ing the approved materials; receiving the materi-

Have we experienced any setbacks or accidents

Feltman: There was an accident during erection of pre-cast concrete floor/roof panels for the hotel. Erection procedures were changed to prevent another accident. The damaged area was inspected by a professional engineer who prepared a written report. The damaged areas were demolished and replaced in accordance with the recommendations contained in the report. Costs for the inspection and repair including overtime to get the hotel construction back on schedule were paid for by the responsible subcontractor. A worker sustained an ankle injury, was provided immediate medical attention, and was able to come back to work without extended loss work time. Ongoing work is reviewed for safety concerns. Weekly meetings address safety concerns. worker or subcontractor that doesn't comply with good safety practices will be warned or dismissed depending on the severity of the situation.

News from the desk of Councilperson Jackie Mitchell

Merry Christmas and Happy New Year. This is the time of year that we appreciate our families and this special time together. We remember the holidays of the past and the special people that are with us in our hearts that are not with us here. Family is the most important part of our lives and this is a wonderful time to celebrate with our fam-Have a safe and happy holiday.

Last month, the National Congress of American Indians conference had an excellent keynote speaker. Notah Begay, Indian PGA golfer, gave many inspirational words of wisdom. Notah is a young man with many insights into today's troubled world. He is helping raise money for Indian Boys & Girls Clubs across the country. He is spearheading a fundraiser to raise \$100 million dollars for an endowment for Indian clubs across Indian country. This endowment will help ensure that Boys & Girls Clubs can operate for years to come. Notah has agreed to try to attend the Prairie Band Potawatomi Boys & Girls Club Golf Tournament fundraiser. He would be an excellent speaker for the whole community. He talked

about his success in golf and his feelings when he obics exercise classes twice weekly for communiwon his first big tournament and the excitement that went with it. He acknowledged his family for the role that they played in his personal success. He talked about the hardship of playing golf coming from the Indian community with no golf courses available near his home.

Another topic that Notah spoke of was diabetes prevention. He stated that this was a huge problem on reservations across Indian Country and one thing that families could do was to exercise. Exercise is a key preventative in diabetes. Families can walk together to prevent health problems. Notah Begay led a preventative fitness walk during the conference.

Exercise is a major preventative measure for children and adults in leading healthy lives. We have many opportunities in our community to provide exercise including softball and soccer for our young and older people. We have the park for safe walking. We have playgrounds for the littlest members of the tribe. Leslie Marshno offers aer-

ty members. There is also exercise equipment available at several locations on the reservation. Road & Bridge are working to provide a pedestrian and bike trail for future walking, hiking and biking. All of these opportunities are available to keep our families healthy. Exercise helps in many ways including helping prevent many death threatening diseases and helps in relieving everyday stress. Exercise is a fun way to be healthy. Start your healthy lifestyle and go for a walk with your family during this holiday season and start a tradition that will benefit your whole family.

During the past month, Tribal Council toured the construction of the casino. It is coming along and will be a wonderful addition to our community. The casino expansion will make our casino a resort destination, essential in the upcoming years as the state continues to threaten additional casinos in the state. The expansion will assure that we are leaders in providing a quality experience for gamblers. In addition, the décor of the addition will be

a source of pride and a tribute to our history. The Tribal Council toured the Boys & Girls Club expansion. The club will provide a safe alternative to our youngest members. The addition of a swimming pool will not only benefit the children but the community as well. The state of the art facility will offer a library and computer area that will promote additional resources to the communi-

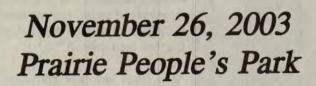
Have a wonderful holiday season and a wonderful new year. We have many blessings to be thankful for and the upcoming year will be another good year for the Potawatomi Nation. It is a very exciting time for the nation and we can all be proud of what is happening with the nation at this time. If you have any questions or suggestions about any issue, please call any of the council. Jackie Mitchell, Tribal Council Member 785 966 4016 or toll free at 877 715 6789. Email at jackiem@pbpnation.org. Thank you for your continued support and allowing me to represent you.



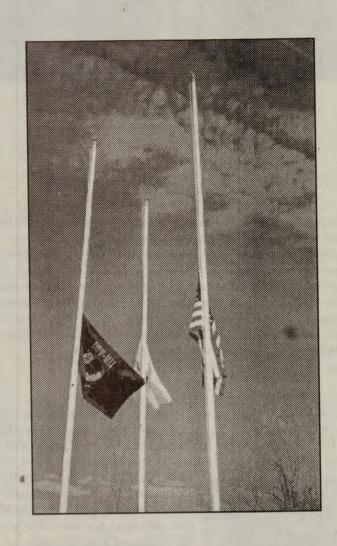


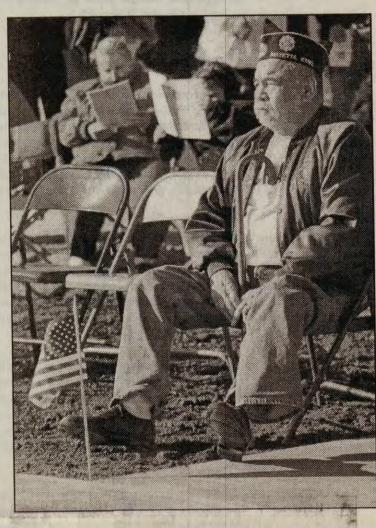
"One who is brave"

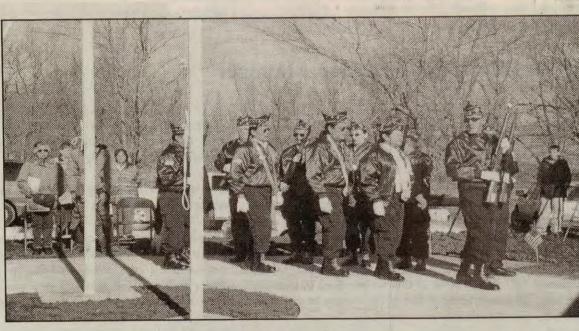
Veteran Memorial Wall unveiled

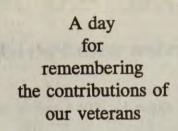










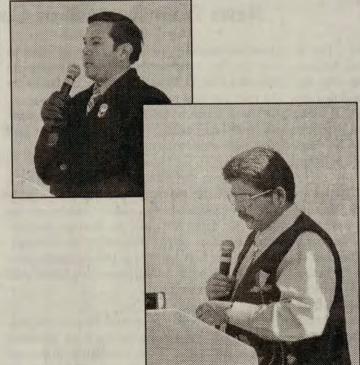




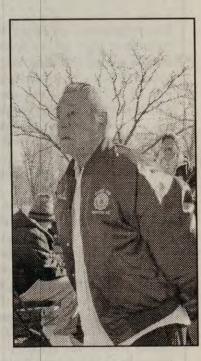


Dedication hosted by WE TA SE Post 410 Prairie Band Potawatomi Nation





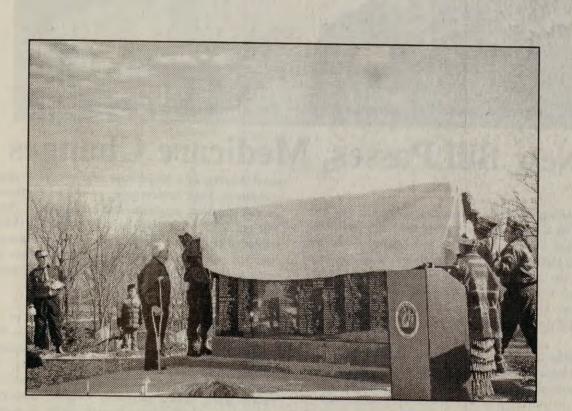




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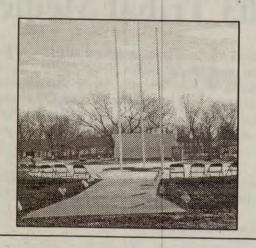


Honoring the home-town heroes Finally their story is told









Potawatomi Veterans Wall

World War I Era:

Mitchell Belair, Anthony C. Bourdon, Ernest Darling, Earl Grinnell, Jack Cody Hale, Joseph Wesley Hale, Charles Jessepe, John V. Kabance, Grant Magnauk, Archie Moore, Frank Moore, Sam Pawsesse, Francis P. Shopteese, Louis Wabaunsee, John Wabnum, Pete Wabnum, James P. Wabnosah

World War II Era:

LaVerne Aitkens, James V. Blandin, Joseph Wesly Blandin, LeRoy Blandin, Edwin R. Burns, Philip Burns, Alvin Cudue, Warner A. Coffin, Jack J. Darling, Ernest C. Darling, Lucien Daugherty, Sherrill Daugherty, Salvadore Delg, Leonard Delgadillo, Walter Delgadillo, Lyman F. Evans. Floyd Fitzsimmons, Orlando Green. Lorraine Grinnell, Joseph P. Hale, Edward Harrison, Geradine Harrison, John Harrison, Anthony Hubbard, Killed in Action Robert A. Jackson, Francis G. Jensen, Henry Victor Hale Jessepe, LeRoy J. Jessepe, Thomas Jessepe, Martin Jim, Jr. Wesley Jessepe, Julia Kabance, James Kagmega, Michael Keesis, Nathaniel Keesis Wendell D. Kishko, Joseph Kitchkommie, Jacob William Lasley Floyd C. Nevins Kitchkommie, Melvin LaClair, Milton LaClair, Edward LeClaire, Eric Lundin, Jack Lundin, Francis Shopteese Veteral N. Lundin, Amil Matchie, George Lyman Tapsee Matsapto, Lorenzo Mattawaoshe. Leonard J. LaVerne Thomas McKinney, Andrew L. Mitchell, Edward Mitchell, Joseph Mzhickteno, Leroy Mzhickteno, Ex-POW Henry Nahgonbe. Francis L. Onzahwah, LaVerne Onzahwah, Garnett Potts, Maynard Potts. Charles Rice. Darlene Rice.

LaVerne Onzahwah, Garnett Potts, Maynard
Potts, Charles Rice, Darlene Rice, Edward Rice, John
C. Rice, Norris J. Rice, Robert J. Rice William W. Rice,
Cornelius Seymour, Vernon J. Shipshee, Donald Shobney,
John P. Sioux, Elwin I. Shopteese, Francis T. Shopteese,
Sr. Jack Shopteese, Joseph Shopteese, Melford J.
Shopteese, Leonard M. Thomas, Melvin Thomas, Linley
Topash, Albert Wabaunsee, James Wabaunsee, John
Wabaunsee, Lou Wabaunsee, Louis Wabaunsee, Nathan L.
Wabaunsee, Eugene J. Wabski, Thomas Wabnum, Albert
Wahweotten, Ray Wahweotten, James O.Wahwassuck,
Luther Wahwassuck, Howard Wahgo, Louis A. Wamego,
Marcellius Williams, Paul Williams, Calvin Wishkeno,

Korean War Era:

Ivan C. Wishkeno, Wesley Wishkeno.

Jon Blandin, Kenneth Blandin, Thomas Blandin, James Burns, Martin V. Burns, James Cadue, Virgil R. Darling, Gene L. Fitzsimmons. George Fitzsimmons, Marty Greemore, Gene Grinnell, Cecil E. Hale, James Hale, Lawrence E. Hale, Roy A. Hale, Spencer Hale, Charles Harrison, Jr., Kenneth Harrison, Lloyd Harrison, William Harrison, Lester, Nelson E. Jessepe, Larue Kabance, Joseph L. Lewis, George M. Lundin, William D. LaClair, Maurice D. Magnauck, Deloris J. Marshno, Leroy Marshno, Winfred Marshno, Rose Masquat, Frank Matsapto, Emory Mattwaoshe, Elmira S. McClure, James N. McKinney, Jr. Andrew Mitchell, Albert P. Moore, Melvin Moore, Terry Moore, Marvin Mzhickteno, Frank A. Nioce, Marsden Nozhackem, Roy T. Ogden,

Korean War Era (Continued):

Chris L. Puckkee. Theodore Puckkee. Orville Rice, Jr., John W.Seymour. Louis W Shipshee. LeRoy Shopteese. Francis Shopteese. John Shopteese. Robert L. Shopteese. Tom Shopteese. Thomas Shopteese, Vernon Shopteese. Virgil Shopteese. Fred W.Spoone, Lester Summer. Charles Thomas, Jr., Dale Thomas. Kenneth Thomas, Ivan L. Tomey, Lewis Tuckwin. Lyle V. Tuckwin. Paul J. Tuckwin. Eli S.Wabnum. Ruben W. Wabnum, Arlene Wahwasuck, Jewett Wahwasuck, Johnnie Wahwasuck. Peter L. Wahwasuck. Raphael Wahwasuck. Ronald Wahweotten. Harold E. Walker, Harvey E. Walker. Algernon E.Wamego. Floyd Wamego. James Whitepigeon. Thamar Williams.

Vietnam War Era:

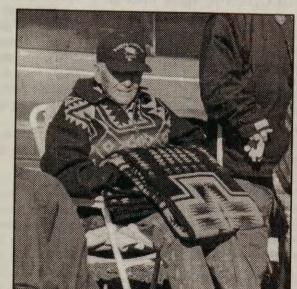
George Allen, Jr., Russell Battese, Glen Beckwith, Lynn E.Beckwith, Larry Barryhill, Francis J. Boushie, James L. Boushie, William Boushie, Edwin Burns, Randy Cahoon, Duane Cheanault, Bryon J. Darnall, Myron J. Vernon L. Mzhickteno Darnall, Dale I. Delg, Darrell Edwards, John L. Fitzsimmons, Wilson M. Garcia, Loren Greemore, Eldon Greemore, Lawrence (Claude) Grinnell, Marcus A. Gutierrez, Ron L. Gutierrez, Alan Hale, Joe Hale, Sr. Phillip M. Hale, Dennis Harrison, Clifford Hubbard, Galen E. Hubbard, Robert C. Hubbard, Ferris Jessepe, Joseph G.Jessepe, Thomas W. Jurey, Darrell W. Kabance, Donald Kabance, Reginald Keesis, Terrance L.Keesis, Michael Kitchkommie, Jack L. Kitchkommie, Rey V. Kitchkumme, Alfred L. Knight, William F. Kriepe. Arthur Levier, Jr. Charles J. Levier, Glen Levier, Ivan Levier, Dale Lundin, Darrell Lundin, Ralph Lundin, Ronald W. Lynch, Curtis P. Masquat, Warren Mattwaoshe, Eddie Mitchell, Larry R. Mitchell, Lucian Mitchell, Stephen R. Ortiz, Robert Padilla. Albert Pahmahmie, Henry D. Pahmahmie, Richard Pahmahmie, Jr. Frank Parker, Gary

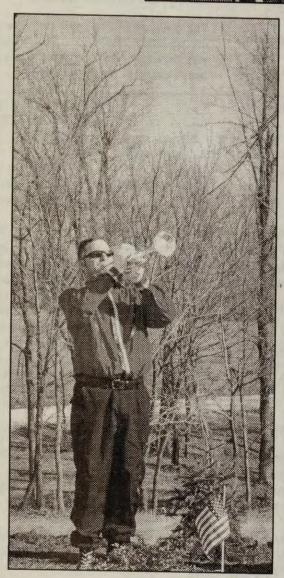
Pahmahmie, Richard Pahmahmie, Jr. Frank Parker, Gary J.Patterson, Forrest J. Patterson, Eddie Potts, Benny J.Potts, Thomas Ramirez, Timothy C. Ramirez, James L. Rickert, Joseph Rupnick, Peter Seymour, T.J. Seymour, Vernon L.Shohn, Francis T. Shopteese, Jr., Larry D. Shopteese, Sonny J. Shopteese, Thurman Shopteese, Robin Shuckahosee, Clyde E. Stewart, Ralph Tecumseh, Laura Thackery, Phylis W. Thomas, Gerald Tuckwin, Thomas Tuckwin, John M.Vanderblomen, James S. Vanderblomen, Willie Wabaunsee, Eli Wabnum, Loren Dale Wabnum, Ralph Wabnum, George L. Wahquahboshkuk, Roy H. Wahquahboshkuk, Bridgette Wahwassuck, James Wahwassuck, Charles Wahweotten, Winifred G. Wahweotten, William Wilbur, Gary D. Williams, Vernon L. Yazzie, Henry F. Young, Roger L. Young

Desert Storm Era:

Bonnie L.Friend, Frankie Jo Harrison, James H. Peters, Michael J. Shobney, Jr. Michael J. Shobney, Sr., Larry D. Shopteese, James A. Vanderblomen, Tina Rose White

Potawatomi Veterans - List Developed by We Ta Se, Post 410









Members of the Prairie Band served their country well and achieved many honors, but they received little recognition for those accomplishments until now. All veterans demonstrated a quiet strength and unqualified courage to defend the liberties and freedom of all people.



2003 Tribal Medicare Training

A regional tribal Medicare training session was held at Harrah's on Nov. 24 and 25, 2003. Participants included the Kickapoo Nation Health Center, Sac & Fox Nation of Missouri, Ponca Tribe of Nebraska, Omaha Tribe of Nebraska, Santee Sioux Nation, Winnebago Tribe of Nebraska, Nebraska Department of Health and Human Services, Haskell Health Center, Holton Indian Health Center, and the PBPN community, staff members and Steve Ortiz, Tribal Council secretary. From this training, participants would be able to train those who would be presenting Medicare to groups or to benefici-

A new column will be initiated in future issues of the PBP News on Medicare issues and concerns and will provide basic information as well as any up-dated, pertinent issues and concerns.

Photos: Below-Group photo

Photo: Above right: (L-R) Andy Tate, Ponca Tribe of Nebraska Tribal Council Member and Mark Peniska, Ponca Tribe of Nebraska, Tribal Chairman.



SAMPLE OF NEW COLUMN

Original Medicare

Medicare has two parts: Part A: Hospital Insurance Part B: Medical Insurance

Paying for Medicare Part A

- Most people receive Part A premium free People with < 10 years of Medicare-covered
- Employment will pay a Part A premium
- For information (call for how many credits you have earned. 40 credits are required.)

SSA-1-800-772-1213 1-800-325-0778 for TTY users

Enrolling in Medicare Part B

- Initial Enrollment Period
- ♦ 7 months beginning 3 months before age 65
- General Enrollment Period (*)
- ♦ January 1 through March 31 each year ♦ Coverage effective July 1
- ♦ Premium increases 10% for each year you were eligible but did not enroll (penalty if late)

(*) If miss enrollment, you can sign up during this period.

Medicare and You 2004 Handbook can be obtained by contacting Medicare directly.

Medicare is here for you

24 hours a day, everyday.

Visit www.medicare.gov Call 1-800-MEDICARE (1-800-633-4227)

Avoiding Medical Errors

By Richard Pruiksma, MD, Holton IHS 100 W. 6th Street, Holton, KS 66436 785-364-2176

The healthcare providers at the Holton IHS Clinic are working to reduce your risk of experiencing a medical error. Any human being who does repetitive tasks has a likelihood of making an error in that task. There is no "perfect human." Backup systems can help us catch errors before they affect a patient and are being used more and more.

Improving medical care requires a team effort and there are many things you can do to reduce your risks of a medical error. Below are some tips based on excerpts from a fact sheet written by The Agency for Healthcare Research

and Quality. Use this to take an active part in reducing your risk of experiencing a medical error.

Medicines

♦ Make sure that all of your health care providers know about everything you are taking. This includes prescription and overthe-counter medicines, and dietary supplements such as vitamins and herbs. At least once a year, bring all of your medicines and supplements with you to your provider. "Brown bagging" your medicines can help you and your provider talk about them and find out if there are any problems. It can also help your provider keep your records up to date, which can help you get better quality care.

♦ Make sure your provider knows about any allergies and adverse reactions you have had to medicines. This can help you avoid getting a medicine that can harm you.

♦ When your health care provider writes you a prescription, make sure you can read it. If you can't read your provider's handwriting, your pharmacist might not be able to either.

♦ Ask for information about your medicines in terms you can understand - both when your medicines are prescribed and when you receive them.

- What is the medicine for?
- How am I supposed to take it, and for how long?
- What side effects are likely? What do I do if they occur?
- Is this medicine safe to take with other medicines or dietary supplements I am taking?
- What food, drink, or activities should I avoid while taking this medicine?

Write the name of the medicine prescribed down on a piece of paper before you turn in the prescription to the pharmacy. When you pick up your medicine from the pharmacy, check if the bottle received is the medicine that your provider prescribed?

Topeka Capital-Journal (Nov. 29, 2003)

Sens. Brownback and Roberts.

♦ If you have any questions about the directions on your medicine labels, ask.

Medicine labels can be hard to understand.

Ask your pharmacist for the Surgery best device to measure your liquid medicine. Also, ask questions if you're not sure how to use it. For example, many use household teaspoons, which often do not hold a true teaspoon of liquid. Also ask your pharmacist for written information about the side effects your medicine could cause.

Hospital Stays

♦ If you have a choice, choose a hospital at which many patients have the procedure or surgery

♦ If you are in a hospital, consider asking all health care workers who have direct contact with you whether they have washed their hands.

When you are being discharged from the hospital, ask your doctor to explain the treatment plan you will use at home.

♦ If you are having surgery, make sure that you, your primary provider, and your surgeon all agree and are clear on exactly what will be done.

Other Steps You Can Take

♦ Speak up if you have questions or concerns. You have a right to question anyone who is involved with your care.

♦ Know that "more" is not always better. It is a good idea to find out why a test or treatment is needed

Health insurance companies will receive up to 25 percent more than the average Medicare costs for care of Medicare beneficiaries in 2010 in six metropolitan areas. This is the second GOP try to "privatize Medicare." Their 1997 effort, Medicare Plus Choice, failed miserably because managed care plans could not make enough profits to satisfy

usual suspects in a Republican administration: drug companies, large corporations, private health insur-

ance companies, hospitals and physicians. They

will get \$125 billion of the law's estimated \$400

billion of costs over the next 10 years. Corporate

America will receive \$86 billion over the next 10

years to continue doing what companies are already

doing, providing retiree drug insurance.

Wall Street investors.

Only two interest groups lost out in this electionyear boondoggle. First and foremost are Medicare beneficiaries. They get lousy, confusing benefits from an expensive law that permits corporate looting of Medicare now and will bankrupt it sooner rather than later, a Republican goal for nearly 40

The other losers are our children and grandchildren who are going to have to pay for the spending sprees of this administration and Congress, and likely will find Medicare is not there when their parents or they need it.

This new law does not provide an automatic benefit. It requires seniors and disabled Medicare recipients to pay a premium to participate. Premiums are estimated at \$420 per year, but may be set at a higher level by private insurers who will "manage" the benefit.

This law does not become effective until 2006, saving politicians who supported the bill any adverse political fall-out until after the 2004 elections. This law is marginally helpful for some of the 25 percent of seniors who have no drug insurance. But its provisions are so crazy (the so-called "donut," no coverage from \$2,250 to \$5,000), buying in will be a little like going to the Golden Eagle Casino.

But the law is really great for corporate beneficiaries who get their \$125 billion of sugar whatever happens.

There is a simple, effective way to provide Medicare drug coverage - the VA way. The Veterans Administration, like foreign countries, bargains and contracts for best prices and delivers the drugs from its formulary for \$7 per month per prescription. So simple, so efficient, so cost-effective. But it does not subsidize corporate America.

The Bush administration is using the cover of helping seniors to reward corporate friends, the same way they have used the cover of the war on terrorism to cut taxes for the wealthy."

> and how it can help you. You could be better off without a test or a treatment.

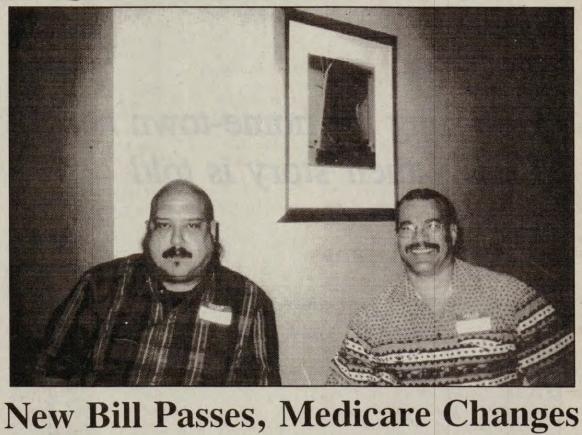
♦ If you have a test, don't assume that no news is good news. Ask about the results.

♦ Learn about your condition and treatments by asking your provider and nurse and by using other reliable sources. For example, treatment recommendations based on the latest scientific evidence are available from the National Guidelines Clearinghouse at http://www.guideline.gov. Ask your provider if your treatment is based on the latest evi-

Internet Citation:

dence.

20 Tips to Help Prevent Medical Errors. Patient Fact Sheet. AHRQ Publication No. 00-PO38, February 2000. Agency for Healthcare Research and Quality, Rockville, MD. http:// www.ahrq.gov/consumer/20tips. htm



According to Medicare experts, Medicare was cre-

ated in 1965 and has remained the same until most

recently when both House and Senate passed the

\$400 billion bill to add prescription drug coverage

and the new role of private health plans to Medi-

care. This new development will affect all who are

of age to receive Medicare and for those already

Passing of this bill has created a stir in the nation

and Kansas; the following are some excerpts from

Prior to the Medicare vote, a debate ensued on the

House floor between Republicans and the Democ-

rats. According to the Washington Post, "Many

Republicans called the bill an unprecedented opportunity to help older Americans with drug costs,

while most Democrats condemned it as a handout to

pharmaceutical and insurance companies and a

As reported in the Lawrence Journal-World (Nov.

26, 2003), AARP members "cry foul over Medi-

Julie Govert Walter, the executive director of the

North Central-Flint Hills Area Agency on Aging,

an organization serving seniors and their families in

18 counties of north-central Kansas who also is cur-

rently chair of the Policy Committee of the National

Association of Area Agencies on Aging based in

Washington submitted an article to the Topeka

Capital Journal (CJOline) said, "Re-inventing" and

"modernizing" Medicare is Washington-speak for

"deconstructing Medicare." It's not easy for law-

makers to face the dual reality of our aging demo-

graphics and the increasing costs of health care.

It's disturbing that health care is a luxury available

for those who have insurance or who are independ-

ently wealthy. It is downright deplorable that the

Medicare benefits that seniors and working people

have paid for are now "expendable." It would ap-

pear that political expediency and money from

wealthy pharmaceutical and insurance companies is

about to trump our responsibility to preserve the

best health-care program our country has." She

asks the public to consider writing their views to

Dr. Bill Roy, retired Topeka physician and former

congressman, said, "Every new law has winners

and losers. This law's big, big winners are the

signed up.

various sources:

care provision."

Washington Post (Nov. 22, 2003)

threat to the program's existence."

Lawrence Journal-World (Nov. 26, 2003)

Topeka Capital-Journal (Nov. 25, 2030)

Ask the Dentist

By Jessica A. Rickert, DDS

Dear Dr. Rickert, I really love pop. I drink Mountain Dew all day, about 6 bottles. Why does my dental hygienist always hassle me about this? Adam K.

Dear Adam,

Can you remember when you started the Mountain Dew habit? How old are you? If you're a teenager, it hasn't been that long that you've had the Mountain Dew habit. So, I agree with your dental hygienist, that you can and should stop the soda pop habit.

I urge all parents NOT to give any soda pop to their children. The sucrose itself is addicting, but people also begin to crave the caffeine and salt in many

Did you find Mountain Dew on the chart? It is very acidic and has a huge amount of sugar in each bottle. These are all empty calories, because sucrose has no nutritional value. None! Nada! Zip! Would you really eat 66 teaspoons of sugar throughout the day and think there would be no negative effects?

The bacterium that causes cavities love sucrose, so they multiply greatly every time you sip a soda.

Some patients think drinking Diet pop is the answer. It helps, yes, but the other cause of dental cavities is the acid in each swallow of pop. Acid weakens the enamel, making the enamel soft and much more susceptible to decay by the bacteria which love all the sugar in pop. The acid attack lasts for about 20 minutes after the last swig of soda pop. The "Fizz" in the pop comes from carbona-

Hawaiian Punch

Coke

Pepsi

tion. In your body, carbonic acid is formed; the body doesn't like this, and wants to get rid of all that acid. It does this by using calcium to neutralize the acid. Where does the calcium come from? From your bones.

Most teenagers drink less and less milk as they drink more and more pop. Milk is a major source of calcium. So, the calcium the carbonic acid leaches from your bones is not being replaced by milk in the diet. There have been a great many teenagers diagnosed with osteoporosis in recent years. Most often, this condition in teens has been traced back to over consumption of soda pop.

Two other health issues on the rise in young people are obesity and diabetes. Both can be traced back to too much sugar. And where do we find too much sugar? Soda pop.

So, no, pop is not good for your teeth or for your bones. Can you switch to ice tea? Try sugarless ice tea. Ice coffee is an alternative, although caffeine is another issue. Fruit juices? They may have sugars in them, but they do not have the carbonation, nor are they as acidic.

Teens still are growing and maturing, so I recommend at least one 8 ounce glass of milk per day. All dairy products have calcium, so yogurt and cheese are other sources of calcium.

I really wish more people would drink water. Tap water should be fine, because all the water in the United States has to meet stringent standards in order to be potable. Many people do prefer bottled water, and it is easy to carry around with you. Try to slowly wean yourself off pop by eliminating one bottle or can per week. It is reasonable to expect to end the pop habit in two months. Write back to me, and let me know how you are doing.

10.2

9.3

9.8

Hello and Happy December to all!

Support Groups

Topeka Area

AA (Alcoholics Anonymous) - For people who have a desire to stop drinking. For meeting schedule and times in the Topeka area: 354-3888

Native American AA - 8:00 p.m. Friday, 5th & Washburn, Potwin Church Bsmt. Non smoking, Closed meeting.

day, 135 Buchanan. 357-6511.

day, 725 Buchanan ring bell. Non smoking, closed. 7:30 p.m. every Thursday and Sunday.

and their families; caregivers are encouraged to at- pm, 18367-182 Rd. tend. 5:30 to 6:30 p.m. Monday at Pozez Education Center, 1505 S.W. 8th. Free. Information: 354-5225.

Gamblers Anonymous - For people seeking help Citizen Building at Friday at 8:00 p.m. for problem gambling, 7 p.m. Wednesday at St. Hospital, 2nd floor, meeting room 9: 862-6666; and 2178, 364-4479. 7 p.m. Wednesdays at Westminister Presbyterian Church, 1275 S.W. Boswell: (785) 339-3583.

Food Addicts Anonymous — For people who feel addicted to certain foods, such as sweets, and who want to abstain from eating them; uses a 12-step program, 3 p.m. each Sunday at Pozez Education Center, 1505 S.W. 8th, in Centennial Room D. Information: Michele at 233-1604. Internet: www.foodaddictsanonymous.org.

Weigh Down Workshop-Experience God's deliverance from dieting and overweightness. Free orientation at 12:30 pm Thursday, White Lakes Plaza Apartments clubhouse, 3730 SW Plaza Drive. Call Elizabeth, 266-7318,

Mayetta Area

Open AA Meeting at Judy's Café, 104 E. Main Street, Mayetta, KS on Tuesday's at 6 pm.

Open AA Meeting, Wednesday, 7 p.m. to ??, We Te Sa Building, 15434 K Road

Native American AA Meeting - 8:00 p.m. Fri- Alanon/Alateen Unheard Voices, Thursday, 7 pm at the We Te Sa Building, 15434 K Road

Recovering Women's Group— 5:30 p.m. Mon- AA Meeting at St. Francis Xavier Church bsmt,

Cancer Support Group - For people with cancer PARR Ranch-Open meeting, Monday at 7:00

Kickapoo AA meeting- at the Kickapoo Senior

Francis Hospital, 1700 S.W. 7th, 2nd floor, meeting Holton AA Meeting — at First Christian Church, room 6: 862-6666; 7 p.m. Friday at St. Francis 5th & Wisconsin, Thursday at 7:00 p.m. 966-

> Holton AA Meeting-at EUM Church (1 block south of post office-enter south door), Wednesday

Lawrence Area

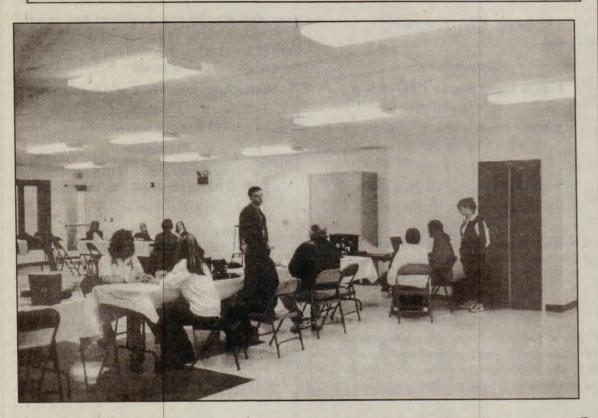
Circle of Hope AA Meeting every Wednesday at 7 pm, Haskell Campus, Winnemucca Hall (south of the campus)

The sucrose in pop is such a large amount: Acidity (lower = more acid) Tsp of Sugar (sucrose) 10.7 Barq's Diet Barq's 4.5 0 Diet 7 Up 0 9.0 3.4 Sprite Diet Dr. Pepper 0 11.9 3.3 Grapé Soda 11.0 Mountain Dew 3.2 11.9 Orange Slice 3.12 5.0 Nestea 3.0 3.0 10.0 Surge 2.9 9.5 Dr. Pepper 9.5 Squirt

2.8

2.5

2.5



Prairie Band Potawatomi Child Care and **Employee Health Screening**

A second screening at the Elder Center took place on December 2, 2003. The purpose of this screening was to "catch" the ones who missed the first one and to follow up if the first test was somewhat

above the normal figures. Althe journey to better health."

Once again the health profes- ing the screening. sionals and students from the University of Kansas Medical Center provided the health risk assessments.

- Blood Pressure
- Cholesterol
- Body Mass Index (BMI) and

Fitness Assessments

One of the health care providers proved to be a role mode. He related a story on how he lost weight and what triggered the

though the main purpose of the Thirty-three children from the ages of change. He was on the verge screenings is to "know your 0-3 years old signed up for the Health to up a notch on his belt and health risk status and to begin Fair held at Ben-no-tteh Wigwam. said, "This is it, I've got to do Hope Adame said the kids were coop- something!" So he began to erative, and, were served lunch follow- do the following regarding his weight loss program: cut the calorie intake, consumed less

fat, began to read all labels and most importantly, he introduced exercise into his program. He used the "new" hoola hoop with various weights had has had a tremendous success in losing weight!

Food Addiction: You can resist the temptation!

Hints: Eat a substantial fiber-filled breakfast. Take in enough calories. Go cold turkey-don't eat the "favorite" for 3 weeks (eg. chocolate).



Need a Massage?

If you were in need of a massage, on Saturday, November 29, 2003, you could have had an opportunity because the Hoyt Community building was bustling with activity and Chago Hale was one of the participants with his massage chair. Other activities included, photo with Santa, checking your door prize ticket, enjoying a bowl of chili and/or hotdog, and snacking on popcorn with a can of soda served by Jim Potter and other committee members.

Janelle Murk said the Pow Wow Committee already has begun planning for next years event. An added feature to the event will be live entertainment.

One of the craft organizers said attendance and profits were successful. A senior said they only had a few items remaining and their booth did quite

Recipe Corner: trendy tidbits By Mary Young

According to www.metrocrativegraphics.com, there is a "new trend" in holiday cooking. The trend appears to be "exciting new dishes and flavor combinations as demonstrated in the following recipe, courtesy of "Honey: A Connoisseur's Guide with Recipes: (Ten Speed Press), by Gene Opton... The question is, has the turkey been kicked out of the kitchen in favor of meatless meals or other meats?

Pork Loin Roasted with Orange and Ginger Yield: 6 servings

1 loin of pork (4 to 5 pounds)

2 teaspoons salt

freshly ground pepper

1 cup freshly squeezed orange juice 1/3 cup honey

1 tablespoon ground dried ginger 1/4 teaspoon ground cloves

Preheat the oven to 325 F. Rub the pork roast with salt and pepper to taste,

and place fat side up in a roasting pan. Cook 1-1/2 to 3 hours or until a meat thermometer placed in the flesh of the roast reaches 180F.

Combine the orange, honey, ginger and cloves in a small saucepan and simmer 30 minutes. During the last hour of cooking, brush the roast several times with this mixture to produce a shiny glaze. Serve with rice pilaf or black beans.

Braised Parsnips and Winter Vegetables Makes 6 servings

Idaho or sweet potatoes, winter squash or Brussels sprouts can be flavorful additions to this colorful vegetable side dish.

Olive oil cooking spray

1/4 cup minced onion

2 teaspoons minced garlic

2 medium parsnips, peeled and cubed 2 medium carrots, sliced

1 cup julienne-sliced celery root or celery I cup shredded red or green cabbage

1/2 cup dry red wine or canned reduced-sodium

vegetable broth

2 tablespoons light brown sugar 1 teaspoon balsamic or red wine vinegar Salt and pepper, to taste

1 teaspoon dried sage leaves

1/2 teaspoon dried thyme leaves

Spray large skillet with cooking spray; heat over medium heat until hot. Sauté onion and garlic two to three minutes; add parsnips, carrots, celery root and cabbage, and sauté until it begins to brown, four to five minutes.

Add remaining ingredients, except salt and pepper, to skillet. Heat to boiling; reduce heat and simmer, covered until vegetables are tender, eight to 10 minutes. Season to taste with salt and pepper.

Pecan Pita Pockets

1-1/3 cup part skim ricotta cheese

4 pieces pita bread, white

2-1/2 tablespoons brown sugar 1 cup pecans, chopped

2 pears

Preheat oven to 450 F. Blend ricotta cheese in blender until smooth. Toast pita bread in oven for three to five minutes, until crisp. Cut pear in 1/2-inch chunks. Spread 1/3 cup ricotta cheese onto each pita, and top with 1/4 cup chopped pear.

Sprinkle pita pockets with brown sugar and chopped pecans. Bake in oven for five to six min-

Turkey Rolls

1 box Stove Top Stuffing 1 turkey breast 1 cup sour cream Milk to thin soup

1 can cream of chicken soup (or substitute canned gravy for the sour cream and

Purchase turkey breast, not turkey roll, at deli, as many slices as needed for the family. Have it cut a little thicker than usual. Prepare stuffing mix. Place stuffing on top of each turkey slice and roll up. Place seam side down in a microwave-safe dish. Mix sour cream and cream of chicken soup. Add a little milk to thin. Pour over rolls, microwave 5 to 7 minutes until hot.

Please submit your favorite recipes to the PBPN Newspaper. Be sure to include your name, telephone number and/or address in case we have any questions. Until next issue, Recipe Corner would like to say wis-ne-men!

Courtesy of www.post-gazette.com/food

Members participate in Trail of Tears Memorial Walk

Submitted by: Betty J. Rice, Kelly Greemore and Dawn Masquat

On Saturday November 22, 2003 Sixteen Prairie Band Potawatomi Members traveled to Wichita, Ks to participate in the Trail of Tears Memorial Walk. The walk was to commemorate the Trail of Tears walk that many of our Native people experienced during the Indian Removal Act of 1830. During this period our Nation was forced to give up their lands in the Great Lakes area and marched to our present location in Kansas. Approximately 859 Prairie Band Potawatomi began this walk west with only about 700 members surviving to arrive in Kansas. The Trail of Tears became known as the Trail of Death because many of our Native people did not survive this journey.

The walk was very emotional for many of the participants. Several participants talked about how they lost family members during these forced marches. One participant stated, "I am walking for all of my people who didn't make it". It really made you stop and think about the losses our people endured from the loss of their homes to the loss of loved ones. It was a very humbling expe-

Approximately five hundred people participated in the 1.4-mile walk. The walk began at the Indian Methodist Church and ended at the Mid-America Indian Center. The Veterans led the walk and the participants ranged from the very young to the elderly, with one elder being pushed in her wheelchair by her family members. The Prairie Band Potawatomi members who braved the frigid cold to participate in the walk all wore something to identify our Nation from hats to jackets. The blanket that had our Logo was worn as a shawl and received many compliments. The Prairie Band Potawatomi Nation members or employee's who

participated were; Hedy Noland, Diane Payne, Carol Shopteese, Jennifer Herrera, Roberta and Robin Guerrero, Kathy Slimmer, Kelly Greenmore, Carolyn Seymour, Norma Shipshee, Shirley Rice-Henderson, Dawn Masqua, Betty Rice, Roseanna, Patty, and Naomi Lewis.

The PBPN Family Violence Prevention Program handed out their purple and white ribbons that honored victims of Family Violence to all the participants. Over 200 ribbons were handed out. Several individuals asked for ribbons to give to others who were not participating. We Care packets that included resource information for victims of Family Violence were also distributed. The Family Violence Prevention Program received numerous compliments on their materials and was glad that they brought their materials.

The hosts of the event treated the Prairie Band Potawatomi members very well. All participants were given Old Native t-shirts and were treated to a tasty meal upon completion of the walk. The meal was followed by a gift-giving ceremony and mini-powwow to honor the youth. Several times during these events recognition was given to the Prairie Band Potawatomi Nation for their attendance and support. The PBPN members were given a special prayer for a safe journey home.

We would like to thank our Nation for supplying a van to carry participants to the event. A special thanks to Tribal Council and the Gaming Commission for supplying gifts for the gift giving ceremony. Thanks Joyce, Rey, Steve and Roy for supporting us. To my fellow PBPN members, thank-you for giving of yourself and time to support this memorable event.

Remember, we walked in honor for all of our people who didn't make it.



Volunteerism is a learned behavior

submitted by: Betty Rice

On November 22, 2003 the North Star Group Home traveled to Wichita to participate in the Trail of Tears Memorial Walk. The girls were reluctant to attend at first as they are new at volunteering/ participating in anything that does not have a monetary value in return. The experience of remembering their ancestors was puzzling to them as they come from families that usually do not talk about family members or issues. They seemed to enjoy the recognition and the expressed appreciation they received as members of the Prairie Band Potawatomi Nation. It is a new and good thing for these girls to be recognized as members of a positive group and also to be on the giving end, instead of the receiving

The North Star Group Home staff wish to thank the Prairie Band Potawatomi Nation for the support that allowed us to take our girls to a remembrance of our past and meaningful volunteer training.

SMALL BUSINESS SEMINARS **OFFERED**

Washburn University is offering a small business seminar January through March 2004. The classes will be held at the Topeka Shawnee Co. Public Library (TSPL), S&A's in Holton, and Washburn Univ. Benton Hall, Room 408.

Introduction to Small Business Ownership Jan. 13 & Feb. 24 Tues 6:00-8:30 pm-TSPL

Business Planning

Jan. 20 & Mar 2 6:00-8:30 pm-TSPL Keeping the Books

Jan. 27 & Mar. 9 Tues 6:00-8:30 pm-TSPL

Marketing for Profit Feb. 3 & Mar. 16 Tues 6:00-8:30 pm-TSPL

Buying & Selling a Small Business Feb 5, Thurs, 6:00-9:00 pm-S & A's Downtown Cafe, 420 Pennsylvania Ave., Holton, KS

Quickbooks Seminar Jan 16 & 17, Fri & Sat 9:00-4:00 pm-Washburn Univ. Benton Hall Room 408, Topeka, KS.

For fees and registration, contact 785 234-3235 Applications can also be picked up at PBPN Admin

Web Site Addresses of Interest

PBPN Website Links to Human Resource Dept., Tribal Court, Education Dept., Calendar of Events and the Boys & Girls Club http://www.pbpnation.org

Prairie Band Potawatomi HTTP://WWW.PBPIndianTribe.Com

Administration on Aging Programs & Resources for Native American Elders http://www.aoa.gov/AIN/default.htm

Forest County Potawatomi http://www.fcpotawatomi.com

> **Indian Health Services** http://www.ihs.gov

* NEW * Kansas Office of Native American Affairs (KONAA) www.hr.state.ks.us/konaa/html/index. html

> 1-800-MEDICARE www.medicare.gov

MEDICAID Http://cms.hhs.gov/medicaid/

Native American Internet Resource http://indianz.com

NEWSPAPER INFORMATION

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PRAIRIE BAND POTAWATOMI NEWS

The Prairie Band Potawatomi News is a monthly newspaper of the Prairie Band Potawatomi Nation Opinions expressed in this newspaper do not necessaril reflect the opinions of the Prairie Band of Potawaton News staff, the Tribal Council, Gaming Commission o

The Prairie Band of Potawatomi News encourages an welcomes letters, editorials, articles and photos from it readers. This publication reserves the right to reject edit or condense items submitted. We request your sub missions by the 15th of the month. You can email th news or send a disk (Microsoft Word preferable) or stop by the News office with your information.

Anonymous letters will NOT be printed in the paper. Please include your name, address, and telephone number where we can contact you should we need to verify the information.

Photos submitted with a news article will be returned after publication. Please print name on back of photo Please include a stamped and self-addressed envelop with the photo.

Prairie Band Potawatomi Nation

TOLL-FREE NUMBERS

The following are the toll-free numbers that are available to the various departments at PBPN.

> **Government Center** 877 715-6789

Alcohol & Drug 866 966-2411

Boys & Girls Club 866 727-6242 (866 PBP-NBGC)

> Housing 866 966-2756

Social Services 888 966-2932

Tribal Court

866 966-2242

Transit Program (785) 966-3024 or 877 727-6743 (877-PBP-NRIDe)

December 2003

December is National Drunk and Drugged Driving Prevention Month. Have you ever driven a car when you knew you were too impaired?

> Calendar: Holiday Observances **Government Center & Offices Closed**

Christmas—December 24, 25, & 26

New Year's—December 31 and January 1, 2004



Area Churches

By Mary Young

Baptist

Prairie Band Baptist Church 128 E. Main Street, Mayetta, KS

Sunday: 10 am - Sunday School 11 am - Worship Service

Pastor Terry Paine

Bethany Baptist Church 821 New York Ave., Holton, KS (785) 364-4379

David Noland, Youth Sunday School Teacher David preaches the 5th Sunday of months.

Catholic

Our Lady of the Snows Parish 5971 - 166th Rd, Mayetta

Our Lady of Snows is on-line with a web page on history, calendar of events, mass schedule, photo gallery, and other important information. Please take a few minutes to visit our web page at http:// www.pbpindiantribe.com/snow/index.html or go to the tribal web site home page and click on Our Lady of Snows icôn. We would be glad to answer any questions about our parish.

- B - B -

Native American Mass at Assumption Church

204 West 8th, Topeka, KS

Methodist

Pottawatomi United Methodist On O Rd. between 142 and 150 Rd. Rev. Floyd Nolin, Jr.

Sunday: 9:45 am - Sunday School 10:30 am - Worship Service

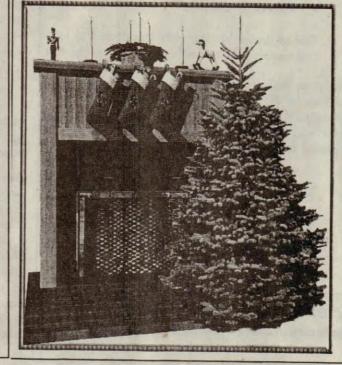
Pentecostal

Potawatomi Pentecostal Church 4-1/2 mi. west of mi. marker 134

Rev. Vernon Potts

Sunday: 10 am - Sunday School 10:45 am - Worship service 7 pm - Evening Worship

Happy Holidays from PEP News



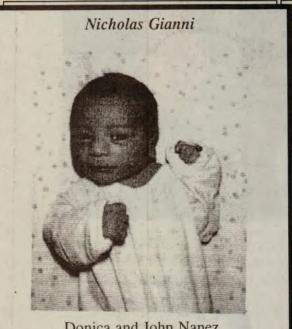
Did you know?

Many legends exist about the origin of the Christmas tree. One is the story of Saint Boniface, an English monk who organized the Christian Church in France and Germany. One day, as he traveled about, he came upon a group of pagans gathered around a great oak tree about to sacrifice a child to the god Thor. To stop the sacrifice and save the child's life, Boniface felled the tree with one mighty blow of his fist. In its place grew a small fir tree. The saint told the people that the tiny fir was the Tree of Life and stood for the eternal life of Christ.

Coutesy of Gift Guide '03B241 UK

and the state of t

GINIGITTEK (Those who are born)



Donica and John Nanez announce the birth of their son:

Birth Date: 11/26/2003
Time: 8:07 am
Length: 20 inches
Weight: 7 lbs. 4 oz.
Parents' Message:
Hello World! Hope your ready for me.





Stenger, and Marcie Degand.

Caregivers Provide Services: in Second Year

In November 2000, Congress approved the caregiver family support program and in February 2001, the Health and Human Services approved \$113 million in grants to the states. PBPN applied for and received a 3-year grant in the amount of \$42,810 per year that runs until March 2005.

One option to keep the caregiver program ongoing would be to renew the grant. The other option is currently being researched and that is the possibility of becoming eligible as a Medicaid provider.

Diane Robb, PBPN's grant writer recently attended a caregiver conference that advocated additional training of the caregiver so they would be able to train the family in care giving and be able to look for signs in depression or symptoms of Alzheimer's disease.

Caregivers focus on helping the elderly and the family. A caregiver provides and coordinates transportation to doctor appointments, shopping needs; personal help with needs such as bathing and grooming, and housekeeping. They can monitor meds but cannot dispense them.

PBPN's caregiver program is under the Elder Center and covers Jackson and Shawnee counties. It assists a Federally recognized American Indian tribe who are 50 and over. The caregiver staff includes Glenda Stenger and two part-time employees, Marcie Degand and Susan McKibben.

To apply: contact Glenda at 966-0040. The caregivers work Monday through Friday, 8:00 am – 4:00 pm. Weekend care provider is on an appointment basis.

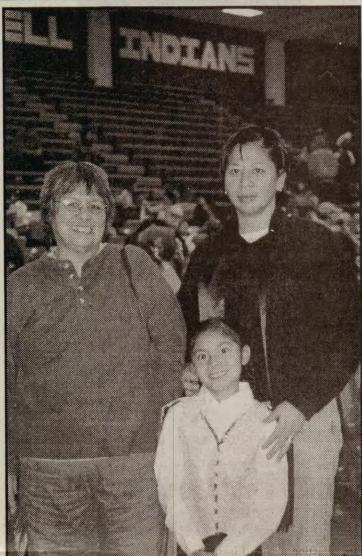
New Dawn Native Dancers annual Christmas Dance held December 6 at Haskell



In the photo above all the kids joined in dancing with Indian Santa as he arrived at the dance held in the Coffin Complex at Haskell. Part of his Santa Claus outfit was a Christmas wreath bustle which some of the kids are pointing to in the photo. At right is Judy Wabaunsee with granddaughter Natalie Fish, and daughter, Minty Fish who posed for a photo while waiting in line to meet Indian Santa. In the left photo sitting on Indian Santa's lap are Cheyenne (Kek) Mitchell, and Luis Ortiz who each received a gift as well.

special guests were
the
PBPN Boys & Girls Club
&
Royal Valley Native American Club





Wishing everyone a very Merry Christmas and a Happy New Year!

Fried Bread Man

Look for further adventures with Fried Bread Man in the January 2004 issue



Call for Veterans

On November 26th, 2003 the Prairie Band Potawatomi Veterans Memorial Wall was dedicated. There were 309 names of Veterans who had served in the United States Military from WWI through Desert Storm inscribed on the wall.

In our continued effort to acknowledge all Prairie Band Potawatomi Tribal members who may have served in the Armed Forces of America we ask that you forward a copy of their discharge papers to the WE-TA-SE office for verification and future inscriptions to be added on to the Memorial wall.

Send information to our office:

We-Ta-Se American Legion Post 410 15434 Q Road Mayetta, KS 66509

Or contact us directly by calling 1-785-966-2580. E-mail: bozoh@pbpnation.org or jimd@pbpnation.org. Fax: 1-785-

January "2004"

Potato & Gravy

Zucchini & Tomato

Dinner Roll

Baked Fries

Creamed Peas

Tossed Salad

Potawatomi Elder Center

Goulash

Beef Sandwich

Fruit Salad

Crackers

Thursday

Spanish Rice

Refried Beans

Tomato Salad

2004			(Closed For New Years Day)	Green Beans Tossed Salad
Monday	Tuesday	Wednesday		Dinner Roll
Chili & Hot Dog Steamed Carrots Macaroni Salad Theese & Crackers	Meatloaf Potato & Gravy Green Beans Dinner Roll	Pork Rib lets BBQ & On a Bun Broccoli Casserole Tossed Salad	Baked Chicken Grilled Red Potato Steamed Broccoli Dinner Roll	Baked Fish Potato & Gravy Spinach Dinner Roll
Salisbury Steak Potato & Gravy Brussels Sprouts Dinner Roll	Chicken Salad Noodle Soup Zucchini & Tomato Tossed Salad	Roast Beef Potato & Gravy Carrots Dinner Roll	Birthday Dinner Indian Tacos	Chicken Rice Cass Louisiana G Bean Tossed Salad Biscuit
Martin Luther King Day	Beef Stew Buttered Noodles Tossed Salad Biscuit	Pork Chops Potato & Gravy Succotash Dinner Roll	Chicken Tenders Macaroni & Cheese Steamed Broccoli Dinner Roll	Tuna Casserole Peas & Carrots Tossed Salad Biscuit
Hamburgers	Sliced Pork	Spaghetti	Chicken Fajitas	Beef & Barley Sou

Green Beans

Tossed Salad

Garlic Bread

WE'RE LOOKING FOR SOMEONE AS UNIQUE AS YOU.



Executive Intern
This position will work closely with our



analytical skills to strategic projects, which are designed to ad significant value to the organization for a period of 9-12 months. While collaborating with senior management, you will effectively communicate with all areas of the casino and complete assigned projects in a timely manner. 3-5 years experience in increasingly more responsible supervisor/managerial level positions required. A master's degree is required.

Senior Casino Management to apply



Apply online at www.harrahs.com or in person at Harrah's Prairie Band Casino, Human Resource Department, 12305 150th Road, Mayetta, KS 66509. For questions, please call 785.966.7663. Equal Opportunity Employer.

December 2003





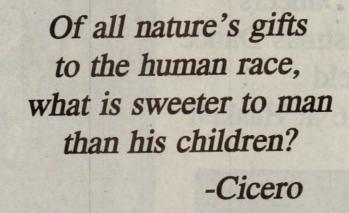


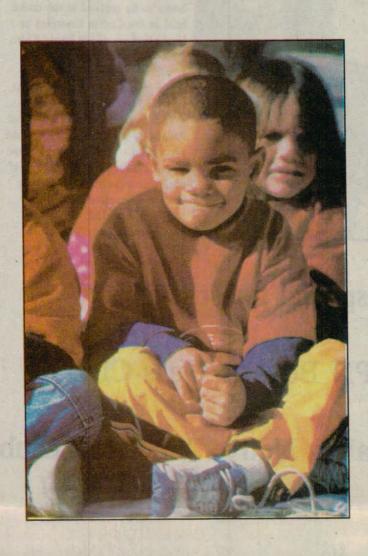












Merry Christmas and Happy New Year















